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1 **Optimised protein recovery from mackerel whole fish by using sequential acid/alkaline**  
2 **isoelectric solubilization precipitation (ISP) extraction assisted by ultrasound**

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9 **Abstract**

10 The growing fishery industry needs to find new green-processes in order to provide a solution to the  
11 huge amount of wastes and by-products that such industrial activity produces. Currently, around a  
12 40% of the total weight of the mackerel is considered a by-product, because just the fillets are used in  
13 the food market. ISP method has been revealed as a useful tool for protein recovering, however the  
14 yield of this process is traditionally lower than enzymatic methods. In present work, the use of  
15 sequential acid/alkaline extraction and alkaline extraction assisted by ultrasound, have been  
16 implemented in order to increase the yield of the process. It has been demonstrated that (i) sequential  
17 extraction is able to recover practically 100% of total protein, and (ii) applying ultrasound to alkaline  
18 extraction is possible to recover more than 95% of total protein from mackerel by-products. Extracted  
19 proteins were characterized according to their size, and the amino acid profile of final product was  
20 determined.

21 **Highlights:**

- 22 - Isoelectric extraction method has been modified for fish protein processing  
23 - Modified extraction method achieves higher yields than those of traditional method  
24 - Ultrasound increased the amount of protein recovered using acid or alkali extraction  
25 - Amino acid profile of extracted proteins was not modified by extraction methods

26 **Keywords:**

27 Fish by-products, isoelectric solubilization-precipitation, protein recovery, ultrasound

28 **1 Introduction**

29 According to the Food and Agriculture Organization of the United Nations (FAO) statistics  
30 (<http://www.fao.org/fishery/statistics/global-capture-production/en>), in 2015 almost 200 million tons  
31 of fish were produced between captures (93.7 million tonnes) and aquaculture (106 million tonnes).  
32 One of the most challenging and important issues to handle is the supply of high quality proteins to all  
33 the growing population. United Nations and FAO claim that more than 10% of population lives in  
34 constant malnutrition. It is therefore necessary to unlock the potential of our marine bio resources as a  
35 source of protein. About 25% of the total production is considered inedible (i.e.by-products).  
36 However, the nutritional value of the by-products is similar to that of the edible parts. If not used, this  
37 biomass would be discarded either as waste or as low value by-products, which would generate  
38 additional waste disposal and environmental problems. The recovery of proteins from fishery by-  
39 products would therefore, be of great importance since it would not only alleviate the serious concerns  
40 related to the management of visceral waste but would also help produce novel low-cost proteins for  
41 industrial application (Simpson, Nayeri, Yaylayan, & Ashie, 1998).

42 The by-product of mackerel fish processing which represents around a 40% of fish total weight and  
43 has a protein content comparable to the fillet 14-16% (Ramakrishnan, Ghaly, Brooks, & Budge,  
44 2013). Mackerel is one of the most discarded fish species, ranging from 16 to 37% of total mackerel  
45 catches between 2003 and 2012. In 2015, it was reported that more than ten thousand tonnes of  
46 mackerel were discarded in Spain and Germany (ICES, 2016). Since, 2015 onwards a landing  
47 obligation for European Union fisheries was introduced for small pelagic fish including mackerel (EC  
48 No 1393/2014). Therefore, it is expected and increase in the volumes of landed whole mackerel, not  
49 suitable for direct commercialisation, but which has the potential to be employed as source of  
50 proteins. Technological interventions can assist in recovery of protein from unmarketable whole  
51 fishes. Solid fish wastes have been utilized as a source of proteins and essential amino acids of high  
52 nutritional value during the last decade (Benhabiles, Abdi, Drouiche, Lounici, Paus, Goosen, et al.,  
53 2012; Chalamaiah, Dinesh Kumar, Hemalatha, & Jyothirmayi, 2012; Ferraro, Carvalho, Piccirillo,  
54 Santos, Castro, & Pintado, 2013). Enzymes can be applied to recover proteins from mackerel wastes

55 yielding a good result, almost a 80% of total protein can be recovered in form of peptides and free  
56 amino acids (Ramakrishnan, Ghaly, Brooks, & Budge, 2013), but time employed to reach this  
57 recovery yield (4 hours) is quite high when compared with ISP technique that only needs 10 minutes  
58 to be completed. Additionally, due to final molecular weight of the peptides gelling and textural  
59 properties are practically lost.

60 Isoelectric solubilisation-precipitation (ISP) enables protein recovery from a variety of sources. Such  
61 processing allows selective, pH-induced water solubility of muscle proteins with concurrent  
62 separation of lipids and removal of materials not intended for human consumption such as bones,  
63 scales, skin, etc.(Tahergorabi, Beamer, Matak, & Jaczynski, 2012). This method is based on the fact  
64 that solubility of muscle proteins is reduced at the isoelectric point, usually around at pH 5.5, while  
65 becoming gradually more soluble as the pH is more acidic or basic than this value (Tahergorabi,  
66 Beamer, Matak, & Jaczynski, 2011; Taskaya, Chen, Beamer, Tou, & Jaczynski, 2009). Using low  
67 temperatures along the process (2 – 4 °C) avoids the protein degradation and enables recovery of  
68 proteins with good textural properties (Tahergorabi, Beamer, Matak, & Jaczynski, 2012), gelation  
69 ability (Liang & Hultin, 2005; Undeland, Kelleher, & Hultin, 2002), furthermore nutritional quality  
70 is maintained (Gehring, Gigliotti, Moritz, Tou, & Jaczynski, 2011). Comparisons between acidic and  
71 alkaline pH, regarding protein yield, have been made employing different raw materials. Kristinsson,  
72 Theodore, Demir, and Ingadottir (2005), compared the yields achieved from acid and alkaline  
73 solubilisation from a variety of fish species. Using acid solubilisation obtained protein yields of  
74 71.5% from catfish, 73.6% from Spanish mackerel, 81.2% from croaker and 78.7% from mullet, when  
75 alkaline precipitation was used the recovered protein was 70.3, 69.3, 58.9 and 65.0% respectively.  
76 Yields reported in the literature vary in the range of 42% and 90% and generally alkaline  
77 solubilisation usually results in higher protein recoveries than acidic treatments (Gehring, Gigliotti,  
78 Moritz, Tou, & Jaczynski, 2011). Besides, it has been studied how ISP technique can be applied as  
79 mild non-thermal pasteurization (Lansdowne, Beamer, Jaczynski, & Matak, 2009).

80 ISP can be assisted by ultrasound to increase the yield of protein recovery, as it was reported for other  
81 valuable compounds (Rastogi, 2011). Ultrasound waves are mechanical waves which can be

82 propagated by rarefactions and compression through solid, gas and liquid media. Such expansion  
83 cause negative pressures in liquids, leading to the formation of vapour bubbles when the pressure  
84 exceeds the tensile strength of the liquid. Vapour bubbles undergo implosive collapse which is known  
85 as bubble cavitation (Luque-García & Luque de Castro, 2003). Cavitation generates macro-  
86 turbulence, high-velocity inter-particle collisions and micro-porous which improve the permeability of  
87 the matrix concluding in a best permeation of the solvent into cell the matrix, allowing target  
88 compounds to interact with solvent and making easier the extraction. (Both, Chemat, & Strube, 2014;  
89 Li, Pordesimo, & Weiss, 2004). This effect increases the efficiency of extraction by increasing mass  
90 transfer and internal diffusion mechanisms (Vilkhu, Manasseh, Mawson, & Ashokkumar, 2011).

91 This work demonstrates the efficiency of ultrasound treatment in increasing the extraction yield of  
92 protein and application of sequential ISP extraction to increase the protein from discarded whole  
93 mackerel compared to traditional ISP methods.

## 94 **2 Material and methods**

### 95 **2.1 Isoelectric solubilization precipitation**

96 Fish samples were supplied by the Cashelmarra Company. The whole fresh fish were blended using a  
97 blender (*Robot Coupe R4 1500*), vacuum packed and stored in  $-20^{\circ}\text{C}$  for further use. Twenty grams of  
98 homogenized fish were mixed with different acid (HCl) and alkali (NaOH) solutions at several  
99 concentrations (0.1M, 0.2M, 0.3M and 0.4M) at sample/solvent 1:10 ratio. Mixture was homogenized  
100 for 30 seconds using a laboratory homogenizer (T25 digital ULTRA-TURRAX®).  
101 Homogenized samples were immediately placed in the stirrer allocated in a cold room  
102 at  $4^{\circ}\text{C}$ . After ten minutes of extraction the samples were then centrifuged using a laboratory  
103 batch centrifuge (Sigma 6K10 and Sigma 2-16 PK) at 9000g for 20 minutes. Proteins in supernatant  
104 were then precipitated by shifting the pH value to 5.5 by adding HCl or NaOH at 1M or 0.1M for fine  
105 adjustment. Precipitates obtained were then weighed and the protein content was determined using  
106 the Dumas method (LECO FP628, 3000 Lakeview Avenue, St. Joseph, MI 49085).

## 107 **2.2 Ultrasound assisted extraction**

108 Ultrasound studies were carried out using 20 g of minced whole mackerel placed in jacketed beaker  
109 coupled to a temperature controlled water bath with 200 mL of solvent (HCl 0.1 M or NaOH 0.1 M).  
110 Temperature was maintained at 4<sup>0</sup>C. Extraction process was carried out with a 750 W ultrasound  
111 processor (VC 750, Sonics and Materials, Inc., Newton, USA) operating at a frequency of 20 kHz. In  
112 a previous work (Kadam, Tiwari, Smyth, & O'Donnell, 2015) the ultrasonic intensity was calculated:  
113 20% of amplitude (22.8  $\mu\text{m}$  or 7.00  $\text{W}/\text{cm}^2$ ) and 60% of amplitude (68.4 $\mu\text{m}$  or 35.61  $\text{W}/\text{cm}^2$ ). The  
114 extraction was conducted for 10 min, using a cycle of pulses of 5 seconds on and 5 seconds off, i.e.,  
115 total time of ultrasound was 5 minutes. In the case of ultrasonic bath the device employed (Branson  
116 B3510) has a constant frequency of 40 kHz and the extraction was conducted for 60 minutes.

117 After extraction, the samples were centrifuged using same parameters as above. Proteins present in  
118 the supernatant, were precipitated by adjusting the pH of the solution to a value of 5.5 by adding  
119 either NaOH or HCl 2M solution and stored until analysis: and pellet was used for a second step of  
120 extraction using a different solution; i.e. if first step was done using an acid solution the second step  
121 was done using alkaline solution and vice versa. A scheme of the flow process is shown in Figure 1.

## 122 **2.3 Determination of protein recovery**

123 Protein content in pellet and supernatant was determined by Leco FP628 (LECO Corp., MI, USA)  
124 protein analyzer based on the Dumas method (Simone et al., 1997) which determines the nitrogen in a  
125 variety of materials. Sample extract of around 0.200 g was exactly weighed into tin foil cup. The  
126 sample with tin foil cup was kept in auto-sampler at least duplicate measurements were taken for each  
127 sample.

## 128 **2.4 Molecular weight distribution of recovered protein**

129 SEC chromatographic analyses were carried out to determine the molecular size of the hydrolysates.  
130 Phosphate buffer (pH 7.5, 0.1 M) was used as mobile phase with a flow of 0.85 mL/min in a Waters  
131 HPLC (2795 Separation Module) coupled to two serial-connected columns: Zorbax GF-250 (4.5  $\mu\text{m}$

132 particle size, 150 Å pore size) and Zorbax GF-450 (6 µm particle size and 300 Å pore size). Injection  
133 volume was of 20 µL. The result was monitored at 254 nm in a Photodiode Array Detector (Waters  
134 2996) and the area of each peak was evaluated using the Empower Pro 2 software (Waters  
135 Corporation). A calibration curve was made using albumin (66kDa), carbonic anhydrase (29 kDa),  
136 cytochrome C (12.4 kDa), aprotinin (6.5 kDa), angiotensin II acetate, (Asp-Arg-Val-Tyr-Ile-His-Pro-  
137 Phe; 1046 Da) and leucine enkephalin, (Tyr-Gly-Gly-Phe-Leu; 555 Da).

## 138 **2.5 Amino acid profile**

139 Proteins were hydrolyzed in 6M HCl at 110°C for 23 hours and the resulting hydrolysates analyzed on  
140 the amino acid as per free amino acids method (Hill, 1965). Samples were deproteinised by mixing  
141 equal volumes of 24% (w/v) tri-chloroacetic acid (TCA) and sample, these were allowed to stand for  
142 10 minutes before centrifuging at 14400 x g (Microcentaur, MSE, UK) for 10 minutes. Supernatants  
143 were removed and diluted with 0.2 M sodium citrate buffer, pH 2.2 to give approximately 250 nM of  
144 each amino acid residue. Samples were then diluted 1 in 2 with the internal standard, norleucine, to  
145 give a final concentration of 125 nm/mL. Amino acids were quantified using a Jeol JLC-500/V amino  
146 acid analyser (Jeol (UK) Ltd., Garden city, Herts, UK) fitted with a Jeol Na<sup>+</sup> high performance cation  
147 exchange column.

## 148 2.6 Statistical analysis

149 All experiments were carried out by duplicate and analyses were carried out on all samples. In order  
150 to see difference between the groups an ANOVA with multiple comparison of Games-Howell (no  
151 parametric test) was performed using SPSS version 17.0. Values were considered significant at  
152  $p < 0.05$

## 153 3 Results and discussion

### 154 3.1 Protein recovery using ISP at different acid and alkali concentration

155 In order to determine which concentration of acid or alkali yields the best protein recovery,  
156 concentrations from 0.1M up to 0.4 M of HCl and NaOH were tested. The ratio employed of  
157 samples/solution was of 1:10, it has been demonstrated that best yields are achieved when this high  
158 solution to sample ratio since the ionic strength of the medium is lower (Torres, Chen, Rodrigo-  
159 Garcia, Jaczynski, & Shahidi, 2007). Although at the same alkali or acid concentration the solution  
160 has the same ionic strength, the higher the ratio of solution to sample the diluted the salts from the  
161 sample and therefore the ionic strength is lower. The results obtained are shown in Table 1. Protein  
162 yields obtained in this study were significantly higher with alkaline compared to acidic condition  
163 extraction.

164 Protein extraction was remarkably better when alkaline solution was employed compared to  
165 acid solubilisation; NaOH solution concentration of 0.1 to 0.3 M showed differences ( $p < 0.05$ )  
166 between them, however the highest percentage of recovered protein (74%) was obtained using 0.4 M  
167 NaOH for extraction. Yields reported in the literature vary in the range of 42% and 90% and generally  
168 alkaline solubilisation usually results in higher protein recoveries than acidic treatments (Gehring,  
169 Gigliotti, Moritz, Tou, & Jaczynski, 2011). When HCl is employed as extraction solution, the highest  
170 yield was found at lowest acid concentrations (49.5%); on the other hand the lowest yield (19.3%)  
171 was founded when the highest acid (0.4 M) concentration was employed. This effect can be due to the  
172 different behaviour of  $\text{Na}^+$  and  $\text{Cl}^-$  ions. As a result of increased ionic strength (IS) the myofibrillar

173 proteins precipitate at a lower pH; and therefore, pH must reflect the changing pI in order to achieve  
174 maximum protein precipitation (i.e., recovery efficiency) during continuous ISP processing. Increased  
175 IS causes a shift in the pI to a lower pH because the Cl<sup>-</sup> binds positively charged amino acids (AA) to  
176 a greater extent than the Na<sup>+</sup> that binds negatively charged AA (Ockerman, 1996). The lower recovery  
177 yields with acidic solution are likely due to the pH of the isoelectric point being lowered and the pH  
178 of 5.5 used for precipitation of solubilized proteins no longer being the pH of minimum solubility of  
179 the soluble proteins. Because of this factor a negative effect can be seen when concentration of  
180 chloride ions is increased.

### 181 3.2 ISP assisted by ultrasonics

182 After assessing the influence of acid and alkaline on the extraction yield of mackerel proteins,  
183 ultrasound was employed to assist the extraction in order to achieve a highest recovery yield. A  
184 control experiment was carried employing distilled water as solution and testing different ultrasonic  
185 treatments: extraction by stirring, ultrasound bath, ultrasound probe at 20% of amplitude and  
186 ultrasound probe at 60% of amplitude. In all cases the pH was 6.0 with no significant changes in pH  
187 were detected after extraction process. Extraction times, centrifugation process and sample/solution  
188 ratio employed were the same as previous section. The results obtained are showed in Table 2.

189 At this pH, only 5.9% of total protein can be recovered as soluble protein; it has been reported  
190 that at this pH sarcoplasmic proteins are completely insoluble, meanwhile myofibrillar proteins are  
191 slightly soluble (Torres, Chen, Rodrigo-Garcia, Jaczynski, & Shahidi, 2007). However, a significant  
192 increase ( $p > 0.05$ ) in protein recovery was achieved following extraction with ultrasound. This fact  
193 confirms that, ultrasound leads to a better interaction between extraction solutions and proteins. As  
194 the ultrasonic intensity is increased the protein recovered is higher (13.6% at 60% of amplitude). In  
195 such case the amount of energy applied to the samples is higher and the cavitation processes leads to a  
196 higher level of matrix degradation (Ito, Tatsumi, Wakamatsu, Nishimura, & Hattori, 2003), allowing  
197 the extracting solution to be in contact with proteins thereby increasing the yield of the process (Kim,  
198 Kim, Kim, Park, & Lee, 2012).

199 **3.3 ISP-ultrasound assisted extraction at acidic and alkaline conditions**

200 When the first experiments using ISP assisted by ultrasound were carried out, a notable amount  
201 of pellet remained after the extraction, additionally a different protein profile was observed in the size  
202 exclusion chromatograms; which meant that different proteins were extracted, thus probably proteins  
203 extracted at alkaline pH were not extracted at acidic pH, and vice versa. In order to increase the  
204 overall process, yield it was proposed to use the remaining pellet for a second extraction process;  
205 using the remaining insoluble material (still rich in protein) for a second extraction process employing  
206 acid or basic conditions depending on which one was employed in the first step. This sequential  
207 extraction was carried out following the traditional ISP methodology assisted by external stirring, or  
208 assisted by ultrasonic (probe and water bath). Results of soluble protein obtained after each step are  
209 showed in Table 3.

210 It has been demonstrated that ISP sequential extraction (acid followed by alkaline) was able to  
211 recover the 98.6% of the proteins; to the best of our knowledge this is the first time that this method  
212 is reported achieving practically the total protein recovery by means of ISP methodology. When  
213 alkaline extraction is followed by acid extraction, the yield is notably lower (83%). These results  
214 support the evidence that certain proteins which remain insoluble at acidic pH can be effectively  
215 solubilized under alkaline conditions, and vice versa.

216 When the extraction process is carried out in conjunction with ultrasound the yield is  
217 remarkably increased in the first extraction step. The amount of protein recovered under acidic  
218 conditions ranged from 60.3% to 74.6% when 20% and 60% of amplitudes was respectively used.  
219 When alkaline solution was employed the percentage of protein recovered ranged from 87.6% (20%  
220 of amplitude) to 94.7% (60% of amplitude). Depending on the solution employed ultrasound bath has  
221 different performance compared to the other methods; a positive effect in acid extraction when  
222 compared to traditional and ultrasound assisted extraction at 20%; and negative effect in alkaline  
223 extraction when compared to ultrasound at 20% and 60% ( $p < 0.05$ ).

224 As it was mentioned, sequential extraction (acid-alkaline) was able to recover almost the 100%  
225 protein contented in the fish sample, so it is not necessary to use ultrasound assisted extraction to  
226 improve yield. On the other hand, when alkaline extraction is followed by acid extraction the total  
227 yield achieved was 83.3%, extraction assisted by ultrasound increased the yield up to 92.5% and the  
228 97.3% of the proteins when 20% and 60% of amplitude was employed. It is a significant improvement  
229 ( $p < 0.05$ ) when compared to traditional ISP. It implies that ultrasound is a green technology able to  
230 increase the recovery yield in ISP process, open new possibilities for protein recovery from fisheries  
231 by-products or developing new fish-based products. The possibility that solvent/sample ratio can be  
232 reduced, keeping the same high yield, is now open; that technology can lead to a more sustainable fish  
233 protein industry.

234 The fact that more proteins can be extracted in the second step of the process could be as a  
235 consequence of a higher degree of matrix degradation, due to a longer exposure to ultrasound. It was  
236 reported that ultrasound can lead to some degree of protein hydrolysis at mild pH (6.5) (Ito, Tatsumi,  
237 Wakamatsu, Nishimura, & Hattori, 2003; Kim, Kim, Kim, Park, & Lee, 2012), such hydrolysis could  
238 be more intense at extreme pH, as used in present work, this may make protein extraction easier as  
239 the structural proteins of the muscle (titin, nebulin, and collagen) are broken down.

#### 240 **3.4 Molecular weight of recovered proteins**

241 Size exclusion chromatography was employed to evaluate variation of the protein profile after  
242 different extraction processes. Chromatograms are showed in Figure 2 and the weight distribution of  
243 the extracted proteins is shown in Figure 3.

244 Fish myosin, the major myofibrillar protein, is a 520 kDa hexamer consisting of two 220 kDa  
245 polypeptides referred to as myosin heavy chains (MHC). Each MHC is non-covalently attached to two  
246 18–25 kDa light chains (LC) (Kristinsson & Hultin, 2003). It has been recently reported that titin (the  
247 largest protein known to date), nebulins (in the range of 600-900 kDa) and collagen  $\beta$ ,  $\alpha 1$  and  $\alpha 2$  (250  
248 and 120 kDa) can be extracted using ISP, however these protein remains practically unaltered and  
249 they can be detected using SDS-PAGE electrophoresis. However, when the same samples are

250 extracted using alkaline pH assisted by ultrasound, the bands corresponding to these very high  
251 molecular weight proteins were less evident (Tian, Wang, Zhu, Zeng, & Xin, 2014) due to a process  
252 of degradation.

253         When acidic or alkaline solutions are employed for extraction, high molecular weight proteins  
254 can be observed, those proteins corresponds to titin, nebulin and heavy chain of myosin, based on the  
255 peak corresponding to protein >250kDa acid extraction is more effective in solubilizing larger  
256 molecular weight proteins. However, the main peak observed is that corresponding to 35-41 kDa, that  
257 is composed by actin (41 kDa), and tropomyosin  $\alpha$  and  $\beta$  (37 and 33 kDa). This peak shows that the  
258 40% and 29% of total proteins extracted in acid or alkaline conditions respectively are in this range  
259 Furthermore , a small peak (13 and 14% of total area) which corresponds to collagen chains (120  
260 kDa) can be detected. Such profile obtained is in agreement with results published by Tian et als,  
261 2014. Even some traces of short peptides, in the range of 1-5 kDa could be detected, being higher  
262 (around 10% of total protein extracted) when ISP is conducted at alkaline pH. An unidentified peak  
263 in the size of 13 kDa, accounting for 16.7-20% of total extracted protein, is present in with alkaline  
264 extraction; however such peak was not detected after acidic extraction, with either traditional ISP or  
265 with ultrasound assisted process. This peak is an indication that the alkaline extraction process is more  
266 effective; probably an alkaline soluble protein is being extracted.

267         When protein size was analysed after ultrasonic assisted extraction, it was found that the area of  
268 the peaks corresponding to larger proteins (100 to more than 500 kDa) was slightly lower; meanwhile  
269 the area corresponding to those proteins within the range of 10 and 40 kDa was higher. This fact,  
270 together the increase in yield, suggests that the largest proteins are still extracted at the same time that  
271 some hydrolysis process is taking place. It has been reported how titin and collagen can be degraded  
272 after being exposed to ultrasonic treatments (Kim, Kim, Kim, Park, & Lee, 2012), and when these  
273 structural proteins are solubilized, the extraction of more actin and myosin can be achieved; which  
274 explains how ultrasound enhances the yield in protein recovery

275 The molecular weight of the proteins recovered in the second step of sequential acid/alkaline  
276 or alkaline/acid extraction was also determined. Those peaks corresponding to myosin, titin, nebulin  
277 and collagen are absent; indicating that these proteins were completely recovered in the first  
278 extraction step of the process, regardless the pH employed. However, small amounts of actin,  
279 collagen and peptides can be still recovered.

### 280 **3.5 Amino acidic profile of recovered protein**

281 High quality protein (i.e., complete protein) is determined based on the presence of all the nine  
282 essential amino acids (EAA) in adequate quantities to support human or animal health. To assess  
283 protein quality, it is important to determine the amount of EAA in proteins recovered with ISP, to this  
284 end the amino acid profile of recovered proteins was characterized. Regardless of the method  
285 employed for protein extraction, amino acid profile was constant and no significant changes were  
286 detected. In the case of sequential extraction both pellets were mixed before obtaining the profile.  
287 Table 4 shows the relative amount of each amino acid compared to total amount, results have been  
288 compared with US National Nutrient Database for Standard Reference (USDA, 2017) and other  
289 profiles reported in literature (Leu, Jhaveri, Karakoltsidis, & Constantinides, 1981). Main difference  
290 seen in the present work is a low recovery of tyrosine; its regular value is within the range of 3.2-  
291 3.5%, while in the present work values of 0.9% were detected. On the contrary, histidine content was  
292 found in levels twice as high as those reported in the compared references. It is remarkable how  
293 histidine yields the 42% of free amino acid in final product.

294 Data suggest that ISP-US assisted and sequential ISP extraction are feasible, fast and simple  
295 method to recover high quality protein that can be applied for multiple purposes. The quality of  
296 proteins recovered by ISP, although lower than that of egg protein, is comparable to or higher than  
297 that of soy protein and milk protein. The nutritional quality of proteins recovered from whole krill  
298 using ISP has been determined (Chen, Tou, & Jaczynski, 2007).

299

## 300 4 Conclusions

301 A new sequential extraction process, based on ISP technique has been developed; applying this  
302 new method it was possible to increase the recovery yield from 49% (using HCl 0.1M) or 64% (using  
303 NaOH 0.1M) to 100% (using 0.1M HCl/NaOH sequential extraction). Besides, the influence of  
304 ultrasound on the process yield was determined, it was found that 60% of amplitude for ten minutes in  
305 0.1M NaOH solution was able to recover the 94% of total protein in a single extraction step. It was  
306 shown that lower amplitudes (20%) or ultrasonic bath increases the yield of the extraction when  
307 compared to traditional ISP. Alkaline extraction was shown to solubilize a broader range of proteins  
308 than acid extraction, including a non-identified 13 kDa protein which can explain the differences in  
309 yield between acid and alkaline extractions. From a nutritional point of view, the proteins recovered  
310 by the methods explored in this work, are suitable for food purposes due to its high content en  
311 essential and non-essential amino acids.

312 That implies that ISP-US assisted extraction is a promising tool in order to develop greener  
313 extraction process, since the amount of water and reagents can be decreased; however further research  
314 is needed in order to optimize the process.

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413

414 **Figure captions:**

415 Figure 1: Flow chart of sequential extraction assisted by ultrasound.

416 Figure 2: SE-HPLC chromatograms of extracted proteins: (a) HCl 0.1M (stirring); (b) NaOH 0.1 M

417 (stirring); (c) HCl 0.1 M (ultrasound assisted, 20% amplitude); (d) NaOH 0,1 M (ultrasound assisted,

418 20% amplitude); (e) second supernatant after sequential acid-alkali extractions (ultrasound assisted,

419 20% of amplitude) and (f) second supernatant after alkali-acid (ultrasound assisted, 20% of  
420 amplitude).

421 Figure 3: Molecular weight profile of proteins extracted by means of different extraction processes.

422

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Table 1: Percentage of recovered protein after precipitate the supernatant, and not recovered protein (pellet) after ISP extraction using different concentrations of NaOH or HCl. Different superscripts (a to f) denote significant differences ( $p < 0.05$ ).

	% of initial protein		Mass balance (%)
	Not recovered protein	Recovered protein	
<b>HCl 0.1</b>	44.84±0.39 <sup>a</sup>	49.48±0.84 <sup>a</sup>	94.32
<b>HCl 0.2</b>	43.99±0.38 <sup>a</sup>	48.08±0.04 <sup>a</sup>	92.07
<b>HCl 0.3</b>	57.11±0.67 <sup>b</sup>	42.20±0.17 <sup>b</sup>	99.31
<b>HCl 0.4</b>	77.63±0.51 <sup>c</sup>	19.30±0.26 <sup>c</sup>	96.93
<b>NaOH 0.1</b>	33.61±5.85 <sup>d</sup>	64.05±0.09 <sup>d</sup>	97.66
<b>NaOH 0.2</b>	33.8±0.15 <sup>d</sup>	65.45±0.06 <sup>e</sup>	99.25
<b>NaOH 0.3</b>	33.08±3.87 <sup>d</sup>	63.06±0.08 <sup>d</sup>	96.14
<b>NaOH 0.4</b>	23.2±0.16 <sup>e</sup>	74.25±0.16 <sup>f</sup>	97.45

Table 2: protein solubilized at pH 6 using different ultrasonic conditions: 20% and 60% of amplitude. Different small superscripts (a to c) denote significant differences ( $p < 0.05$ ).

	% of initial protein		
	Not recovered protein	Recovered protein	Mass balance
Control no US	86.83±4.54 <sup>a</sup>	5.93±0.58 <sup>a</sup>	92.76
Control US 20% of amplitude	75.56±0.58 <sup>a</sup>	9.37±1.48 <sup>b</sup>	84.93
Control US 60% of amplitude	70.55±3.51 <sup>b</sup>	13.64±0.59 <sup>c</sup>	84.20
Control US Bath	86.58±1.63 <sup>a</sup>	11.47±1.00 <sup>c</sup>	98.05

Table 3: Percentage of protein recovered using sequential extraction process. Different small superscripts (a to d) denote significant differences in first extraction, second extraction and total extracted protein, either for acid-alkaline or alkaline-acid process ( $p < 0.05$ ).

	Acid-Alkaline extraction			Alkaline-Acid extraction		
	1 <sup>st</sup> extraction	2 <sup>nd</sup> extraction	Total extraction	1 <sup>st</sup> extraction	2 <sup>nd</sup> extraction	Total extraction
	HCl 0.1 M	NaOH 0.1 M		NaOH 0.1 M	HCl 0.1 M	
<b>Traditional ISP</b>	49.48±0.84 <sup>a</sup>	49.23±1.51 <sup>a</sup>	98.6% <sup>a</sup>	64.05±0.09 <sup>d</sup>	19.27±1.19 <sup>b</sup>	83.3% <sup>c</sup>
<b>20% of amplitude 10 min</b>	60.31±0.66 <sup>b</sup>	35.27±8.18 <sup>a</sup>	95.5% <sup>a</sup>	87.59±3.3 <sup>e</sup>	4.86±0.80 <sup>d</sup>	92.5% <sup>b</sup>
<b>60% of amplitude 10 min</b>	74.66±5.25 <sup>c</sup>	19.00±3.49 <sup>b</sup>	93.6% <sup>b</sup>	94.71±0.82 <sup>f</sup>	2.62±2.30 <sup>d</sup>	97.3 % <sup>a</sup>
<b>US Bath 1h</b>	69.34±2.82 <sup>d</sup>	30.21±0.82 <sup>c</sup>	98.5% <sup>a</sup>	78.95±0.88 <sup>c</sup>	n.d.	n.d.

n.d.: not determined.

Table 4: Amino acid profile, referred as percentage of the total amino acids; and percentage of free amino acid composition, found in combined protein extracted after sequential alkaline-acid extraction.  
a: US National Nutrient Database for Standard Reference.

<b>EAA</b>	<b>Free</b>	<b>Total</b>	<b>NNDSR<sup>a</sup></b>	<b>Leu et al., 1981</b>	<b>NEAA</b>	<b>Free</b>	<b>Total</b>	<b>NNDSR<sup>a</sup></b>	<b>Leu et al., 1981</b>
<b>Asp</b>	1.50	9.28	10.72	11.06	<b>Ile</b>	1.75	5.05	4.83	5.15
<b>Tyr</b>	2.37	0.89	3.53	3.28	<b>Leu</b>	2.76	9.39	8.51	8.81
<b>Ser</b>	1.93	3.47	4.27	4.22	<b>Met</b>	0.50	3.42	3.10	2.53
<b>Glu</b>	9.71	15.02	15.63	14.81	<b>Lys</b>	7.35	9.42	9.61	7.40
<b>Gly</b>	5.93	4.33	5.03	5.62	<b>Thre</b>	1.88	4.21	4.59	5.34
<b>Ala</b>	10.84	6.12	6.34	7.22	<b>Phe</b>	2.78	4.40	4.09	3.94
<b>Cys</b>	2.91	0.43	1.36	-	<b>Val</b>	4.69	5.78	5.40	7.31
<b>Arg</b>	2.60	6.24	6.26	7.12	<b>His</b>	42.18	6.23	3.08	4.22
					<b>Pro</b>	-	3.01	3.70	1.41

Figure 1

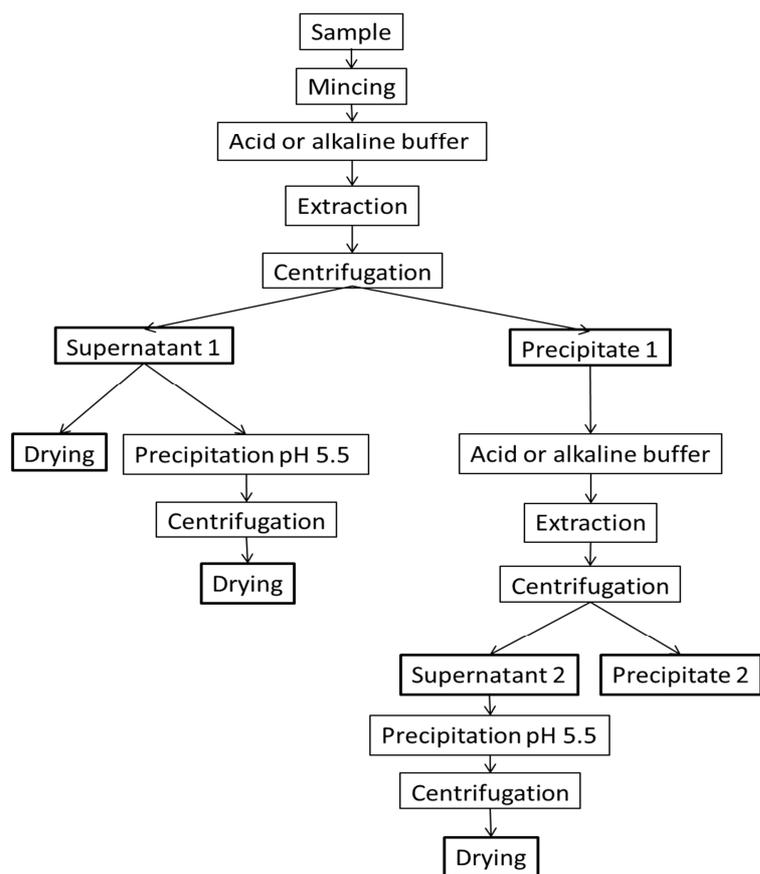


Figure 2

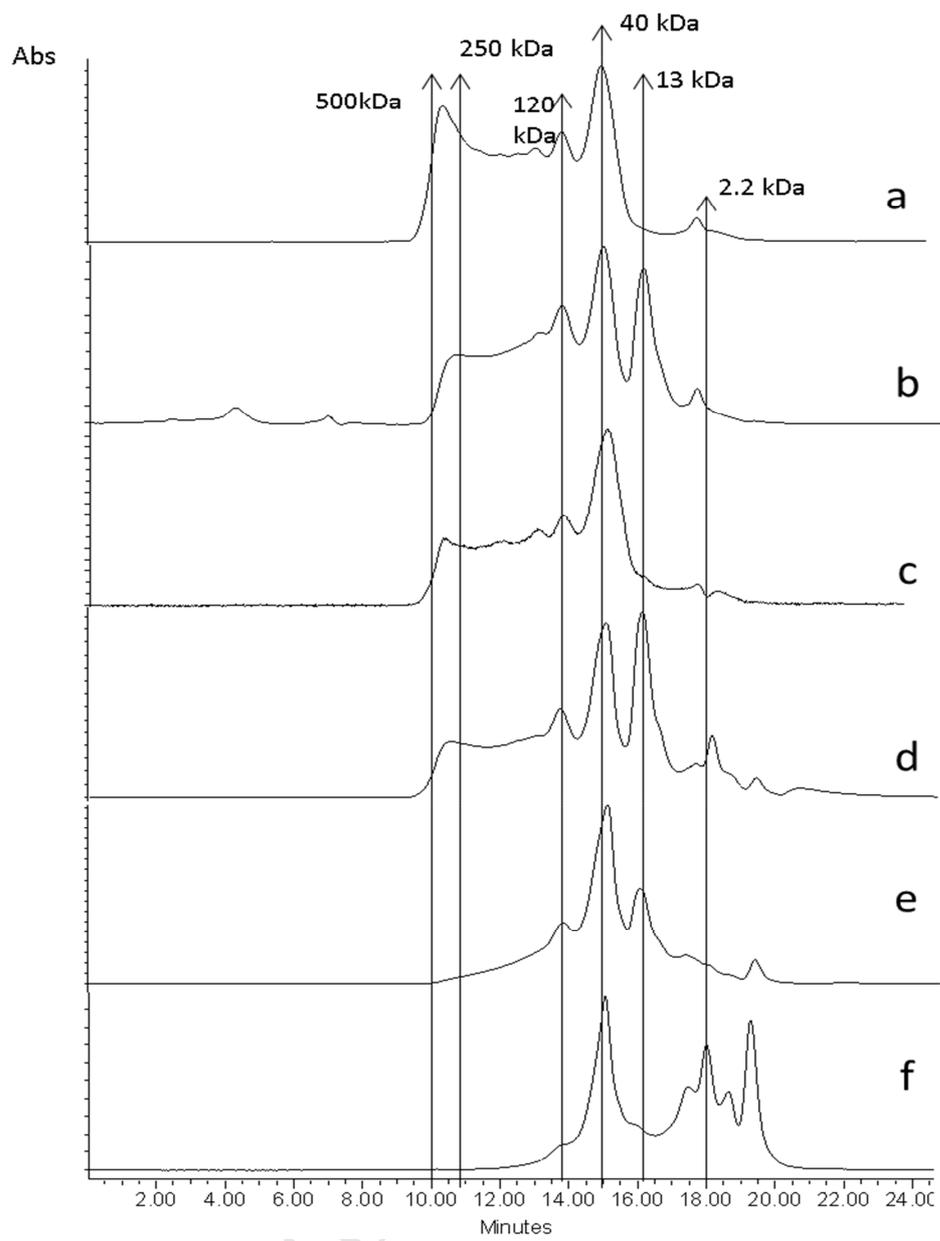
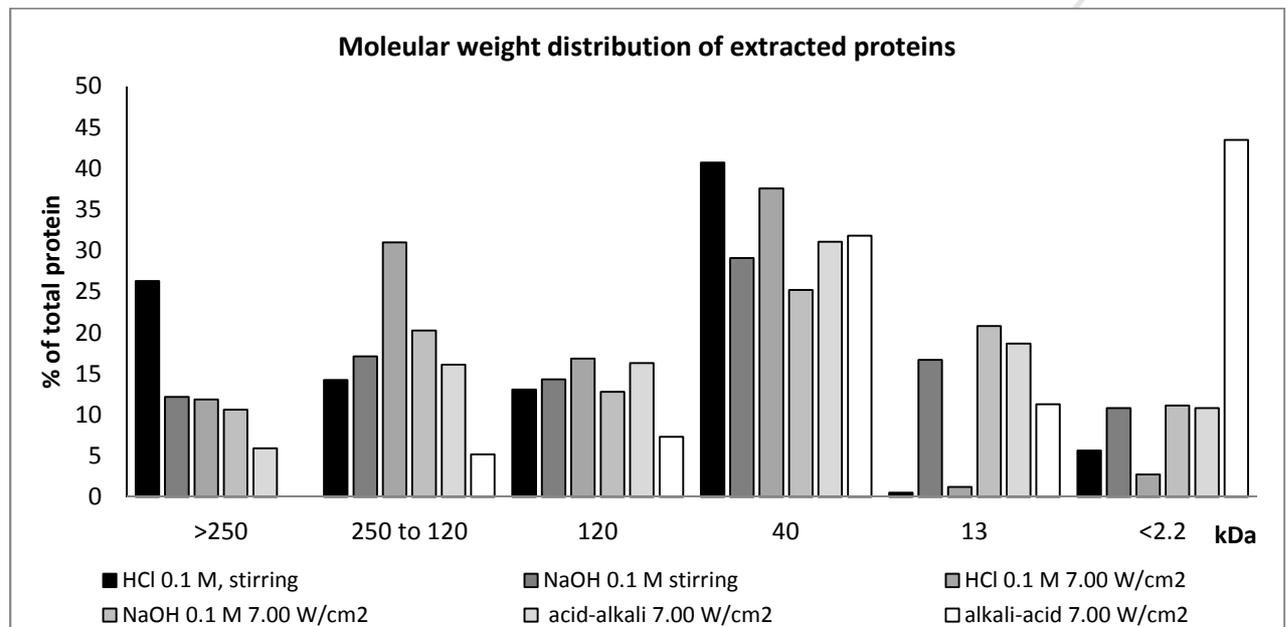


Figure 3



**Highlights:**

- Isoelectric extraction method has been modified for fish protein processing
- Modified extraction method achieves higher yields than those of traditional method
- Ultrasound increased the amount of protein recovered using acid or alkali extraction
- Amino acid profile of extracted proteins was not modified by extraction methods