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25 **Effect of grass dry matter intake and fat supplementation on progesterone**  
26 **metabolism in lactating dairy cows**

27

28 **I.A. Hutchinson,<sup>a,c</sup> R.J. Dewhurst,<sup>b</sup> A.C.O. Evans,<sup>c</sup> P. Lonergan,<sup>c</sup> and S.T.**  
29 **Butler<sup>a,1</sup>**

30 <sup>a</sup>Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy,  
31 Co. Cork, Ireland

32 <sup>b</sup>Teagasc, Animal & Grassland Research and Innovation Centre, Grange, Dunsany,  
33 Co. Meath, Ireland

34 <sup>c</sup>School of Agriculture, Food Science and Veterinary Medicine, University College  
35 Dublin, Belfield, Dublin 4, Ireland

36 <sup>1</sup>Corresponding author. Tel.: +353 2542252

37 *Email address:* [stephen.butler@teagasc.ie](mailto:stephen.butler@teagasc.ie)

38

39 **ABSTRACT**

40 Progesterone (P4) metabolism in dairy cattle can be manipulated by alterations in dry  
41 matter intake and diet composition. Our objectives were to determine the effects of  
42 grazing allowance and fat supplementation on P4 metabolism in lactating dairy cows.  
43 Forty mid- to late-lactation Holstein-Friesian dairy cows were used in a completely  
44 randomised block design, with a 2 x 2 factorial arrangement of treatments. Cows were  
45 assigned to receive 1 of 2 pasture allowances [ad libitum allowance (AL – 9.5 kg  
46 DM/day) or restricted allowance (R – 7 kg DM/day)] and 1 of 2 fat supplementation  
47 treatments [750 g/day saturated fat (F) or no fat supplement (NF)]. All cows received  
48 an additional 4 kg/d of concentrate. Grass dry matter intake (GDMI) was measured 5  
49 wk after the initiation of dietary treatment. Cows were treated with prostaglandin F<sub>2α</sub>

50 (PGF<sub>2α</sub>) to eliminate the endogenous source of P4, and 2 intravaginal progesterone  
51 releasing devices (CIDR) were inserted into each cow for a period of 8 days. Regular  
52 blood samples were taken prior to and following the removal of the CIDRs, and  
53 analysed for P4 concentrations. The half-life ( $t_{1/2}$ ) and metabolic clearance rate (MCR)  
54 of P4 was calculated for each cow. There was no effect of GDMI or fat  
55 supplementation on the  $t_{1/2}$  or MCR of P4. There was a tendency for an interaction  
56 between GDMI and fat supplementation on the  $t_{1/2}$  of P4; cows on the R-F diet tended  
57 to have a longer P4  $t_{1/2}$  than cows on the AL-F diet. It was concluded that greater  
58 alterations in GDMI than achieved in the current study are required to change P4  
59 metabolism. A combination of fat supplementation and restricted feeding slows P4  
60 clearance, which may have beneficial implications for fertility.

61 **KEYWORDS:** Progesterone metabolism, dairy cattle, fat supplementation, dry  
62 matter intake

63

## 64 1. INTRODUCTION

65 Genetic selection programmes during the last two decades have resulted in a modern  
66 dairy cow capable of producing large volumes of milk on high intake diets. The  
67 improvement has come at the expense of fertility and longevity, however, and the  
68 reproductive performance of dairy cows has been declining over the last fifty years  
69 [1]. Embryo loss is the greatest factor contributing to reproductive inefficiency in  
70 dairy cows, with combined embryonic and foetal loss rates in high producing dairy  
71 cows averaging approximately 60% [2].

72 There is substantial evidence of a link between embryo survival and systemic  
73 concentrations of P4 in both the cycle prior to ovulation and during the early luteal  
74 phase of the cycle following insemination [2]. Positive linear and quadratic

75 relationships have been identified between milk P4 concentrations on days 4, 5, 6 and  
76 7 following insemination, and also between the rate of change in P4 concentrations  
77 between days 4 and 7 inclusive, and embryo survival [3,4]. Low circulating P4  
78 concentrations around the time the developing blastocyst arrives in the uterine horn  
79 may affect the volume and/or composition of uterine secretions essential for embryo  
80 survival, rate of conceptus development and the ability of the embryo to produce  
81 bovine interferon-tau (bIFN- $\tau$ ) [5].

82 Progesterone in blood is almost completely metabolised in a single pass through the  
83 liver [6]. Liver blood flow (LBF) and metabolic clearance rate (MCR) of P4 are  
84 elevated by increasing dry matter intake (DMI) in pigs [7], sheep [6], and dairy cattle  
85 [8,9]. Increased MCR of P4 reduces peripheral plasma P4 concentrations due to the  
86 inability of the corpus luteum to sufficiently increase its rate of P4 secretion to  
87 maintain homeostasis [6].

88 Fat supplementation has been shown to increase plasma P4 concentrations [10-12].  
89 This has been hypothesised to be due to increased plasma cholesterol concentrations,  
90 the precursor essential for steroid synthesis [13]. This hypothesis has been questioned  
91 by Hawkins et al. [12], however, who observed that fat supplementation resulted in  
92 greater P4 half life in circulation compared with control cows receiving no fat  
93 supplement. This indicates that reduced MCR is a major contributing factor to the  
94 increased plasma P4 concentrations in cows fed a high lipid diet.

95 Our objective was to determine the effects of herbage allowance and dietary fat  
96 supplementation on the half life and clearance rate of plasma P4 in lactating dairy  
97 cows. We hypothesised that substituting a proportion of GDMI with supplementary  
98 fat would reduce the MCR of P4.

99

## 100 **2. MATERIALS AND METHODS**

### 101 *2.1. Animals and Treatments*

102 All experimental procedures involving animals were licensed by the Department of  
103 Health and Children, Ireland, in accordance with the Cruelty to Animals Act (Ireland  
104 1876) and the European Community Directive 86/609/EC. Forty mid- to late-lactation  
105 (178 DIM  $\pm$  12 days SD) Holstein-Friesian cows were blocked on the basis of parity,  
106 calving date, body weight (BW) and body condition score (BCS), and randomly  
107 assigned to 1 of 2 pasture allowances [ad libitum allowance (AL – 9.5 kg DM/day) or  
108 restricted allowance (R – 7 kg DM/day)] and 1 of 2 fat supplementation treatments  
109 (750 g/day saturated fat [Palmit 80, Trouw Nutrition, Belfast (F)] or no fat supplement  
110 (NF)). The experiment was a completely randomized block design with a 2  $\times$  2  
111 factorial arrangement of treatments. The fat supplements were mixed with 1.5 kg of a  
112 dairy concentrate and fed in individual feed troughs prior to morning milking. In  
113 addition to the 1.5 kg concentrate added to the fat supplement, fat-supplemented cows  
114 received an additional 2.5 kg/day of the same concentrate, offered in the parlour  
115 during milking. Non fat-supplemented cows received 4 kg/day of the same  
116 concentrate, offered in the parlour during milking. A 3-wk period of acclimatisation to  
117 the treatments was allowed before any measurements were taken. The nutrient  
118 composition of the F and NF concentrates offered are presented in Table 1.

119 In order to manage the workload, animals were treated in groups of 4 cows per day,  
120 one cow from each treatment. Trans-rectal ultrasonography was carried out on all  
121 cows on day 28 of dietary treatment in order determine the stage of the oestrous cycle  
122 for each cow. On day 34 ( $\pm$ 5 days) of dietary treatment, cows received an  
123 intramuscular injection of 5 mL PGF<sub>2 $\alpha$</sub>  (Lutalyse, Pfizer Animal Health, Dublin,  
124 Ireland), followed by two similar injections at am and pm milkings 11 days later to

125 regress any corpus luteum present and eliminate endogenous P4 synthesis. Two  
126 intravaginal P4 releasing devices (Eazi-breed CIDR containing 1.38 g P4, Pfizer  
127 Animal Health) were inserted into each cow the morning after the third PGF<sub>2α</sub>  
128 injection, and removed 8 days later. On the day prior to CIDR removal a jugular  
129 catheter was inserted into each cow. Frequent blood samples were taken prior to and  
130 after CIDR removal to determine the t<sub>1/2</sub> and MCR of P4. Blood samples were  
131 collected into lithium heparin vacutainers (Becton Dickinson, Plymouth, UK) at -60, -  
132 45, -30, -15, 0, 15, 30, 45, 60, 90, 120, 180, 240, 300, 360, 420, 540 and 660 minutes  
133 relative to CIDR removal. Catheter patency was maintained by flushing 1 mL of  
134 heparinised saline during frequent sampling periods. Cows were moved to individual  
135 tie-stalls for the period of frequent blood samples, and fed grass silage instead of fresh  
136 grass. Feed was removed immediately prior to the initiation of frequent blood  
137 sampling, and fresh feed not offered until 3 h after CIDR removal to eliminate the  
138 acute effects of feed intake on P4 metabolism. Water was offered ad libitum during  
139 the frequent blood sampling period. Cows were milked once a day at 12.00 noon on  
140 the day they were in the individual stalls. Trans-rectal ultrasonography was carried out  
141 on all cows the day after the frequent bleeding period to check for the presence of a  
142 CL. In total, 6 cows (2 AL-NF, 2 R-F, 1 AL-F and 1 R-NF) had a functioning CL  
143 during the period of frequent bleeding, and were excluded from subsequent analyses.

144

## 145 ***2.2. Blood sampling and hormone and metabolite analysis***

146 Blood samples from the coccygeal vessels were collected into lithium heparin  
147 vacutainers from each cow before morning milking on the day of initiation of dietary  
148 treatment, on day 21 of dietary treatment, and immediately prior to CIDR insertion  
149 (day 42 ± 5 days). A blood sample was also taken before the evening milking on the

150 day of CIDR insertion, and daily thereafter during the P4 supplementation period  
151 before the morning milking. Following collection of blood samples from either  
152 coccygeal vessels or jugular catheters, all blood samples were centrifuged at 2000 x g  
153 for 15 min at 5 °C. The plasma was harvested and decanted into 1.5 mL tubes, sealed  
154 with an airtight cap and stored at -20 °C until further analysis.

155 All samples were analysed for plasma P4 concentrations. After removal of CIDR's,  
156 progesterone was deemed to have reached baseline concentrations at < 0.5 ng/mL.  
157 Data from the first 60 minutes after CIDR removal were used to calculate MCR and  
158 t<sub>1/2</sub> data. Blood samples collected on days 1, 21, and mid-way through the P4  
159 supplementation period (day 46 ± 5 days) were analysed for IGF-1 and insulin  
160 concentrations. Plasma P4 and insulin concentrations were determined using solid-  
161 phase fluoro-immunoassays (AutoDELFIA, PerkinElmer Life and Analytical  
162 Sciences, Turku, Finland), with appropriate kits (Unitech BD Ltd., Dublin, Ireland).  
163 Plasma IGF-I concentrations were quantified by radioimmunoassay, following  
164 ethanol:acetone:acetic acid extraction as described by Butler et al. [14]. The inter and  
165 intra-assay coefficients of variation for insulin, IGF-1 and P4 were 11.1 % and 14.2  
166 %, 7.7 % and 8.0 %, and 11.7 % and 10.7 %, respectively.

167

### 168 ***2.3. Milk production***

169 Milking took place at 07 00 h and 16 00 h daily. Individual milk yields (kg) were  
170 recorded at each milking (Dairymaster, Causeway, Co. Kerry, Ireland). Milk fat,  
171 protein and lactose concentrations were determined weekly in successive p.m. and  
172 a.m. milk samples. The concentrations of these constituents were determined using  
173 Milkoscan 203 (Foss Electric, Hillerød, Denmark). Solids-corrected milk (SCM) yield  
174 was calculated using the equation of Tyrrell and Reid [15]. All cows were weighed

175 weekly, and body condition score (BCS) was recorded weekly by a single experienced  
176 technician on a 1 to 5 scale (1 = emaciated, 5 = extremely fat) with 0.25 increments  
177 [16].

178

#### 179 ***2.4. Herbage mass determination and sampling***

180 Paddock herbage mass (HM; > 35 mm) was determined twice weekly by harvesting 2  
181 strips (1.2 m × 10 m) per treatment with a motor Agria (Etesia UK Ltd., Warwick,  
182 UK). Ten grass height measurements were recorded before and after cutting on each  
183 cut strip using a folding pasture plate meter with a steel plate (diameter 355 mm and  
184 3.2 kg/m; Jenquip, Fielding, New Zealand). All mown herbage from each strip was  
185 collected, weighed and sampled (0.3 kg). A bulk sub-sample of approximately 0.1 kg  
186 was taken from each mown strip within each paddock and oven dried for 48 h at  
187 40 °C in preparation for chemical analysis. Dry Matter content, ash, ADF, NDF and  
188 OMD were measured as described by Wims et al. [17]. A further sub sample of 0.1 kg  
189 (fresh weight) of the herbage sample from each mown strip was dried for 16 h at 90  
190 °C for DM determination. The chemical composition of the grass offered is presented  
191 in Table 1. Cows were managed in four groups of 10 according to treatment (AL-NF,  
192 AL-F, R-NF, R-F), and grazing areas were allocated in 12-h blocks.

193 Pre-grazing sward height was determined daily throughout the experiment by taking  
194 30 measurements across the two diagonals of the paddock for each treatment, using  
195 the plate meter described above. Pre-grazing herbage mass was recorded for each of  
196 the four treatments. Post-grazing sward heights were measured immediately after  
197 daily grazing.

198

#### 199 ***2.5. Grass dry matter intake***

200 Individual animal grass DMI (GDMI) was estimated during wk 5 of the experimental  
201 period using the n-alkane technique [18] as modified by Dillon and Stakelum [19]. All  
202 cows were dosed twice daily, before milking, for twelve consecutive days with a  
203 paper bung (Carl Roth, GmbH and Co. KG, Karlsruhe, Germany) containing 500 mg  
204 of dotriacontane (C32). From day 7 to 12 of dosing, faecal grab samples were  
205 collected from each cow twice daily before morning and evening milking and stored  
206 at -20 °C. The faeces samples were then thawed and bulked (12 g of each collected  
207 sample) and oven dried for 48 h at 40 °C in preparation for chemical analysis. In  
208 conjunction with the faecal collection, the diet of the animals was also sampled.  
209 Herbage representative of that grazed was cut to ground level using hand shears in  
210 each paddock before a.m. grazing on days 6 to 11 (inclusive) of the GDMI  
211 measurement period. Two samples of approximately 25 individual grass snips were  
212 taken from each paddock and stored at -20 °C following collection. Herbage samples  
213 were then bowl-chopped, freeze-dried, and milled through a 1 mm screen before  
214 chemical analysis. The ratio of herbage C33 (tritriacontane) to dosed C32 was used to  
215 estimate GDMI. The n-alkane concentration was determined as described by Dillon  
216 [20].

217

## 218 ***2.6. Statistical analysis***

219 All statistical analyses were carried out using SAS (SAS System Inc., Cary NC,  
220 USA). Daily measurements of milk yield were collapsed into weekly means. A test  
221 for normality was performed on all the blood analyte data using the UNIVARIATE  
222 procedure of SAS. Insulin and IGF-1 variables had a non-normal distribution and  
223 were log-transformed prior to analysis to generate a normal distribution. Milk  
224 production, milk composition, cow body weight, BCS, plasma P4 concentrations

225 during the CIDR supplementation period, and plasma IGF-1 and insulin data were  
226 analysed using mixed models with repeated measures, using the satterthwaite  
227 adjustment to calculate denominator degrees of freedom. Grazing allowance, fat  
228 treatment, time and their interactions were included in all models. Parity and calving  
229 date were included as adjustment variables in all repeated measures models; if non-  
230 significant, these variables were removed and the models were re-run.

231 The  $t_{1/2}$  and MCR of P4 were calculated using the NLIN procedure in SAS. Data from  
232 the first 60 min following CIDR removal were fitted to the following equation:

$$233 \quad f(t) = b * e^{(c*t)}$$

234 where

235  $t$  = time,

236  $b$  = parameter for starting concentration of P4,

237  $c$  = parameter for rate of decay.

238 Half life and MCR of P4 were calculated using the parameter for rate of decay, using  
239 the equations:

$$240 \quad t_{1/2} \text{ (min)} = \ln(2)/c.$$

$$241 \quad \text{MCR (\%/min)} = c*100$$

242 Half life data were not normally distributed and were square root-transformed prior to  
243 analysis to generate a normal distribution. Half life and MCR data were analysed  
244 using mixed models (PROC MIXED) in SAS. Grazing allowance, fat treatment and  
245 their interaction were included as fixed effects, and block was included as a random  
246 effect. Calving date, parity and starting concentration of P4 (parameter  $b$ ) were  
247 included as adjustment variables, but were not significant so were removed from the  
248 model for MCR. In the  $t_{1/2}$  model, there was a tendency for an effect of starting  
249 concentration ( $P = 0.08$ ), so this was included in the model. Regression analysis

250 (PROC REG) was used to determine the relationship between P4 t $\frac{1}{2}$  and GDMI, and  
251 between mean circulating concentrations of P4 during the CIDR supplementation  
252 period and GDMI. In all statistical analyses, data were considered significant when  $P$   
253  $< 0.05$  and a trend declared when  $P < 0.1$ .

254

### 255 **3. RESULTS**

#### 256 *3.1. Milk production and composition, body weight and body condition score*

257 Milk production and composition, body weight and BCS data are presented in Table  
258 2. Milk yield was 1.48 kg/d less for cows receiving the R grazing allowance compared  
259 with cows receiving the AL grazing allowance ( $P = 0.002$ ). Cows receiving the R  
260 grazing allowance produced 0.06 kg/d less milk fat ( $P = 0.001$ ), 0.05 kg/d less milk  
261 protein ( $P = 0.006$ ) and 0.07 kg/d less milk lactose ( $P = 0.02$ ) compared with cows  
262 receiving the AL grazing allowance. Collectively, this resulted in a 1.50 kg/d increase  
263 ( $P = 0.001$ ) in SCM yield for cows receiving the AL grazing allowance compared  
264 with cows receiving the R grazing allowance. There was no effect of grazing  
265 allowance on milk fat, protein or lactose concentration. There was no overall effect of  
266 fat supplementation on milk yield or composition. There was, however, an interaction  
267 between grazing allowance and fat supplementation on milk fat production ( $P =$   
268 0.04). Fat supplementation increased milk fat production for cows receiving the AL  
269 grazing allowance by 0.04 kg/d ( $P = 0.03$ ), but did not affect milk fat production for  
270 cows receiving the R grazing allowance. There was a tendency towards an interaction  
271 between grazing allowance and fat supplementation on SCM yield ( $P = 0.06$ ), as fat  
272 supplementation tended to increase SCM for cows receiving the AL grazing  
273 allowance ( $P = 0.09$ ), but had no effect on SCM for cows receiving the R grazing

274 allowance. There was no effect of grazing allowance, fat supplementation or their  
275 interaction on body weight or BCS.

276

### 277 **3.2. Dry matter intake, pre and post grazing sward heights**

278 Grass dry matter intake and pre and post grazing sward heights are presented in Table  
279 3. Grass dry matter intake was 1.20 kg/d less for cows receiving the R grazing  
280 allowance compared with those receiving the AL grazing allowance ( $P = 0.008$ ). Pre-  
281 grazing sward heights were not affected by grazing treatments, but post-grazing  
282 heights were 0.27 cm lower in paddocks grazed by cows receiving the R grazing  
283 allowance compared with paddocks grazed by cows receiving the AL grazing  
284 allowance ( $P < 0.001$ ). There was no effect of fat supplementation and no interaction  
285 between fat supplementation and grazing allowance on GDMI, pre- or post-grazing  
286 heights.

287

### 288 **3.3. Plasma progesterone half-life and clearance rate**

289 Progesterone  $t_{1/2}$ , MCR, and plasma P4 concentrations during the CIDR  
290 supplementation period are summarised in Table 4. Progesterone clearance profiles  
291 after CIDR removal, P4  $t_{1/2}$  and MCR data are illustrated in Figure 1. Mean plasma P4  
292 concentrations in all treatment groups had declined to  $< 0.5$  ng/mL by 240 minutes  
293 after CIDR removal. There was no effect of fat supplementation or grazing allowance  
294 on P4 MCR, and no interaction between these two parameters on P4 MCR. There was  
295 no effect of fat supplementation or grazing allowance on P4  $t_{1/2}$ ; however, there was a  
296 tendency towards an interaction ( $P = 0.095$ ). Progesterone  $t_{1/2}$  tended to be 7.1 min  
297 longer ( $P = 0.095$ ) for cows receiving the R-F treatment compared with cows

298 receiving the AL-F treatment. There was no relationship between GDMI and P4 t<sup>1/2</sup> (r<sup>2</sup>  
299 = 0.02, *P* = 0.4).

300 Mean plasma P4 concentrations during the CIDR supplementation period were not  
301 affected by grazing allowance. Mean plasma P4 concentrations were 0.79 ng/mL  
302 greater (*P* = 0.005) for cows receiving the NF treatment compared with cows  
303 receiving the F treatment. Mean plasma P4 concentrations for cows receiving the AL-  
304 NF treatment were 1.09 ng/mL greater (*P* = 0.01) compared with cows receiving the  
305 AL-F treatment. There was a significant relationship between mean plasma P4  
306 concentrations during the CIDR supplementation period and GDMI (r<sup>2</sup> = 0.27; *P* =  
307 0.002). The regression equation was:

$$308 \text{ Mean P4} = -0.31 \times \text{GDMI} + 7.28 + \epsilon$$

309

### 310 ***3.4. Plasma insulin and IGF-1 concentrations***

311 There was no effect of grazing allowance (*P* = 0.4), and no interaction between  
312 grazing allowance and fat supplementation (*P* = 0.2) on mean plasma insulin  
313 concentrations. Mean plasma insulin concentrations were 1.79 μIU/mL (*P* < 0.001)  
314 greater for cows receiving the fat supplement compared with those not receiving the  
315 fat supplement.

316 Mean plasma IGF-1 concentrations were 20.7 ng/mL greater (*P* = 0.03) for cows  
317 receiving the AL grazing allowance compared with cows receiving the R grazing  
318 allowance. There was no effect (*P* = 0.6) of fat supplementation on mean plasma IGF-  
319 1 concentrations, but there was a tendency for an interaction between grazing  
320 allowance and fat supplementation on mean plasma IGF-1 concentrations (*P* = 0.06).  
321 Fat supplementation reduced mean plasma IGF-1 concentrations for cows receiving  
322 the AL grazing allowance, but increased mean plasma IGF-1 concentrations for cows

323 receiving the R grazing allowance ( $P = 0.06$ ). Mean plasma IGF-1 concentrations  
324 were 37.7 ng/mL greater for cows receiving the AL-NF treatment compared with  
325 cows receiving the R-NF treatment.

326

#### 327 **4. DISCUSSION**

328 The objective of the current study was to determine the effects of different levels of  
329 GDMI and fat supplementation on the  $t_{1/2}$  and MCR of P4 in lactating dairy cows. The  
330 dietary treatments utilised in the current study had little effect on either the  $t_{1/2}$  or  
331 MCR of plasma P4, although there was a tendency for an increased  $t_{1/2}$  of plasma P4  
332 in fat-supplemented cows on the R grazing treatment.

333 A number of studies have established a positive association between DMI and the  
334 MCR of P4 [9,21]. The lack of an effect of GDMI on MCR or  $t_{1/2}$  of P4 in the current  
335 study is likely due to the relatively small difference (1.20 kg, or 11.9 %) in GDMI  
336 between the AL and R grazing treatments. By comparison, the treatments used by  
337 Sangsritavong et al. [9] maintained a DMI difference of 7.08 kg DM/d between  
338 treatments. Studies in sheep that identified increased MCR of P4 with increasing DMI  
339 also utilised much greater increments in DMI than the current study [6].

340 It seems likely that in the current study the 12% difference in GDMI was insufficient  
341 to significantly alter LBF and hence P4 metabolism. This is supported by the work of  
342 Rabiee et al. [22], who failed to detect a relationship between DMI and indicators of  
343 P4 metabolism at 12 % differences in DMI. The GDMI treatments implemented in the  
344 current study were designed to reflect practical differences in DMI that may occur  
345 during periods of feed restriction arising from a pasture growth deficit. This is in  
346 contrast to Sangsritavong et al. [9], who compared cows on ad libitum intake with  
347 cows fed a diet restricted to half the level required for maintenance.

348 The current experiment was initially designed to maintain a 2.5 kg DM/d difference in  
349 GDMI between treatments, at lower levels of GDMI than were achieved during the  
350 study. It is evident from the grazing measurements data (Table 3) that all cows grazed  
351 to a very low post-grazing height, which accounts for the additional intake above the  
352 pre-determined levels. In addition to this, cows on the R grazing allowance grazed to  
353 a lower post-grazing height compared with cows on the AL grazing allowance,  
354 resulting in smaller than expected differences in GDMI between cows on the AL and  
355 R grazing treatments.

356 There was no effect of fat supplementation on the MCR or  $t_{1/2}$  of P4 in the current  
357 study. This is in contrast to the findings of Hawkins et al. [12], who demonstrated an  
358 increased  $t_{1/2}$  of P4 when feeding Ca salts of palm oil (Megalac) to beef heifers. The  
359 level of inclusion of supplemental fat in the diet in the current study (5 % of DMI)  
360 was the maximum rate allowable, while still avoiding potential negative effects on  
361 rumen function, and was similar to the inclusion rates used by Hawkins et al. [12] (6-  
362 7% of DMI). It is important to note the considerable disparity between the values for  
363 P4  $t_{1/2}$  in the study of Hawkins et al. [12] (170 and 113 min) compared with the values  
364 observed in the current study (29 – 37 min). This variation is most likely due to the  
365 vastly different metabolic status of lactating dairy cows compared with the beef  
366 heifers. The P4  $t_{1/2}$  values observed in the current study are consistent with the work of  
367 Miller et al. [23] who estimated a P4  $t_{1/2}$  of 33.8 min in cows that were infused with  
368 radiolabeled P4. The absence of an effect of fat supplementation on P4 metabolism in  
369 the current study is supported by Piccinato et al. [24], who failed to detect any  
370 differences in *in vivo* P4 metabolism in cows infused with linseed oil (rich in C18:3),  
371 despite observing an inhibitory effect on P4 metabolism *in vitro* when liver slices  
372 were incubated with C18:3.

373 It is possible that the duration of the fat supplementation period may provide some  
374 explanation for the contrasting results between the current study and those reported by  
375 Hawkins et al. [12]. Hawkins et al. [12] fed supplemental fat for at least 150 d prior to  
376 measurement of P4 metabolism, at 6-7 % of DMI. In the current study, although  
377 levels of fat supplementation were similar (5 % of DMI), fat was fed for  
378 approximately 50 d prior to measurement of P4 metabolism.

379 Rabiee et al. [25] reported that CIDR (1 or 2) supplementation increased circulating  
380 P4 concentrations in feed-restricted cows compared with ad libitum fed cows on a  
381 grass-based diet. Conversely, in the current study we found no differences in plasma  
382 P4 concentrations during the CIDR supplementation period between cows on the R  
383 and AL grazing allowances. This may be due to the difference in DMI between  
384 restricted and ad libitum treatments; in the current study we achieved a difference of  
385 1.2 kg DM/d, whereas Rabiee et al. [25] reported a treatment difference of 2.2 kg  
386 DM/d.

387 The reduction in plasma P4 concentrations observed in the current study during the  
388 CIDR supplementation period in fat-supplemented cows compared with cows  
389 receiving no fat indicates either increased P4 metabolism, or possibly impaired  
390 delivery of P4 from the CIDR in fat-supplemented cows. It is possible that dietary fat  
391 supplementation affects vaginal absorption of P4 from the CIDR, P4 binding proteins  
392 in plasma, or both. Further work is required to investigate potential effects of diet on  
393 P4 delivery from intravaginal devices.

394 The decrease in plasma IGF-1 concentrations with reduced GDMI in the current study  
395 is consistent with previous observations of reduced plasma IGF-1 concentrations with  
396 feed restriction [26]. The increase in plasma insulin concentrations with fat  
397 supplementation observed in the current study is consistent with Lammoglia et al.

398 [11]. Lemley et al. [27] reported reduced hepatic abundance of the P4 catabolic  
399 enzymes *CYP2C* and *CYP3A* in dairy cows infused with insulin. In a subsequent  
400 study, Lemley et al. [28] fed dairy cows isoenergetic and isonitrogenous diets  
401 designed to cause divergent insulin secretion, and measured P4 metabolism and  
402 hepatic *CYP2C* and *CYP3A* abundance. Dietary treatment increased plasma insulin  
403 concentrations by 22%, and decreased *CYP2C* and *CYP3A* activity by 50%, resulting  
404 in increased P4  $t_{1/2}$  [28]. In the current study, plasma insulin concentrations were  
405 increased by 48.6% in fat supplemented cows compared to those not receiving fat, but  
406 this was not reflected in any changes in P4 metabolism. It is unclear why the  
407 relationship between plasma insulin and P4 metabolism observed by Lemley et al.  
408 [28] was not replicated in the current study. The elevated plasma insulin  
409 concentrations observed in R-F-treated cows may, however, explain the tendency  
410 towards an increased P4  $t_{1/2}$  in these animals.

411

## 412 5. CONCLUSIONS

413 The dietary treatments utilised in the current study had little effect on the  $t_{1/2}$  or MCR  
414 of plasma P4. The tendency towards a longer  $t_{1/2}$  in fat-supplemented cows on the R  
415 grazing allowance would appear to support our initial hypothesis. The absence of an  
416 effect of either GDMI or fat supplementation on plasma P4 metabolism does not  
417 support the use of either restricted feeding or fat supplementation as a means to  
418 increase plasma P4 concentrations. Previous reports of reduced MCR of P4 in feed-  
419 restricted cows required reductions in DMI that would be impractical on commercial  
420 dairy farms. The current study does provide evidence, however, that a combination of  
421 fat supplementation and restricted feeding slows P4 clearance in lactating dairy cows.  
422 This may have practical implications, particularly in pasture-based systems where

423 pasture supply can be limited in spring. Supplementing fat to cows on a restricted  
424 pasture diet could increase circulating P4 concentrations, with beneficial implications  
425 for embryo survival and fertility.

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521 p4 clearance rate in lactating dairy cows. *Journal of Endocrinology* 2010;205:  
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529 **Table 1:** Nutrient composition of the concentrated offered to fat-supplemented (F)  
 530 and non fat-supplemented (NF) cows, and chemical composition of the grass offered.  
 531 Values are the means of samples collected throughout the study, followed by the  
 532 standard deviation of the mean in parenthesis.

<u>Nutrient Composition (DM basis)</u>	<u>Concentrate</u>		<u>Grass</u>
	NF	F	
DM (g/kg)	927.3 (0.81)	927.5 (2.43)	237.6 (28.59)
<u>DM composition (g/kg of DM)</u>			
CP (g/kg of DM)	133.0 (16.60)	104.3 (6.32)	235.4 (39.13)
CF (g/kg of DM)	80.7 (6.06)	53.3 (2.07)	-
OMD	-	-	795.3 (39.81)
NDF	-	-	413.2 (41.72)
ADF	-	-	247.5 (33.52)
Ash (g/kg of DM)	93.8 (2.56)	60.2 (3.60)	160.5 (41.27)
Oil (acid hydrolysis; %)	2.65 (0.37)	31.6 (2.74)	-

533 CP, Crude protein; CF, Crude fibre; OMD, Digestibility of organic matter; NDF, Neutral-detergent  
 534 fibre; ADF, Acid-detergent fibre.

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539 **Table 2:** Milk production and composition, body weight and body condition score of cows on an ad libitum  
 540 (AL) or restricted (R) grazing allowance, with (F) or without (NF) fat supplementation

	AL <sup>1</sup>		R <sup>1</sup>		SEM	P-value		
	NF <sup>2</sup>	F <sup>2</sup>	NF <sup>2</sup>	F <sup>2</sup>		G <sup>3</sup>	F <sup>3</sup>	G*F <sup>3</sup>
Milk yield (kg/d)	19.63 <sup>ab</sup>	20.20 <sup>a</sup>	18.63 <sup>bc</sup>	18.24 <sup>c</sup>	0.461	0.002	0.8	0.3
Fat								
kg/d	0.76 <sup>a</sup>	0.80 <sup>b</sup>	0.73 <sup>a</sup>	0.72 <sup>a</sup>	0.027	0.001	0.3	0.04
%	4.06	4.22	4.19	4.15	0.092	0.7	0.4	0.17
Protein								
kg/d	0.66 <sup>ac</sup>	0.69 <sup>c</sup>	0.62 <sup>a</sup>	0.62 <sup>a</sup>	0.022	0.006	0.6	0.3
%	3.39	3.41	3.39	3.36	0.024	0.3	0.9	0.3
Lactose								
kg/d	0.89 <sup>a</sup>	0.92 <sup>a</sup>	0.85 <sup>ab</sup>	0.82 <sup>b</sup>	0.034	0.020	0.9	0.4
%	4.82 <sup>ab</sup>	4.82 <sup>ab</sup>	4.83 <sup>a</sup>	4.78 <sup>b</sup>	0.034	0.5	0.11	0.13
SCM (kg/d)	18.49 <sup>ac</sup>	19.46 <sup>a</sup>	17.76 <sup>bc</sup>	17.19 <sup>b</sup>	0.418	0.001	0.6	0.064
BCS	2.93	2.94	2.97	2.93	0.028	0.3	0.5	0.3
BW (kg)	512	509	507	511	2.9	0.7	0.9	0.2

541 <sup>abc</sup>Within row means not sharing the same superscript differ significantly (P<0.05)

542 <sup>1</sup>AL = 9.5 kg DM/d grazing allowance; R = 7 kg DM/d grazing allowance.

543 <sup>2</sup>NF = 0 g/d fat supplementation; F = 750 g/d fat supplementation.

544 <sup>3</sup>Effect of grazing allowance (G), fat supplementation (F) and their interaction.

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554 **Table 3:** Grass dry matter intake (GDMI) of cows on an ad libitum (AL) or restricted (R) grazing allowance, with (F) or without (NF) fat  
 555 supplementation, and pre- and post- grazing heights in paddocks grazed by cows on an ad libitum (AL) or restricted (R) grazing allowance, with  
 556 (F) or without (NF) fat supplementation.

	AL <sup>1</sup>		R <sup>1</sup>		SEM	P-value		
	NF <sup>2</sup>	F <sup>2</sup>	NF <sup>2</sup>	F <sup>2</sup>		G <sup>3</sup>	F <sup>3</sup>	G <sup>3</sup> F <sup>3</sup>
	GDMI (kg/d)	11.36 <sup>a</sup>	11.25 <sup>a</sup>	9.83 <sup>b</sup>		10.38 <sup>ab</sup>	0.425	0.008
Pre-grazing height (cm)	4.92	4.84	4.90	4.87	0.137	0.9	0.7	0.9
Post-grazing height (cm)	3.03 <sup>a</sup>	3.04 <sup>a</sup>	2.77 <sup>b</sup>	2.78 <sup>b</sup>	0.043	<.0001	0.8	0.8

564 <sup>abc</sup>Within row means not sharing the same superscript differ significantly (P<0.05)

565 <sup>1</sup>AL = 9.5 kg DM/d grazing allowance; R = 7 kg DM/d grazing allowance.

566 <sup>2</sup>NF = 0 g/d fat supplementation; F = 750 g/d fat supplementation.

567 <sup>3</sup>Effect of grazing allowance (G), fat supplementation (F) and their interaction.

568 **Table 4:** Half life and clearance rate of plasma P4, and plasma P4 concentrations during the CIDR supplementation period of cows on an ad-  
 569 libitum (AL) or restricted (R) grazing allowance, with (F) or without (NF) fat supplementation.

	AL <sup>1</sup>		R <sup>1</sup>		SEM	P-value		
	NF <sup>2</sup>	F <sup>2</sup>	NF <sup>2</sup>	F <sup>2</sup>		G <sup>3</sup>	F <sup>3</sup>	G*F <sup>3</sup>
Clearance rate (%/minute)	2.26	2.32	2.32	1.94	0.191	0.4	0.4	0.3
Half life (minutes) <sup>4</sup>	34.2 (27.7 - 41.3)	29.9 (24.4 - 35.8)	31.2 (25.9 - 37.1)	37.0 (30.9 - 43.6)	-	0.5	0.9	0.095
Mean plasma P4 during CIDR supplementation period (ng/mL)	4.96 <sup>a</sup>	3.87 <sup>b</sup>	4.51 <sup>ab</sup>	4.01 <sup>b</sup>	0.334	0.6	0.005	0.3

570 <sup>abc</sup>Within row means not sharing the same superscript differ significantly (P<0.05)

571 <sup>1</sup>AL = 9.5 kg DM/d grazing allowance; R = 7 kg DM/d grazing allowance.

572 <sup>2</sup>NF = 0 g/d fat supplementation; F = 750 g/d fat supplementation.

573 <sup>3</sup>Effect of grazing allowance (G), fat supplementation (F) and their interaction

574 <sup>4</sup>Half life values are back-transformed least square means, followed by the 95 % confidence limits in parenthesis

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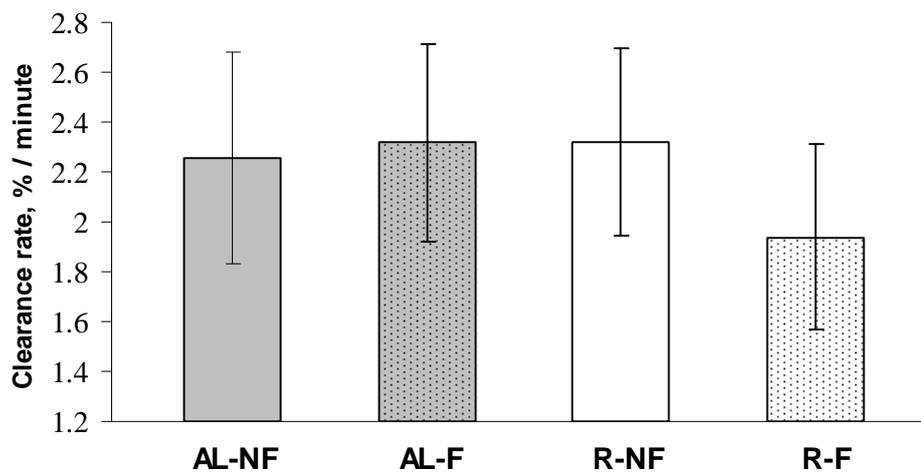
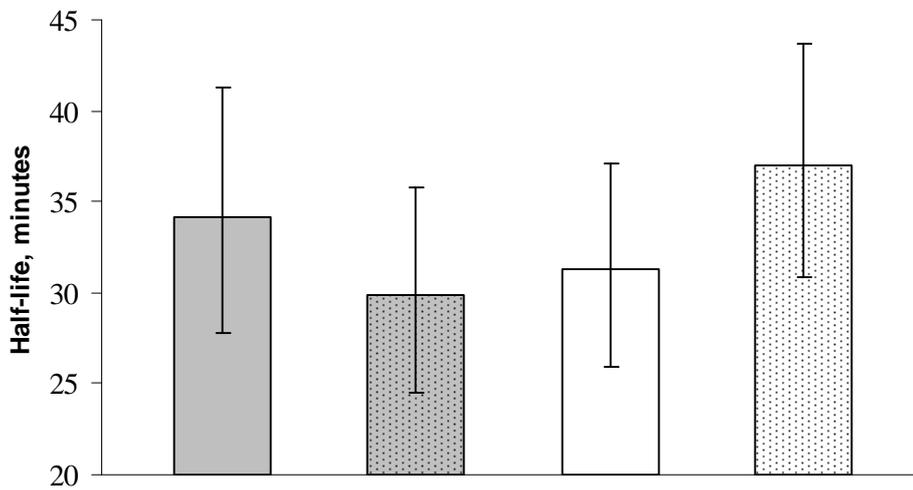
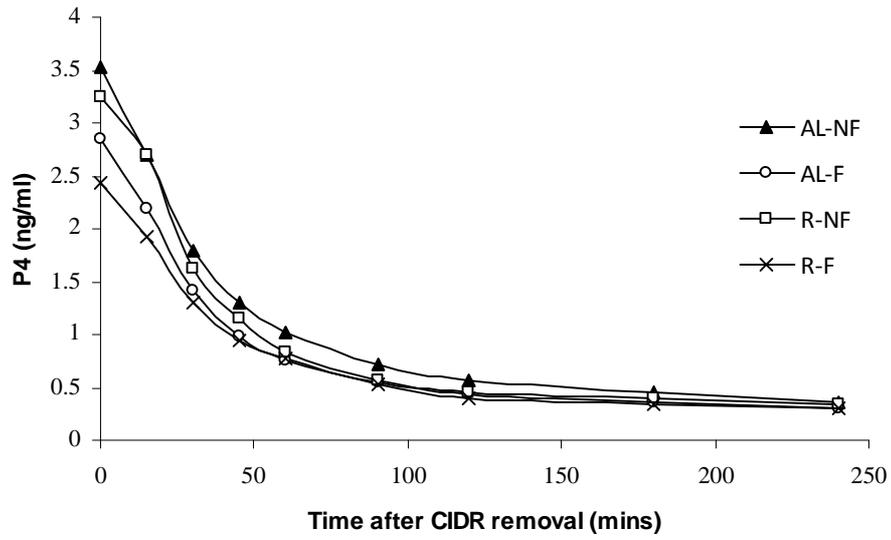
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Figure 1: Hutchinson

590 **Figure 1:** Progesterone (P4) clearance profiles (upper panel), and half-life (middle  
591 panel) and clearance rate (lower panel) of plasma P4 in cows on ad libitum (AL) or  
592 restricted (R) grazing allowance, with (F) or without (NF) fat supplementation. Half  
593 life and MCR of P4 calculations were performed on data from the first 60 minutes  
594 after CIDR removal. Data from 60 – 240 min are included for illustration purposes  
595 only. Progesterone clearance profile values are LSM, pooled SEM = 0.215 ng/mL.  
596 Half life and clearance rate data are LSM  $\pm$  95 % confidence limits.

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