



AGRICULTURE AND FOOD DEVELOPMENT AUTHORITY

1

2 TITLE: Complexes between linoleate and native or aggregated β -lactoglobulin:

3 Interaction parameters and in vitro cytotoxic effect.

4 AUTHORS: Solène Le Maux, Saïd Bouhallab, Linda Giblin, André Brodkorb and

5 Thomas Croguennec

This article is provided by the author(s) and Teagasc T-Stór in accordance with
publisher policies.

Please cite the published version.

6

This item is made available to you under the Creative Commons Attribution-Non
commercial-No Derivatives 3.0 License.



NOTICE: This is the author's version of a work that was accepted for publication in *Food Chemistry*. Changes resulting from the publishing process, such as peer review, editing, corrections, structural formatting, and other quality control mechanisms may not be reflected in this document. Changes may have been made to this work since it was submitted for publication. A definitive version was subsequently published in *Food Chemistry*, 141(3), 2305-2313. doi: 10.1016/j.foodchem.2013.05.031.

7 **Complexes between linoleate and native or aggregated β -lactoglobulin:**

8 **Interaction parameters and *in vitro* cytotoxic effect**

9

10

11 Solène Le Maux^{1,2,3}, Saïd Bouhallab^{1,2}, Linda Giblin³, André Brodkorb³ and Thomas
12 Croguennec^{1,2,*}

13

14 ¹ INRA, UMR1253 STLO, 65 rue de Saint Briec, F-35042 Rennes, France

15 ² AGROCAMPUS OUEST, UMR1253 STLO, 65 rue de Saint Briec, F-35042 Rennes,
16 France

17 ³ Teagasc Food Research Centre, Moorepark, Fermoy, Co. Cork, Ireland

18

19 * To whom correspondence should be addressed. Telephone: +33223485927. Fax:
20 +0033223485350. E-mail: Thomas.Croguennec@agrocampus-ouest.fr

21

22

23 Authors e-mail address:

24 Solène Le Maux: Solene.Le.Maux@agrocampus-ouest.fr

25 Saïd Bouhallab: Said.Bouhallab@rennes.inra.fr

26 Linda Giblin: Linda.Giblin@teagasc.ie

27 André Brodkorb: Andre.Brodkorb@teagasc.ie

28 Thomas Croguennec: Thomas.Croguennec@agrocampus-ouest.fr

30 ***ABSTRACT***

31

32 The dairy protein β -lactoglobulin (β lg) is known to form complex with fatty acids (FA).
33 Because of industrial processing, β lg is often in non-native form in food products, which can
34 modify the FA/ β lg complex properties. We investigated the interaction of bovine β lg in
35 selected structural forms (native β lg, covalent dimer and nanoparticles) with linoleate
36 (C18:2). Using fluorescence and Isothermal Titration Calorimetry, linoleate was found to bind
37 β lg in two types of binding sites. Regardless of the structural state of β lg, association
38 constants remained in the same order of magnitude. However, the stoichiometry increased up
39 to six fold for nanoparticles, compared to that of native β lg. The impact of these structural
40 changes on linoleate uptake *in vitro* was measured by cytotoxic assays on Caco-2 cells. The
41 order of cytotoxicity of linoleate was as follow: free>complexed to dimers>complexed to
42 nanoparticles>complexed to native β lg. Therefore, *in vitro* cytotoxicity of linoleate could be
43 modulated by altering the state of β lg aggregation, which in turn affects its binding capacity to
44 the FA.

45

46 **Key words:** β -lactoglobulin; Linoleate; Interaction; Aggregation; Cytotoxicity.

48 **1 INTRODUCTION**

49

50 β -lactoglobulin (β lg), the major whey protein in bovine milk, is present in a large number
51 of food products. β lg is a member of lipocalin family, composed of 162 amino acids with a
52 monomeric molecular weight of 18.4 kDa (Braunitzer, Chen, Schrank & Stangl, 1973). It
53 contains nine β -strands labelled from A to I, and a three turns α -helices, that are arranged to
54 form a globular protein structure (Creamer, Parry & Malcolm, 1983; Sawyer & Kontopidis,
55 2000). Eight antiparallel β -strands are organised in a β -barrel, shaped into a hydrophobic
56 calyx. Under physiological conditions, native β lg exists in a non-covalent dimer/monomer
57 equilibrium. However, β lg structure is highly sensitive to processing conditions used in food
58 industries, especially the heat treatments that are applied during food manufacture to reach
59 specific food textures or to reduce microbial load (Considine, Patel, Anema, Singh &
60 Creamer, 2007; de Wit, 2009). Such treatments denature native β lg, leading to the formation
61 of non-native monomers and aggregates of β lg in food products (de Wit, 2009).

62 β lg is able to bind small hydrophobic molecules such as fatty acids (FA) (Sawyer et al.,
63 2000), and the formation of such complexes modifies FA digestion (Perez, Sanchez, Aranda,
64 Ena, Oria & Calvo, 1992). It has been suggested that native β lg binds hydrophobic ligands in
65 its internal calyx and on surface binding sites (Wu, Pérez, Puyol & Sawyer, 1999; Yang et al.,
66 2008). However, FA binding to the β lg is sensitive to the physicochemical conditions of the
67 medium. Several studies related the decrease of association constants between β lg and
68 binding FA with a decrease in pH. Indeed, below pH 6.2, the calyx binding site is closed by
69 the EF loop region, decreasing interaction with hydrophobic components (Ragona et al.,
70 2000). Additionally, Wang, Allen, and Swaisgood (1998) demonstrated that a decrease in the
71 proportion of native β lg dimer increased β lg affinity constant for palmitate. A number of

72 studies have assessed the interaction of ligands with heat treated β lg (O'Neill & Kinsella,
73 1988; Yang et al., 2008). However, these different studies have shown inconsistent changes in
74 the binding constants of such ligands with heat treated β lg compared to native form. This may
75 be due to the nature of the ligand, or to differences in the applied heat treatments (O'Neill et
76 al., 1988; Yang et al., 2008). In fact, aggregates differ in the parts of protein exposed and
77 therefore differ in how they react to heat (de Wit, 2009).

78 The essential long-chain fatty acid (LCFA) linoleic acid (LA, *cis,cis*-9,12-octadecadienoic
79 acid, n-6, 18:2) constitutes 1-3 % (w/w) of the total FA found in bovine milk fat (Jensen,
80 2002). LA serves as an essential precursor to a number of long chain metabolites (Mantzioris,
81 James, Gibson & Cleland, 1995; Russo, 2009). Its health benefits include anti-inflammatory
82 effects, improvements in serum lipoprotein profiles and reduction in the risk of cardiovascular
83 coronary artery disease (Zhao et al., 2005; Zock & Katan, 1998). Furthermore, LA, at high
84 concentrations, is cytotoxic to cancerous cells *in vitro* (Lu, He, Yu, Ma, Shen & Das, 2010).
85 However, bioaccessibility of FA is altered according to the structure of the food matrix (Le
86 Maux, Giblin, Croguennec, Bouhallab & Brodkorb, 2012; Mu, 2008; Singh, Ye & Horne,
87 2009). We previously demonstrated an interaction between the water soluble form of LA,
88 linoleate, and native β lg (Le Maux et al., 2012). This binding alters the cytotoxicity of
89 linoleate by decreasing its transport into the cell.

90 However, as β lg is often in non-native forms in food products, the aim of the present work
91 was to determine whether β lg structural forms alter the β lg/linoleate interaction and
92 consequently the linoleate cytotoxicity, indication of its transport into the cell. Therefore,
93 selected β lg aggregates of controlled size, covalent dimers and nanoparticles, were formed.
94 Binding properties of native β lg, covalent dimers and nanoparticles with linoleate were
95 measured by both isothermal titration calorimetry and intrinsic fluorescence. Cytotoxicity of

96 linoleate either free in solution or in complexes was measured for a better understanding of
97 the protein structure impacts on the FA transport.

98

99

100 **2 MATERIALS AND METHODS**

101

102 ***Materials***

103

104 β lg (96 % purity) was obtained from Davisco Foods International, Inc. (Eden Prairie,
105 Minnesota) and sodium linoleate (purity \geq 98 %) from Sigma-Aldrich (St. Louis, MO). All
106 other chemicals and solutions were purchased from Sigma-Aldrich unless stated otherwise.

107

108 ***Protein sample preparation and characterization***

109

110 ***2.2.1 Formation of β -lactoglobulin dimers and nanoparticles***

111

112 Covalent dimers of β lg were formed using the protocol reported by Gulzar, Croguennec,
113 Jardin, Piot, and Bouhallab (2009). Briefly, β lg was dissolved in a 5 mM Bis-Tris buffer (pH
114 6.7), the final protein concentration was 5 g/L. Copper chloride (CuCl_2) was added to the β lg
115 solution at a Cu^{2+}/β lg molar ratio of 0.6. The solution was heated at 80°C for 30 min to form
116 covalent dimers, then cooled on ice. Covalent dimers were first dialyzed against 10 mM NaCl
117 (dialysis baths were changed every hour for 4 h) and then against distilled water for 48 h
118 (water bath was changed twice). Samples were then freeze-dried and stored at -20°C prior to
119 experiments.

120 Nanoparticles of β lg were formed according to the method of Schmitt et al. (2009)
121 Briefly, β lg was dissolved in Milli-Q water (Millipore, Carrigtwohill, Ireland), to a final
122 protein concentration of 10 g/L. The pH of the protein solution was adjusted to 5.9 using 1 M
123 HCl, before heating the solution at 85°C for 15 min, and then rapidly cooling on ice. Samples
124 were dialysed for 48 h against an excess of distilled water, freeze-dried and stored at -20°C
125 prior to experimental use.

126

127 *2.2.2 Characterization of native β -lactoglobulin, covalent dimers and nanoparticles*

128

129 Quantification of β -lactoglobulin concentration in reconstituted solutions

130 The concentration of native β lg and covalent dimers (expressed in monomer) were
131 determined by optical density using the extinction coefficient of β lg at 278 nm ($\epsilon_{278} = 0.96$
132 L/g/cm).

133 For nanoparticles, the concentration of β lg monomers was quantified on a reduced sample
134 by the Bradford test following the manufacturer's instructions (Sigma-Aldrich). For
135 reduction, 470 μ L of nanoparticle sample (1 mg of powder/mL) was dissolved in phosphate
136 buffered saline (PBS; 0.01 M phosphate buffer, 2.7 mM KCl, 137 mM NaCl, pH 7.4), 5 μ L of
137 10 % SDS and 25 μ L β -mercaptoethanol, and the mixture was heated at 95°C for 5 min.

138

139 Characterisation of β -lactoglobulin samples using gel permeation-HPLC

140 The proportion of monomers, dimers, oligomers and aggregates in β lg samples were
141 determined by gel permeation-HPLC (GP-HPLC) using a TSK G SW guard column (7.5 \times
142 7.5 mm, Tosoh Bioscience GmbH, Stuttgart, Germany) and a TSK G2000 SW column (7.5 \times
143 600 mm, Tosoh Bioscience GmbH) connected to an HPLC system, consisting of a Waters
144 2695 Separations Module (Waters, Milford, MA) and a Waters 2487 Dual λ Absorbance

145 Detector (Waters) working at 280 nm using Empower Pro software (Waters) to acquire and
146 analyse data. Solvent with 30 % (v/v) acetonitrile (LabScan Analytical Sciences, Dublin,
147 Ireland) and 0.1 % (w/v) trifluoroacetic acid in Milli-Q water was used for protein elution at a
148 flow rate of 0.5 mL/min. The molecular-weight of the different molecular entities in the
149 samples was determined using a protein molecular-weight standard calibration set (Sigma-
150 Aldrich).

151 The molecular entities present in each β lg sample were determined as follows: solutions of
152 native β lg, covalent dimers and nanoparticles were prepared at 1 g/L in PBS. Nanoparticle
153 solutions were centrifuged at 12000 g in order to separate nanoparticles (pellet) from smaller
154 molecular entities (supernatant). Solutions of native β lg, covalent dimers and the supernatant
155 of nanoparticle solutions were filtered (0.22 μ m filter) prior to injection onto GP-HPLC. The
156 proportions of monomers, dimers and higher size oligomers of β lg were determined from their
157 relative GP-HPLC chromatographic peak area obtained using Apex Track integration, and the
158 sample total chromatographic peak area. The proportion of monomers and aggregates in the
159 nanoparticle samples were determined from their chromatographic peak area in the
160 supernatant of the nanoparticle sample and the total chromatographic area of a solution of
161 native β lg prepared at 1 g/L. The proportion of the different molecular entities for each of the
162 β lg samples (native β lg, covalent dimers and nanoparticles) and of α -lactalbumin (α la,
163 impurity) were calculated. Native β lg sample contains 84.6 ± 1 % monomers, 5.4 ± 0.5 %
164 dimers, 5.4 ± 0.4 % oligomers and 4.6 ± 0.4 % of α la. Covalent dimers sample has 74.4 ± 3.1
165 % of dimers, 15.5 ± 1.4 % of residual monomers, 6.5 ± 1.6 % of oligomers and 3.6 ± 0.4 % of
166 α la. Nanoparticle sample has 77.6 ± 1.4 % of aggregates and 22.4 ± 1.4 % of monomers.

167

168 Mean hydrodynamic diameter of nanoparticles

169 To check the homogeneity of the preparation, the mean hydrodynamic diameter of the
170 aggregates in the nanoparticle sample was measured by dynamic light scattering using a
171 Zetasizer Nano ZS (Malvern Instruments Ltd., Malvern, Worcestershire, UK) equipped with a
172 4 mW helium/neon laser at a wavelength output of 633 nm. Particles sizing was performed at
173 25°C at 10 s intervals in a particle-sizing cell using backscattering technology at a detection
174 angle of 173°. Results were the mean of 13 runs. The intensity of light scattered from the
175 particles was used to calculate the mean hydrodynamic diameter (z-average mean), based on
176 the Stokes-Einstein equation, assuming the particles to be spherical. The mean hydrodynamic
177 diameter of aggregates (nanoparticles) was centered around 130 nm (data not shown).

178

179 *Linoleate/ β -lactoglobulin structure interaction*

180

181 *2.3.1 Isothermal titration calorimetry*

182

183 Isothermal titration calorimetry (ITC) was used to determine the interaction parameters
184 between the different forms of β lg and linoleate. ITC experiments were performed on a VP-
185 ITC microcalorimeter (Microcal, Northampton MA). Solutions of β lg (0.027 mM) and
186 linoleate (1.65 mM) in PBS were degassed under vacuum before titration experiments. The
187 reference cell was filled with PBS, and the sample cell (1.425 mL) was filled with β lg
188 solution. β lg was titrated at 25°C with 29 successive linoleate injections of 10 μ L. The
189 injection time was 20 s, and the time between injections was fixed at 600 s to achieve
190 thermodynamic equilibrium. During titrations, the solution in the sample cell was stirred at
191 310 rpm to ensure complete mixing. The control measurement was obtained by titrating
192 sodium linoleate into PBS buffer using the same injection procedure. The control
193 measurement was subtracted from the β lg titration with linoleate and the first injection peak

194 was systematically ignored for the data analysis. Data were analysed using MicroCal ORIGIN
195 version 7.0 (Microcal). The integrated area of each peak was plotted versus the linoleate/ β lg
196 monomer molar ratio. The “two sets of binding sites” model was the best fit for all
197 experiments, providing the binding parameters K_{a1} , K_{a2} , n_1 , and n_2 (K_a and n are the
198 association constant and the stoichiometry, respectively). Each measurement was performed
199 in triplicate.

200

201 2.3.2 *Intrinsic fluorescence*

202

203 Intrinsic fluorescence spectra were recorded at 345 nm using an excitation wavelength of
204 278 nm. For each titration, a fluorescence spectrum was recorded from 300 to 450 nm in order
205 to observe deviation in fluorescence properties of the protein. Experiments were performed at
206 25°C on a SPEX 112 spectrofluorometer (Jobin-Yvon, Longjumeau, France), using 10 × 10
207 mm quartz cuvette. Excitation and emission slits were both set to 5 nm. β lg solutions in PBS
208 (3 mL at 10 μ M) were titrated with successive 3 μ L injections of 5 mM linoleate, upto a
209 linoleate/ β lg molar ratio of 10. The solution was agitated by pipetting up and down several
210 times and a 5 min equilibrium time was respected prior to each measurement. An N-acetyl-
211 tryptophanamide (NATA) blank was titrated following the same procedure in order to
212 subtract the inner filter effect caused by the FA. NATA fluoresces similarly to tryptophan but
213 does not bind FA (Cogan, Kopelman, Mokady & Shinitzky, 1976). The concentration of
214 NATA was chosen to have the same initial fluorescence (without FA) as the fluorescence of
215 β lg solutions. Fluorescence of NATA was subtracted from fluorescence intensity
216 measurements of the ligand/protein complexes for all the linoleate/ β lg molar ratios tested.
217 Each measurement was performed in triplicate. Fluorescence data were fitted using two
218 different methods.

219 In method 1, L_{free} , L_{total} and L_{bound} represent the concentration of free, total and bound
 220 linoleate, respectively, P_{total} is the concentration of βlg , v is the fraction of linoleate molecules
 221 bound per mole of protein (v varies from 0 to n), n the number of linoleate bound to βlg at
 222 saturation (number of sites), and f_i the fraction of one site of the protein to be occupied by a
 223 ligand (f_i varies from 0 to 1). Then:

$$224 \quad L_{\text{total}} = L_{\text{free}} + L_{\text{bound}} \quad (1)$$

$$225 \quad v = \frac{L_{\text{bound}}}{P_{\text{total}}} = n f_i \quad (2)$$

226 Combining equations (1) and (2) we deduce that:

$$227 \quad L_{\text{total}} = L_{\text{free}} + n P_{\text{total}} f_i \quad (3)$$

228 The value of f_i is determined using the initial fluorescence intensity (F_0), the fluorescence
 229 intensity at saturation (F_{max}) and the fluorescence intensity at the ratio ligand/protein i (F_i) as
 230 indicated in equation (4):

$$231 \quad f_i = \frac{F_i - F_0}{F_{\text{max}} - F_0} \quad (4)$$

232 When F_{max} was not reached experimentally, it was determined by fitting using an
 233 exponential phase decay model on Graph-Pad Prism software. The value of n was determined
 234 by plotting L_{total} in function of $P_{\text{total}} f_i$. The data were fitted using a sequential linear regression
 235 in Graph-Pad Prism software 3.03 (GraphPad Software Inc., La Jolla CA).

236 Method 2 is an adaptation of the Scatchard plot. In the Scatchard plot described below, K_a
 237 is the association constant:

$$238 \quad \frac{v}{L_{\text{free}}} = n K_a - v K_a \quad (5)$$

$$239 \quad \text{Equations (3) and (5) can be rearranged as: } P_{\text{total}} (1 - f_i) = \frac{L_{\text{total}}}{n} \left(\frac{1}{f_i} - 1 \right) - \frac{1}{n K_a} \quad (6)$$

240 By fitting this equation using Graph-Pad Prism software, n and K_a were determined.

241

242 *Preparation of linoleate/ β -lactoglobulin complexes for biological assay*

243

244 *2.4.1 Preparation of complexes*

245

246 Linoleate/ β lg complexes were prepared by mixing β lg samples with sodium linoleate
247 according to Lišková et al. (2011) with modifications as described in Le Maux et al. (2012).
248 Briefly, 0.163 mM β lg, in its native form, covalent dimers or nanoparticles, were dissolved in
249 PBS, and sodium linoleate was added to reach final linoleate/ β lg molar ratios of 5, 7.5 or 10.
250 Solutions containing native β lg were heated at 60°C for 30 min to facilitate β lg/linoleate
251 interaction and rapidly cooled on ice. Solutions containing covalent dimers or nanoparticles
252 were mixed overnight at room temperature. Samples were dialysed against distilled water for
253 72 h with dialysis bags of nominal cut-off of 3500 Da. Samples were freeze-dried and
254 powders stored at -20°C prior to experiments.

255

256 *2.4.2 Determination of fatty acid content by gas chromatography*

257

258 The FA content of the complexes was determined by gas chromatography (GC) following
259 a protocol adapted from Palmquist and Jenkins (2003) and Coakley, Ross, Nordgren,
260 Fitzgerald, Devery, and Stanton (2003) and described in detail previously (Le Maux et al.,
261 2012). Briefly, the internal standard tridecanoic acid (C13:0) was added to ~4 mg of
262 complexes. FA were converted to fatty acid methyl esters (FAME) and were analysed using a
263 CP-SELECT CB column for FAME (100 m, 0.25 mm, 0.25 μ m film thickness, Varian BV,
264 Middelburg, the Netherlands), adapted on a Varian 3400 GLC (Varian, Walnut Creek, CA)
265 connected to a flame ionization detector.

266

267 *2.4.3 Complexes analysis by polyacrylamide gel electrophoresis*

268

269 Samples were analysed by sodium dodecyl sulphate polyacrylamide gel electrophoresis
270 (SDS-PAGE). Mini-PROTEAN TGX precast Gels (4-20 % resolving gel, Bio-Rad
271 Laboratories Inc., Hercules, CA) were used on a Mini Protean II system (Bio-Rad) according
272 to the manufacturer's instructions. Samples were prepared under non-reducing (in the absence
273 of β -mercaptoethanol) and reducing (in the presence β -mercaptoethanol) conditions. Protein
274 was visualized by staining with Coomassie blue (Bio-Safe Coomassie Stain G-250, Bio-Rad).
275 An Amersham Low Molecular Weight Calibration kit (14.4 to 97 kg/mol, GE Healthcare UK
276 Limited, UK) was used as molecular weight standards.

277

278 *Cell Culture and cytotoxicity assay*

279

280 The Caco-2 cell line was purchased from the European Collection of Cell Cultures
281 (collection reference: ECACC 86010202). It was derived from human colonic
282 adenocarcinoma cells and can mimic the enterocytes of the intestine.

283 Cells cultures were maintained in a humidified 37°C incubator with a 5 % CO₂ in air
284 atmosphere. Cells were routinely grown in 75 cm² plastic flasks in Dulbecco's modified Eagle
285 medium (DMEM) containing 4.5 g/L glucose and 0.584 g/L L-glutamine. Media for
286 subculture was supplemented with 10 % (v/v) foetal bovine serum (FBS), 100 U/mL
287 penicillin and 100 mg/mL streptomycin. At 80 % confluency, cells were trypsinised with 0.25
288 % trypsin/EDTA, diluted 1:6 in media and reseeded. The growth medium was changed three
289 times a week. All cells used in these studies were between passage number 20 and 31.

290 Cytotoxicity of test samples on Caco-2 cell proliferation was determined by MTS assay,
291 using CellTiter 96 Aqueous One Solution Cell Proliferation Assay according to the
292 manufacturer's instructions (Promega Corporation, Madison, Wisconsin) and previously
293 described in Le Maux et al. (2012). Briefly, 96-well plates were seeded with 2×10^4 Caco-2
294 cells/well, using serum-free media. After 24 h, cells were treated with different concentrations
295 of linoleate (0 to 200 μ M) or linoleate/ β lg complexes (higher linoleate/ β lg complex which
296 contained 0 to 200 μ M linoleate as determined by GC) in serum-free media for 24 h. After the
297 use of One Solution Cell Proliferation reagent, viability was defined as the ratio of absorbance
298 of treated cells to untreated cells (cells exposed to serum-free Media only) at 490 nm. Cells
299 exposed to the different controls of β lg were subtracted to the corresponding samples. Each
300 cell exposure was performed in triplicate.

301 The Lethal Dose 50 (LD_{50}) values, the concentration required to decrease the cell viability
302 by 50 %, were determined using Graph-Pad Prism software 3.03 (GraphPad). The sigmoidal
303 dose-response with variable slope was used to fit the measured curves and calculate LD_{50} .

304

305 *Statistical analysis*

306

307 Where appropriate, results were statistically analysed using the R software package
308 version 2.15.1 (R Foundation for Statistical Computing, Vienna, Austria) and the ANOVA
309 system with a Tukey's least significant difference comparison. *P*-Values less than 0.05 were
310 deemed to be statistically significant.

311

312

313 **3 RESULTS**

314

315 *Binding properties of the different β -lactoglobulin forms with linoleate*

316

317 Binding parameters, determined at 25°C using ITC and intrinsic fluorescence
318 spectroscopy, were expressed on the basis of β lg monomeric units.

319 ITC data revealed an exothermic signal for the interaction between linoleate and all the
320 β lg forms tested. Increasing the amount of linoleate in the titration cell resulted in a
321 progressive decrease of the exothermic signal due to the saturation of the binding sites (Figure
322 1A). Regardless of the states of β lg aggregation, the data were best fitted with a two sets of
323 binding sites model. The number of binding sites for each set of binding sites (n) and the
324 corresponding association constant (K_a) could be determined from the fitted curves (Table 1).
325 Similar association constants were observed for all β lg forms for each set of binding sites. The
326 K_a values for the first and second sets of binding sites were close to 10^6 M^{-1} and 10^4 M^{-1} ,
327 respectively. Molar ratio of linoleate bound to β lg monomer (n) varied for the first set of
328 binding sites between 0.53 ± 0.08 for covalent dimers and 0.92 ± 0.29 for nanoparticles. For
329 the second set of binding sites, n varied somewhat more: native β lg (6.79 ± 0.05), covalent
330 dimers (8.64 ± 0.54) and nanoparticles (10.25 ± 1.64).

331

332 Intrinsic fluorescence titration is based on the change in the intensity of β lg tryptophan
333 fluorescence. The maximum emission wavelength was 345 nm, 353 nm and 350 nm for native
334 β lg, covalent dimers and nanoparticles, respectively; therefore aggregated β lg caused a red
335 shift. However, the fluorescence spectra had a similar shape for all the β lg forms tested and
336 the changes in fluorescence intensity consecutive to linoleate addition were correlated at the
337 three wavelengths. Therefore the fluorescence changes were followed at 345 nm, which is the
338 wavelength of maximal fluorescence intensity of native protein. In the titration range used in
339 this study, the change in fluorescence intensity reached a maximum of $10.5 \pm 1.3 \%$, $21.7 \pm$

340 1.6 % and 32.2 ± 2.1 % from the initial fluorescence intensity for native β lg, covalent dimers
341 and nanoparticles, respectively (Figure 1B). Increasing the linoleate concentration in native
342 β lg samples induced an increase in fluorescence intensity at 345 nm. This increase levels off
343 when the linoleate/ β lg molar ratio reaches 3. In contrast, the fluorescence intensity of the
344 covalent dimers and of the nanoparticles decreased continuously up to a linoleate/ β lg molar
345 ratio of 10. For each titration, fluorescence data were fitted with two different models.

346 In the first model the total concentration of linoleate is plotted as a function of total
347 concentration of protein and variation in fluorescence intensity ($P_{\text{total}} \cdot f_i$). It gave access to the
348 number of binding sites (n), which are determined from the slope of the graphical
349 representation. For the entire titration, the graphical representation can be fitted with two
350 straight lines, indicating the presence of two sets of binding sites (Table 1). The number of
351 binding sites varied according to the β lg forms. From linoleate/native β lg to
352 linoleate/nanoparticles complexes, n_1 increased from 2.38 ± 0.12 to 15.74 ± 0.55 and n_2 from
353 6.02 ± 0.29 to 40.73 ± 2.17 .

354 The second model was an adaptation of the Scatchard plot, in which the maximum
355 fluorescence (F_{max}) was required for the plot construction. However, F_{max} was not reached
356 with a 10 linoleate/ β lg molar ratio for the complexes made with the covalent dimers and the
357 nanoparticles. Therefore, the fit of the Scatchard plot was obtained using the experimental
358 F_{max} only for the complex made of linoleate and native β lg. An extrapolated F_{max} was used for
359 the Scatchard plot of the linoleate/covalent dimers complex (Table 1). Unfortunately, the
360 fluorescence data for the linoleate/nanoparticles complexes could not be fitted correctly using
361 extrapolated F_{max} . The thermodynamic constants (K_a) for the two sets of binding sites were
362 $9.20 \pm 2.65 \times 10^5 \text{ M}^{-1}$ and $0.62 \pm 0.49 \times 10^5 \text{ M}^{-1}$ for the linoleate/native β lg complex and
363 $14.67 \pm 2.12 \times 10^5 \text{ M}^{-1}$ and $0.37 \pm 0.13 \times 10^5 \text{ M}^{-1}$ for the linoleate/covalent dimers complex.
364 These values of association constants were in the same range than those deduced from ITC

365 data. The stoichiometry n_1 was 2.45 ± 0.07 and 10.31 ± 0.05 while n_2 was 5.27 ± 1.5 and
366 15.29 ± 0.71 for linoleate/native β lg and linoleate/covalent dimers complexes respectively.

367

368 *Changes in the structure of the linoleate/ β -lactoglobulin complexes*

369

370 Complexes of linoleate with native β lg, covalent dimers and nanoparticles were analysed
371 by SDS-PAGE and GP-HPLC in order to identify changes in the aggregation state of β lg
372 following linoleate interaction. Previously we demonstrated that native β lg aggregated into
373 dimers and oligomers in the presence of linoleate (Le Maux et al., 2012). Figure 2A confirms
374 this observation with SDS-PAGE analysis of native β lg, under non-reducing conditions,
375 showing a major band corresponding to the β lg monomer with small amount of dimers and
376 trimers. The presence of linoleate increases the amount of β lg dimers and oligomers at the
377 expense of β lg monomers. In contrast, the presence of linoleate had almost no effect on
378 covalent dimers except a slight decrease in the intensity of the residual β lg monomer band
379 (Figure 2B). A similar result is obtained for the SDS-PAGE of the complexes made with
380 nanoparticles (Figure 2C). In this latter case, nanoparticles did not enter the separation gel
381 because of their high size. Under reducing conditions, SDS-PAGE for all the complexes and
382 the β lg controls (without linoleate) were similar. Figure 2D is a representation of these results
383 depicting nanoparticles and linoleate/nanoparticles complexes prepared at three different
384 linoleate/ β lg molar ratio (5, 7.5 or 10), under reducing conditions. Taking the non-reducing
385 and reducing results together, linoleate induced aggregation of β lg stabilised by
386 intermolecular disulphide bonds.

387

388 GP-HPLC chromatograms of complexes formed with native β lg, covalent dimers and
389 nanoparticles were integrated and the proportion of β lg monomers, dimers and oligomers

390 (trimers and tetramers) as a function of the initial linoleate/ β lg molar ratio are shown in Table
391 2. A decrease in the concentration of monomers in the presence of linoleate were observed for
392 all the β lg forms, in agreements with the SDS-PAGE experiments. The monomeric proportion
393 decreased from 88.5 ± 5.2 % to 51.1 ± 4.9 % using native β lg, from 16.3 ± 1.5 % to 13.4 ± 0.6
394 % for complexes using covalent dimers and from 22.4 ± 1.4 % to 10.6 ± 1.9 %, for complexes
395 using nanoparticles with an initial molar ratio of linoleate/ β lg varying from 0 to 10.
396 Concomitantly, an increase of the protein aggregation was also observed. As predicted the
397 difference in aggregation by increasing the linoleate/ β lg molar ratio was more pronounced for
398 native β lg than the other forms of β lg assayed.

399

400 *Cytotoxicity of linoleate bound to the different forms of β -lactoglobulin*

401

402 The effect of linoleate (0 to 200 μ M), bound to the different forms of β lg, on Caco-2 cell
403 viability was measured. For quantifying the effect of the bound linoleate only, the complexes
404 were dialysed to remove unbound linoleate. After dialysis, the exact stoichiometry of
405 linoleate/ β lg complexes was determined from freeze-dried complexes using GC (Figure 3).
406 The amount of linoleate bound to β lg increased when the initial linoleate/ β lg molar ratio was
407 increased. This increase varied depending on the β lg form with more linoleate binding
408 increasing in the order of nanoparticles > covalent dimers > native β lg. Only the complexes
409 prepared with the higher linoleate/ β lg molar ratio were used for cytotoxicity experiments
410 (Figure 4). No cytotoxic effect was detected for any of the β lg forms used at the
411 concentrations assayed when employed in the absence of linoleate (data not shown). Free
412 linoleate has a LD_{50} of 58.0 ± 4.2 μ M (Le Maux et al., 2012). Comparatively, the LD_{50} of the
413 complexes were all significantly different ($p < 0.001$). The linoleate/native β lg complex was
414 not cytotoxic to Caco2 cells at the concentrations tested ($LD_{50} \gg 200$ μ M complex). LD_{50}

415 was $80.0 \pm 3.1 \mu\text{M}$ for linoleate/covalent dimers complex, and $189.0 \pm 4.1 \mu\text{M}$ for
416 linoleate/nanoparticles complex.

417

418

419 **4 DISCUSSION**

420

421 The structural state of βlg modified its binding properties to linoleate. This was
422 demonstrated using βlg intrinsic fluorescence and ITC measurements albeit the determined
423 stoichiometry of the two techniques differed slightly. The number of binding sites determined
424 from ITC data for the interaction between linoleate and native βlg showed lower n_1 value, but
425 a higher n_2 value compared to those deduced from intrinsic fluorescence data. However, the
426 total number of binding sites ($n_1 + n_2$) for linoleate to native βlg was similar (around 7.5 to 8
427 linoleate bound to the βlg native protein) regardless of technique and method used for data
428 fitting. The binding parameters from βlg intrinsic fluorescence titration gave a higher number
429 of binding sites for linoleate to covalent dimers and to nanoparticles than the ITC data. This
430 discrepancy may have resulted from (i) the intrinsic fluorescence data that cumulates inner
431 filter and non-specific quenching of the fluorescence spectrum of the complex under study
432 and/or (ii) the ITC signal complexity that includes all energetic changes occurring during the
433 titration such as structural changes of protein, modifications to protein and/or ligand hydration
434 (Bouchemal, 2008). Similarly, Loch et al. (2012a) found a stoichiometry lower than 1 mole
435 for lauric and myristic acids per mole of βlg when the interaction was studied by ITC while
436 one FA was found in the calyx of native βlg by Xray crystallography with resolution 1.9-2.1
437 Å. According to these authors, this may be related to the weak interaction between the FA and
438 βlg . Spector and Fletcher (1970) demonstrated that stearic acid exhibited a secondary set of

439 binding sites to β lg with the number of sites varying from 2 to 24, using the same set of data
440 analyzed with different fitting parameters.

441 Comparative analysis of the fluorescence data show differences in the fluorescence
442 changes for the native β lg experiments relative to the aggregated β lg experiments. The
443 intrinsic fluorescence of covalent dimers and nanoparticles decreased the titration of linoleate
444 due to tryptophan quenching by the FA. Conversely, the intrinsic fluorescence of native β lg
445 increased in the presence of linoleate. This can be explained by the compensation of the
446 tryptophan quenching effect by the denaturation of the protein caused by the binding with
447 linoleate, which reduced the tryptophan quantification by Cys-Cys disulphide bonds (Renard,
448 Lefebvre, Griffin & Griffin, 1998).

449

450 The number of linoleate bound per β lg molecule increased with the degree of
451 aggregation (native β lg < covalent dimers < nanoparticles) but the association constants for
452 each sets of binding sites remained similar. Several studies have demonstrated the impact of
453 β lg denaturation/aggregation for ligand binding, but were dependent on the type of ligands
454 and/or the structure of the aggregates (Ron, Zimet, Bargarum & Livney, 2010; Shpigelman,
455 Israeli & Livney, 2010). Hydrophobic ligands are able to bind native β lg on hydrophobic
456 patches of the protein surface and in the internal calyx if specific structural properties of the
457 ligands are respected (Kontopidis, Holt & Sawyer, 2004). The changes in binding parameters
458 are related to the structural changes of β lg, which occur during heat denaturation/aggregation
459 (de Wit, 2009). Heat-induced protein unfolding exposes internal hydrophobic patches(de Wit,
460 2009) that constitute additional potential binding sites for hydrophobic ligands. Even if they
461 are usually of low specificity and low affinity, these hydrophobic patches could be
462 responsible for the higher ratio of linoleate bound per β lg molecule in the covalent dimers and
463 nanoparticles compared to the native form of β lg. The higher degree of aggregation in the

464 nanoparticles, compared to covalent dimers, could also create hydrophobic pockets, trapping
465 more ligands with weak affinity. Indeed, nanoparticles are microgels, which have more
466 hydrophobic binding sites available compared to native β lg as shown by anilino naphthalene
467 sulfonic acid (ANS) fluorescence (Schmitt et al., 2009). In addition, the internal calyx of β lg
468 is modified during the heat-denaturation and aggregation of β lg. Consequently the specific
469 affinity to the ligand at this site could be affected. The formation of covalent dimers involves
470 the displacement of the free Cys121 that potentially distorts the calyx, decreasing its affinity
471 for linoleate. O'Neill et al. (1988) showed that heat-denaturation of β lg (75°C up to 20 min)
472 increased the number of binding sites for 2-nonanone but decreased its association constant.
473 Yang, Chen, Chen, Wu, and Mao (2009) found a weaker binding, with a lower n , when
474 vitamin D3 was bound to heat denatured β lg (100°C for 16 min) compared to native β lg.
475 Similar conclusions were reported by Spector et al. (1970) who found lower binding constants
476 between palmitate and β lg when the protein was heat treated from 55 to 80°C. These different
477 ligands were shown to specifically interact in the calyx of β lg that is affected by the β lg
478 denaturation. Unlike these studies, conformational changes of β lg do not lead to a change in
479 the affinity for linoleate at the first set of binding sites. This is rather surprising, since the
480 central cavity contains the binding site with strongest affinity for linoleate, as shown by 2.1 Å
481 resolution crystallography (PDB ID: 4DQ4, Loch et al. (2012b)). However, it is possible that
482 some specific protein structures are selected for crystal formation leading to different results
483 when protein in solid or liquid states are compared.

484

485 Cytotoxic assays represent an excellent method for determining changes in the
486 bioaccessibility of FA to Caco-2 cells since the linoleate must enter cells to be cytotoxic (Lu
487 et al., 2010). In the present study, exposure of the cells to linoleate/ β lg complexes resulted in
488 a decrease in cytotoxicity compared to free linoleate. Therefore, we can postulate that binding

489 of linoleate to all the β lg forms decreased the bioaccessibility of the FA. After a 24 h exposure
490 period, linoleate bound to β lg nanoparticles had a higher cytotoxic effect compared to
491 linoleate bound to native β lg. This could be explained by the higher binding capacity of
492 nanoparticles for the FA compared to native β lg: 8.9 linoleate per β lg nanoparticles versus 3.3
493 linoleate per native β lg. As only 0.6 or 0.9 linoleate is strongly bound per 1 β lg molecule in
494 the nanoparticulate or native state, respectively (ITC data), the fraction of linoleate bound with
495 a lower affinity is much higher for the nanoparticles. This may explain the higher
496 bioaccessibility of linoleate when bound to the nanoparticles. Spector et al. (1970)
497 demonstrated that palmitate bound to β lg was taken up faster by Ehrlich ascites tumor cells
498 compared to palmitate bound to bovine albumin because palmitate binds to bovine albumin
499 with a higher affinity than to β lg. Consequently, the FA was more bioaccessible to the cells
500 when bound to β lg than to bovine albumin. Interestingly, linoleate/covalent dimer complexes
501 were more cytotoxic than linoleate/nanoparticles complexes, even though the amount of
502 linoleate bound with higher K_a was similar, as determined by ITC. As native β lg protects the
503 cells against the linoleate cytotoxicity, this difference in cell viability may be the result of the
504 different proportions of β lg monomers present in the test samples (22.4 % β lg monomers in
505 the nanoparticle sample compared to 16.3 % β lg monomers in the covalent dimer sample,
506 prior to the addition of linoleate). In addition, to obtain the same linoleate concentration, a
507 higher quantity of complex was needed for the linoleate/covalent dimers complex. The molar
508 ratios were 8.9 linoleate per β lg in the nanoparticles versus 4.0 linoleate per β lg in covalent
509 dimers. However, we have previously demonstrated that increasing β lg concentration
510 increased the linoleate uptake by Caco-2 cells even if the kinetic of transport is slower than
511 free linoleate (Data not shown). Other studies have reported the opposite effect, with the
512 binding of a given ligand to β lg increasing the ligand bioaccessibility. Indeed, Yang et al.
513 (2009) observed that vitamin D₃, which is practically insoluble in water, was transported more

514 effectively bound to β lg than free vitamin D₃ in a mouse model. Proteins may affect
515 differently the bioaccessibility of the ligand in function of the ligand solubility. The potential
516 contribution of residual copper used to prepare β lg covalent dimer in the cytotoxic effect of
517 this oligomer cannot be excluded. Copper by itself at concentrations up to 5 mg/L was not
518 cytotoxic (data not shown). However, copper was reported to be a potent catalyst of FA
519 oxidation (Frémont, Belguendouz & Delpal, 1999; Kleinveld, Hak-Lemmers, Stalenhoef &
520 Demacker, 1992). Peroxidated FA are reported to be more cytotoxic than FA (Alghazeer, Gao
521 & Howell, 2008). Hence, the occurrence of a peroxidated form of linoleate which would
522 increase its cytotoxicity cannot be ruled out.

523

524 This study has demonstrated that linoleate can bind to different structural states of β lg
525 (native, covalent dimers, nanoparticles). Binding capacity but not affinity was affected by the
526 protein structure. Stoichiometries increased with the size of the protein aggregates. This is
527 probably due to the exposure of hydrophobic sites during the protein denaturation and the
528 formation of hydrophobic pockets at the surface or in the inner structure of the aggregates.
529 Changes in the binding properties modified the cytotoxicity of the complexes. Consequently,
530 it is proposed that the *in vitro* bioaccessibility of linoleate can be modulated by changing
531 protein structures, which subsequently modifies the ligand binding parameters. This could be
532 of interest in relation to optimizing the design of food products from a sanitary, textural and
533 health benefit perspective. From a nutritional point of view, one question that arises is how
534 these various protein/FA complexes react to digestive enzymes. Studies are in progress to
535 determine the behaviour of complexes under simulated gastro-intestinal *in vitro* digestion and
536 the subsequent effect of digestion on FA cytotoxicity and uptake.

537

538

539 **5 ABBREVIATIONS**

540

541 α la, α -lactalbumin; β lg, β -lactoglobulin; CLA, conjugated linoleic acid; CMC, critical micelle
542 concentration; DMEM, Dulbecco's modified Eagle medium; FA, fatty acid; FAME, fatty acid
543 methyl ester; FBS, foetal bovine serum; GC, gas chromatography; GP-HPLC, gel permeation
544 high performance liquid chromatography; ITC, isothermal titration calorimetry; K_a ,
545 association constant; LA, linoleic acid; LCFA, long chain fatty acid; n, reaction
546 stoichiometry; NATA, N-acetyl-tryptophanamide, PBS, phosphate buffered saline;

547

548

549 **6 ACKNOWLEDGEMENTS**

550

551 S. Le Maux is currently supported by a Teagasc Walsh Fellowship and the Department of
552 Agriculture, Fisheries and Food (FIRM project 08/RD/TMFRC/650). We also acknowledge
553 funding from IRCSET-Ulysses Travel Grant. The authors would like to express their gratitude
554 to Alan Hennessy for the GC analysis.

555

556

557 **7 REFERENCES**

558

- 559 Alghazeer, R., Gao, H. L., & Howell, N. K. (2008). Cytotoxicity of oxidised lipids in cultured
560 colonal human intestinal cancer cells (caco-2 cells). *Toxicology Letters*, 180(3), 202-
561 211.
- 562 Bouchemal, K. (2008). New challenges for pharmaceutical formulations and drug delivery
563 systems characterization using isothermal titration calorimetry. *Drug discovery today*,
564 13(21-22), 960-972.
- 565 Braunitzer, G., Chen, R., Schrank, B., & Stangl, A. (1973). Die sequenzanalyse des β -
566 lactoglobulins. *Hoppe-Seyler's Zeitschrift für physiologische Chemie*, 354(2), 867-
567 878.

- 568 Coakley, M., Ross, R. P., Nordgren, M., Fitzgerald, G., Devery, R., & Stanton, C. (2003).
569 Conjugated linoleic acid biosynthesis by human-derived Bifidobacterium species.
570 *Journal of Applied Microbiology*, 94(1), 138-145.
- 571 Cogan, U., Kopelman, M., Mokady, S., & Shinitzky, M. (1976). Binding affinities of retinol
572 and related compounds to retinol binding proteins. *European Journal of Biochemistry*,
573 65(1), 71-78.
- 574 Considine, T., Patel, H. A., Anema, S. G., Singh, H., & Creamer, L. K. (2007). Interactions of
575 milk proteins during heat and high hydrostatic pressure treatments - A review.
576 *Innovative Food Science & Emerging Technologies*, 8(1), 1-23.
- 577 Creamer, L. K., Parry, D. A. D., & Malcolm, G. N. (1983). Secondary structure of bovine
578 beta-lactoglobulin B. *Archives of Biochemistry and Biophysics*, 227(1), 98-105.
- 579 de Wit, J. N. (2009). Thermal behaviour of bovine beta-lactoglobulin at temperatures up to
580 150 degrees C. a review. *Trends in Food Science & Technology*, 20(1), 27-34.
- 581 Frémont, L., Belguendouz, L., & Delpal, S. (1999). Antioxidant activity of resveratrol and
582 alcohol-free wine polyphenols related to LDL oxidation and polyunsaturated fatty
583 acids. *Life Sciences*, 64(26), 2511-2521.
- 584 Gulzar, M., Croguennec, T., Jardin, J., Piot, M., & Bouhallab, S. (2009). Copper modulates
585 the heat-induced sulfhydryl/disulfide interchange reactions of beta-Lactoglobulin.
586 *Food Chemistry*, 116(4), 884-891.
- 587 Jensen, R. G. (2002). The composition of bovine milk lipids: January 1995 to December
588 2000. *Journal of Dairy Science*, 85(2), 295-350.
- 589 Kleinveld, H. A., Hak-Lemmers, H., Stalenhoeft, A., & Demacker, P. (1992). Improved
590 measurement of low-density-lipoprotein susceptibility to copper-induced oxidation:
591 Application of a short procedure for isolating low-density lipoprotein. *Clinical*
592 *Chemistry*, 38(10), 2066-2072.
- 593 Kontopidis, G., Holt, C., & Sawyer, L. (2004). Invited review: Beta-lactoglobulin: Binding
594 properties, structure, and function. *Journal of Dairy Science*, 87(4), 785-796.
- 595 Le Maux, S., Giblin, L., Croguennec, T., Bouhallab, S., & Brodkorb, A. (2012). Beta-
596 lactoglobulin as a molecular carrier of linoleate: Characterisation and effects on
597 intestinal epithelial cells in vitro. *Journal of Agricultural and Food Chemistry*, 60(37),
598 9476-9483.
- 599 Lišková, K., Auty, M. A. E., Chaurin, V., Min, S., Mok, K. H., O'Brien, N., Kelly, A. L., &
600 Brodkorb, A. (2011). Cytotoxic complexes of sodium oleate with beta-lactoglobulin.
601 *European Journal of Lipid Science and Technology*, 1207-1218.
- 602 Loch, J., Polit, A., Bonarek, P., Olszewska, D., Kurpiewska, K., Dziedzicka-Wasylewska, M.,
603 & Lewiński, K. (2012a). Structural and thermodynamic studies of binding saturated
604 fatty acids to bovine beta-lactoglobulin. *International Journal of Biological*
605 *Macromolecules*, 50(4), 1095-1102.
- 606 Loch, J., Polit, A., Bonarek, P., Ries, D., Kurpiewska, K., Dziedzicka Wasylewska, M., &
607 Lewiński, K. (2012b). Bovine beta-lactoglobulin complex with linoleic acid. In *URL*
608 (www.rcsb.org/pdb/explore/explore.do?structureId=4DQ4)
609 DOI:10.2210/pdb4dq4/pdb, vol. (most recent access 5 June 2012)).
- 610 Lu, X., He, G., Yu, H., Ma, Q., Shen, S., & Das, U. N. (2010). Colorectal cancer cell growth
611 inhibition by linoleic acid is related to fatty acid composition changes. *Journal of*
612 *Zhejiang University-Science B*, 11(12), 923-930.
- 613 Mantzioris, E., James, M. J., Gibson, R. A., & Cleland, L. G. (1995). Differences exist in the
614 relationships between dietary linoleic and alpha-linoleic acids and their respective
615 long-chain metabolites. *American Journal of Clinical Nutrition*, 61(2), 320-324.
- 616 Mu, H. (2008). Bioavailability of omega-3 long-chain polyunsaturated fatty acids from foods.
617 *Agro Food Industry Hi-Tech: Focus on Omega-3*, 19(4), 24-26.

618 O'Neill, T., & Kinsella, J. (1988). Effect of heat treatment and modification on conformation
619 and flavor binding by beta-lactoglobulin. *Journal of Food Science*, 53(3), 906-909.

620 Palmquist, D. L., & Jenkins, T. C. (2003). Challenges with fats and fatty acid methods.
621 *Journal of Animal Science*, 81(12), 3250-3254.

622 Perez, M. D., Sanchez, L., Aranda, P., Ena, J., Oria, R., & Calvo, M. (1992). Effect of beta-
623 lactoglobulin on the activity of pregastric lipase. A possible role for this protein in
624 ruminant milk. *Biochimica et Biophysica Acta (BBA) - Lipids and Lipid Metabolism*,
625 1123(2), 151-155.

626 Ragona, L., Zetta, L., Fogolari, F., Molinari, H., Pérez, D. M., Puyol, P., Kruif, K. D., Löhr,
627 F., & Rüterjans, H. (2000). Bovine beta-lactoglobulin: Interaction studies with
628 palmitic acid. *Protein Science*, 9(7), 1347-1356.

629 Renard, D., Lefebvre, J., Griffin, M. C. A., & Griffin, W. G. (1998). Effects of pH and salt
630 environment on the association of beta-lactoglobulin revealed by intrinsic fluorescence
631 studies. *International Journal of Biological Macromolecules*, 22(1), 41-49.

632 Ron, N., Zimet, P., Bargarum, J., & Livney, Y. (2010). Beta-lactoglobulin-polysaccharide
633 complexes as nanovehicles for hydrophobic nutraceuticals in non-fat foods and clear
634 beverages. *International Dairy Journal*, 20(10), 686-693.

635 Russo, G. L. (2009). Dietary n-6 and n-3 polyunsaturated fatty acids: from biochemistry to
636 clinical implications in cardiovascular prevention. *Biochemical Pharmacology*, 77(6),
637 937-946.

638 Sawyer, L., & Kontopidis, G. (2000). The core lipocalin, bovine beta-lactoglobulin.
639 *Biochimica et Biophysica Acta (BBA)-Protein Structure and Molecular Enzymology*,
640 1482(1-2), 136-148.

641 Schmitt, C., Bovay, C., Vuilliamenet, A. M., Rouvet, M., Bovetto, L., Barbar, R., & Sanchez,
642 C. (2009). Multiscale characterization of individualized beta-lactoglobulin microgels
643 formed upon heat treatment under narrow pH range conditions. *Langmuir*, 25(14),
644 7899-7909.

645 Shpigelman, A., Israeli, G., & Livney, Y. D. (2010). Thermally-induced protein-polyphenol
646 co-assemblies: beta lactoglobulin-based nanocomplexes as protective nanovehicles for
647 EGCG. *Food Hydrocolloids*, 24(8), 735-743.

648 Singh, H., Ye, A., & Horne, D. (2009). Structuring food emulsions in the gastrointestinal tract
649 to modify lipid digestion. *Progress in Lipid Research*, 48(2), 92-100.

650 Spector, A. A., & Fletcher, J. E. (1970). Binding of long chain fatty acids to beta-
651 lactoglobulin. *Lipids*, 5(4), 403-411.

652 Wang, Q. W. Q., Allen, J. C., & Swaisgood, H. E. (1998). Protein concentration dependence
653 of palmitate binding to beta-lactoglobulin. *Journal of Dairy Science*, 81(1), 76-81.

654 Wu, S. Y., Pérez, M. D., Puyol, P., & Sawyer, L. (1999). Beta-Lactoglobulin binds palmitate
655 within its central cavity. *Journal of Biological Chemistry*, 274(1), 170-174.

656 Yang, M. C., Chen, N. C., Chen, C. J., Wu, C. Y., & Mao, S. J. T. (2009). Evidence for beta-
657 lactoglobulin involvement in vitamin D transport in vivo-Role of the γ -turn (Leu-Pro-
658 Met) of beta-lactoglobulin in vitamin D binding. *FEBS Journal*, 276(8), 2251-2265.

659 Yang, M. C., Guan, H. H., Liu, M. Y., Lin, Y. H., Yang, J. M., Chen, W. L., Chen, C. J., &
660 Mao, S. J. T. (2008). Crystal structure of a secondary vitamin D3 binding site of milk
661 beta-lactoglobulin. *Proteins: Structure, Function, and Bioinformatics*, 71(3), 1197-
662 1210.

663 Zhao, G., Etherton, T. D., Martin, K. R., Vanden Heuvel, J. P., Gillies, P. J., West, S. G., &
664 Kris-Etherton, P. M. (2005). Anti-inflammatory effects of polyunsaturated fatty acids
665 in THP-1 cells. *Biochemical and Biophysical Research Communications*, 336(3), 909-
666 917.

667 Zock, P. L., & Katan, M. B. (1998). Linoleic acid intake and cancer risk: A review and meta-
668 analysis. *American Journal of Clinical Nutrition*, 68(1), 142-153.
669
670

671 Table 1: Binding constants of linoleate/ β lg with different forms of β lg determined by ITC and fluorescence. For ITC, association constant K_a
672 and molar ratio n of linoleate/ β lg were derived using a “two set of binding sites” model. For fluorescence, two methods of fitting were used.
673 Association constants K_a and molar ratio n of linoleate/ β lg were determined using a modified Scatchard method. Experiments with linoleate
674 binding to β lg nanoparticles could not be fitted using modified Scatchard method (non applicable, NA). Sequential linear regression ($L_{total} = f(F \times$
675 $P_{total})$) model was used to determine n . n_1 K_{a1} and n_2 K_{a2} were the binding constant for the first and second binding sites, respectively. Results
676 represent mean \pm SD ($n=3$). K_{a1} and K_{a2} , and n_1 and n_2 of the same complex were significantly different, independently of the method and the β lg
677 form used, with P-value inferior to 0.01 and to 0.05, respectively; except for K_{a1} and K_{a2} data obtained with the modified Scatchard of the
678 linoleate/native β lg complex (*).
679
680

	ITC			Fluorescence: Modified Scatchad			Fluorescence: $L_{total} = f(F \times P_{total})$		
	Linoleate/ native β lg	Linoleate/ dimers	Linoleate/ nanoparticles	Linoleate/ native β lg	Linoleate/ dimers	Linoleate/ nanoparticles	Linoleate/ native β lg	Linoleate/ dimers	Linoleate/ nanoparticles
n_1	0.60 ± 0.01	0.53 ± 0.08	0.92 ± 0.29	2.45 ± 0.07	10.31 ± 0.05	NA	2.38 ± 0.12	9.8 ± 0.21	15.74 ± 0.55
$K_{a1} \times 10^5 M^{-1}$	17.95 ± 6.29	15.13 ± 9.53	15.83 ± 3.35	$9.20 \pm 2.65^*$	14.67 ± 2.12		6.02 ± 0.29	12.54 ± 0.76	40.73 ± 2.17
n_2	6.79 ± 0.05	8.64 ± 0.54	10.25 ± 1.65	5.27 ± 1.50	15.29 ± 0.71				
$K_{a2} \times 10^5 M^{-1}$	0.41 ± 0.05	0.50 ± 0.42	0.57 ± 0.22	$0.62 \pm 0.49^*$	0.37 ± 0.13				

681 Table 2: Protein proportion of linoleate/ β lg complexes with different forms of β lg (native,
682 covalent dimers and nanoparticles), obtained by GP-HPLC. 0, 5, 7.5 and 10 represents the
683 initial molar ratios of linoleate/ β lg. β lg M, β lg monomers; β lg D, β lg dimers; β lg O, β lg
684 oligomers; NanoP, β lg nanoparticles. Results represent mean \pm SD (n=3).
685

Initial linoleate/ β lg		0	5	7.5	10
Linoleate/ native β lg	β lg M	88.45 \pm 5.24	66.44 \pm 8.24	60.43 \pm 8.17	51.09 \pm 4.95
	β lg D	6.64 \pm 2.63	23.13 \pm 6.94	28.22 \pm 9.57	34.94 \pm 6.78
	β lg O	4.92 \pm 2.78	10.43 \pm 4.51	11.35 \pm 2.03	13.97 \pm 3.97
Linoleate/ dimer	β lg M	16.29 \pm 1.50	14.43 \pm 0.50	14.05 \pm 0.19	13.39 \pm 0.61
	β lg D	78.27 \pm 3.21	78.62 \pm 4.23	79.55 \pm 5.80	77.88 \pm 6.48
	β lg O	5.43 \pm 1.65	6.95 \pm 2.70	6.41 \pm 3.74	8.72 \pm 4.22
Linoleate/ nanoparticle	β lg M	22.41 \pm 1.36	15.82 \pm 2.48	11.96 \pm 1.03	10.65 \pm 1.95
	NanoP	77.59 \pm 1.36	84.18 \pm 2.48	88.04 \pm 1.03	89.35 \pm 1.95

686

687 **FIGURES**

688

689 Figure 1: Binding association of linoleate/ β lg with different forms of β lg obtained by ITC
690 and fluorescence. (A) For the ITC experiments, linoleate was titrated in different forms of β lg
691 (native, covalent dimers and nanoparticles) in PBS buffer (pH 7.4) at 25°C. β lg (0.027 μ M)
692 were titrated with increments of 10 μ L linoleate (1.65 μ M). Results represent the integrated
693 raw heat signals plotted against the linoleate/ β lg molar ratio. (B) For the intrinsic fluorescence
694 experiments, linoleate (5mM) was titrated in 10 μ M β lg (native, covalent dimers and
695 nanoparticles) at 25°C. Results represent the fluorescence at 345 nm corrected by the blank
696 (NATA). —○—, linoleate /native β lg; --×--, linoleate/covalent dimers; --●--, linoleate
697 /nanoparticles. Results represent mean \pm SD (n=3).

698

699 Figure 2: SDS-PAGE profiles of the three linoleate/ β lg complexes. Non-reducing
700 conditions were used for: (A) linoleate/native β lg complexes, (B) linoleate/covalent dimers
701 complexes, and (C) linoleate/nanoparticles complexes. Reducing conditions were used for the
702 gel (D) corresponding to the profile of linoleate/nanoparticles β lg complexes (similar profiles
703 were obtained for the two other complexes). M_w , molecular weight markers (14.4, 20.1, 30,
704 45, 66, 97 kDa); β lg, β lg control; lanes 5, 7.5 and 10, complexes with an initial molar ratio of
705 5, 7.5 and 10 linoleate/ β lg, respectively.

706

707 Figure 3: Stoichiometry of linoleate/ β lg with different forms of β lg (native, covalent
708 dimers and nanoparticles) as determined by GC after dialysis. Correlation of the molar ratios
709 of linoleate/ β lg added to the starting solutions with the molar ratios of linoleate/ β lg that were
710 detected by GC analysis in the linoleate/ β lg samples after extensive dialysis and freeze-

711 drying. —○—, linoleate /native βlg; --×--, linoleate/covalent dimers; --●--, linoleate
712 /nanoparticles.

713

714 Figure 4: Cytotoxicity of linoleate, free or bound to different forms of βlg, using Caco-2
715 cells. Cell viability after 24 h on 2×10^4 Caco-2 cells compared to control cells was assessed
716 using an MTS assay. Linoleate concentrations in the tested sample varied from 0 to 200 μM.

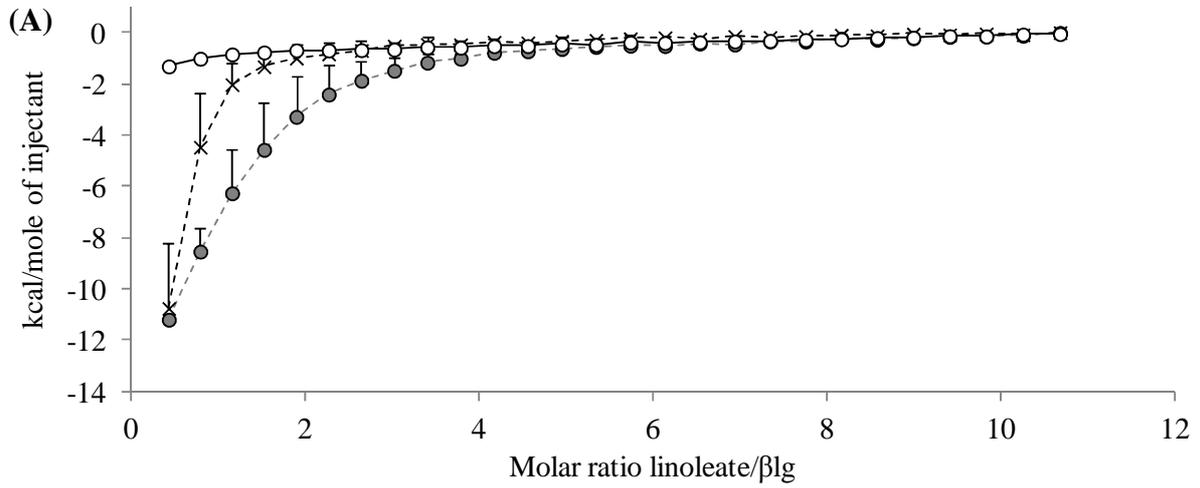
717 —■—, free linoleate; —○—, linoleate /native βlg; --×--, linoleate/covalent dimers; --●--,
718 linoleate /nanoparticles.

719 Figure 1

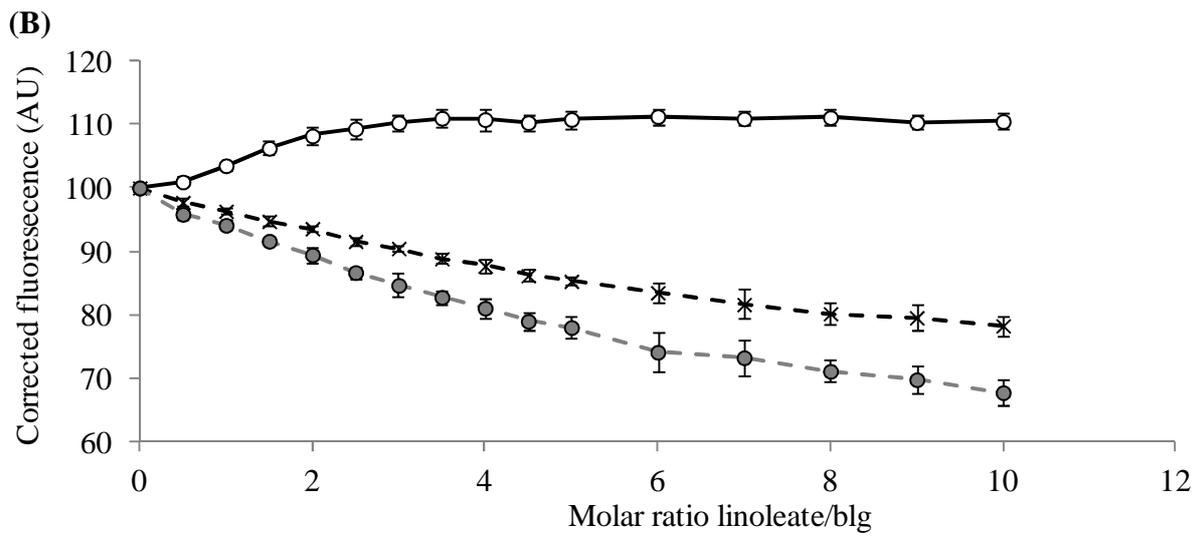
720

721 —○— Linoleate/native βlg -x- Linoleate/dimers -●- Linoleate/nanoparticles

722



723



724

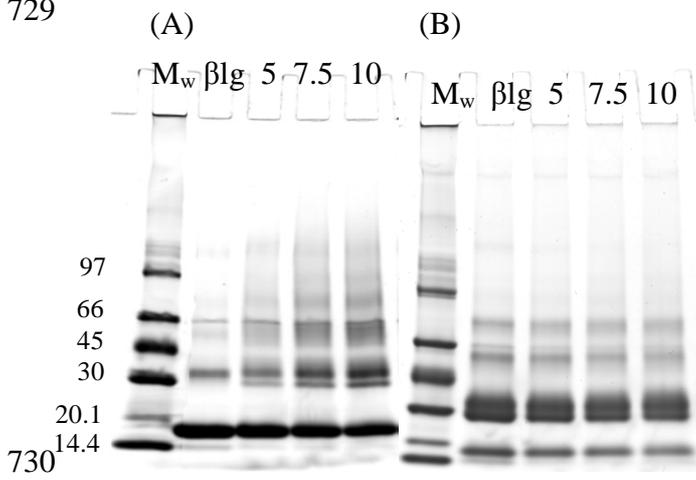
725

726

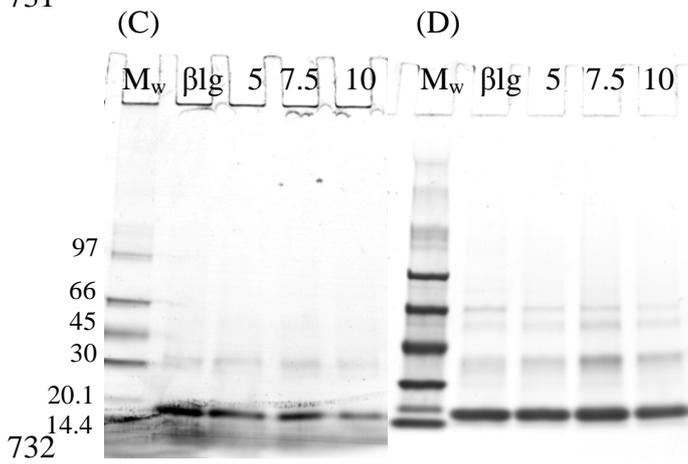
727 Figure 2

728

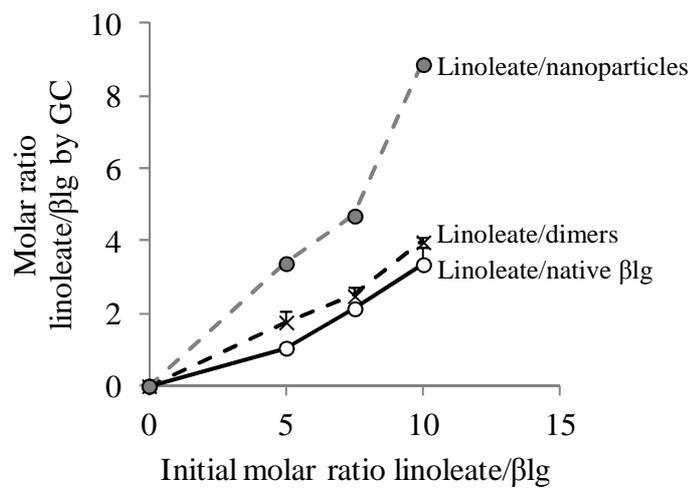
729



731

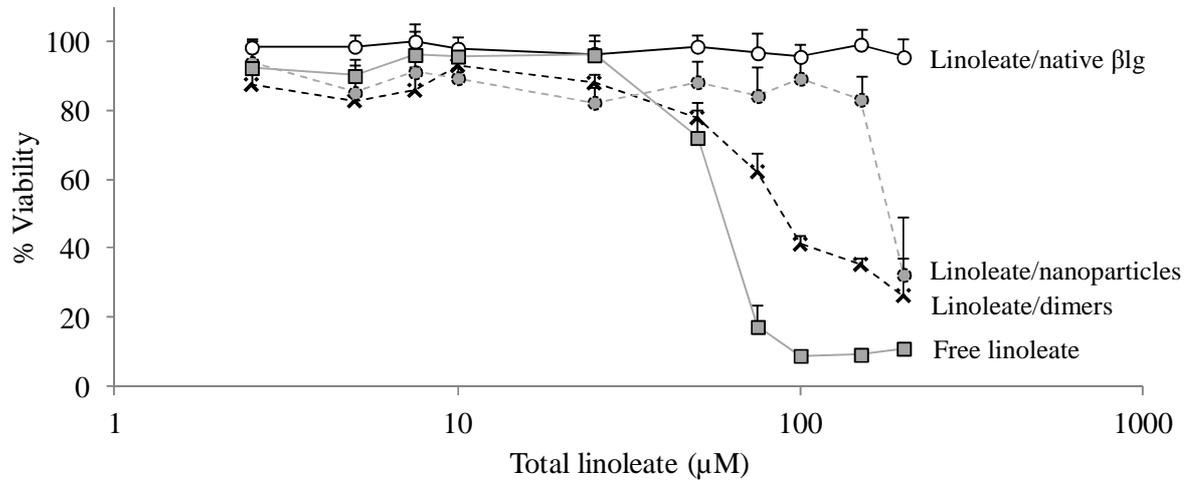


732



735

Figure 4



736

737

738