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19 **Interactions between sodium oleate and α -lactalbumin: the effect of temperature**
20 **and concentration on complex formation.**

21

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23

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39 **Abstract**

40 Complexes of α -lactalbumin and oleic acid have previously been shown to be cytotoxic
41 to cancer cells. In this study oleic acid is replaced by the more soluble sodium oleate
42 and complexes of α -lactalbumin and sodium oleate are formed. Dynamic light
43 scattering results showed that there was a small linear increase in the particle size of α -

44 lactalbumin when it was titrated with sodium oleate. The fluorescence spectra of α -
45 lactalbumin showed a linear increase in the emission maximum when sodium oleate
46 was added up to a molar ratio of 8 to 11 oleate molecules per α -lactalbumin.
47 Differential scanning calorimetry results show that the thermal unfolding of
48 α -lactalbumin is altered by the presence of the sodium oleate. There is a decrease in
49 size of the endothermic peak of apo α -lactalbumin when sodium oleate is added. The
50 temperature at which unfolding occurred decreased for both apo and holo
51 α -lactalbumin. FTIR measurements showed no significant effect of sodium oleate in the
52 amide I region of the α -lactalbumin spectrum indicating the presence of oleate has little
53 or no effect on the secondary structure of α -lactalbumin. The interactions between
54 α -lactalbumin and sodium oleate/ oleic acid are pH dependent, turbidity and dynamic
55 light scattering measurements showed that the association between the two was optimal
56 between pH 6.0 and 8.0.
57 The results obtained here suggest that α -lactalbumin can bind at least a 20 molar excess
58 of oleate, most likely in a non-specific manner.

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62 **Key Words:** α -lactalbumin, sodium oleate, oleic acid, BAMLET

63

64 **Introduction**

65 The formation of a bioactive complex between α -lactalbumin (α -la) and oleic acid
66 known as BAMLET/HAMLET (Bovine/Human α -la made lethal to tumours) has been
67 studied for over a decade now (Svensson, Hakansson, Mossberg, Linse, & Svanborg,
68 2000). HAMLET/BAMLET has been shown to be cytotoxic to a range of cancer cell

69 lines at levels where healthy cells are unaffected, the properties and action of the
70 complex have been extensively reviewed (Mok, Pettersson, Orrenius, & Svanborg,
71 2007; Mossberg, Hun Mok, Morozova-Roche, & Svanborg, 2010).

72 Several chromatographic methods have been developed to form the complex
73 (Brinkmann, et al., 2011; Svensson, et al., 2000). The chromatographic methods used
74 for the preparation of HAMLET/BAMLET involve preconditioning an ion-exchange
75 column with oleic acid and subsequently passing apo α -la through the column. The
76 active complex can be eluted using a salt gradient. Oleic acid is insoluble in water so it
77 is dissolved in ethanol to facilitate application to the column. It is worth noting however
78 that the buffers used for the chromatography are all above the reported pKa of oleic
79 acid, 7.6 (Hamilton & Cistola, 1986). This means that the majority of the oleic acid
80 may be in the charged oleate form on the column.

81 The formation of HAMLET/BAMLET has been attributed to a misfolding of α -la and
82 has been purported to be an example the beneficial misfolding of proteins (Svensson, et
83 al., 1999). However, α -la which has been extensively heat denatured still forms
84 tumoricidal complexes (Liskova, Kelly, O'Brien, & Brodkorb, 2010). Furthermore, two
85 other proteins have been used to form cytotoxic complexes; equine lysozyme (Wilhelm,
86 et al., 2009), which is structurally similar to α -la, and bovine β -lactoglobulin (Liskova,
87 et al., 2011), which while being a globular whey protein has very little structural
88 similarity to α -la. Peptides of α -la also form cytotoxic complexes with oleic acid (Tolin,
89 et al., 2010). Recently it has been proposed that oleic acid is the cytotoxic component
90 of these complexes (Permyakov, et al., 2012).

91 The mechanism of BAMLET action on cancer cells has been widely studied as has the
92 protein component of the complex. In light of the findings outlined above, interest in
93 the oleic acid portion of the complex has increased recently. It had been shown that

94 simply mixing α -la and oleic acid would not form complexes with cytotoxicity
95 comparable to HAMLET/BAMLET (Svensson, et al., 2002; Svensson, et al., 2000).
96 More recently, several papers have demonstrated that it is possible to form cytotoxic
97 complexes by mixing the components under the correct conditions of pH and
98 temperature (Kamijima, et al., 2008; Knyazeva, et al., 2008). Kamijima et al. (2008)
99 mixed α -la with a 120 molar excess of oleic acid (14 mM). To form the molten globule
100 of the protein the solution was heated at 50 or 60°C, excess oleic acid was removed by
101 centrifugation. Knyazeva et al. (2008) formed complexes by titrating α -la in solution at
102 pH 8.3 with oleic acid. The concentrations of oleic acid used in the study were below
103 the critical micelle concentration (cmc); the hypothesis behind using the lower
104 concentrations of oleic acid was that structures formed by the oleic acid at higher
105 concentrations would prevent its interaction with the α -la to form a complex. A greater
106 number of oleic acid molecules bound to α -la at higher temperatures, 2.9 at 17°C vs. 9
107 at 45°C. Agger and Bro (2009) formed cytotoxic complexes by mixing oleic acid and
108 α -la under high shear conditions. Permyakov et al. (2011) titrated α -la at 45°C with
109 oleic acid. The titrations were made in a buffer at pH 12.0 under these conditions the
110 oleic acid is in its deprotonated form, oleate. The study found that up to 34 oleic acid
111 molecules could be bound to the α -la. This is much greater than any values previously
112 reported for BAMLET/HAMLET,

113 These approaches demonstrate different means to overcome the two central issues in
114 forming complexes between α -la and oleic acid: firstly the α -la protein needs to be
115 partially unfolded and secondly the insoluble oleic acid had to be dispersed and brought
116 into contact with the α -la. The solubility of oleic acid in water is low. In the
117 chromatographic methods it is solubilised in ethanol before being applied to the column
118 where it is dispersed over the resin to make it accessible to α -la. By mixing the oleic

119 acid with the protein at high pHs the oleic acid is deprotonated and more soluble. A
120 method has been developed which uses more soluble sodium oleate (NaOle) to for the
121 formation of complexes (Brodkorb & Liskova, 2010; Liskova, et al., 2011).

122 To unfold the protein two approaches have been used; in the methods using a column,
123 Ca is removed from α -la using a chelating agent, such as EDTA, causing the protein to
124 partially unfold. An alternative method is to unfold the protein by heating; this
125 approach has been used in methods where the two components of the complex are
126 mixed together. The quantity of oleic acid bound to the protein has also been widely
127 debated; initially it was thought that it was a one to one ratio (Svensson, Mossberg,
128 Pettersson, Linse, & Svanborg, 2003). However, more recent studies have shown that
129 the ratio is in fact much higher (Brinkmann, et al., 2011; Pettersson-Kastberg, et al.,
130 2009). Tolin et al. (2010) showed that oleic acid can bind to several different peptides
131 from α -la, meaning that there could be several different binding sites within α -la for
132 oleic acid.

133 To date there is limited information on the interaction between NaOle and α -la and the
134 stability of complexes formed between the two. This paper will investigate the
135 interaction between NaOle and α -la as a function of temperature and NaOle
136 concentration.

137

138 **Material and methods**

139 α -La (95% purity, approximately 3% β -lactoglobulin) was sourced from Davisco Foods
140 International (Eden Prairie, Mn, USA). NaOle (\geq 95 purity) and phosphate buffered
141 saline (PBS) was from Sigma Aldrich (Arklow, Ireland)

142

143 *Dynamic light scattering: titration of protein with Na oleate.*

144 An α -la solution $424 \mu\text{M}$ (6 gL^{-1}) was prepared in a 2X concentration of PBS (pH 7.4).
145 A stock solution of 10 mM NaOle was prepared in milliQ® water. Various quantities of
146 the NaOle solution was added to 0.5 mL aliquots of the protein solution and the final
147 volume was adjusted to 1.0 mL , giving solutions containing $212 \mu\text{M}$ (3 gL^{-1}) α -la
148 containing a molar excess of NaOle ranging from 0 to 20 in a PBS solution. The
149 hydrodynamic diameter of the aggregates was determined using a Zetasizer Nano
150 system (Malvern Instruments Inc., Worcester, UK). The measurements were carried out
151 at 25°C measuring the backscatter at 173° . The cumulative method was used to find the
152 mean size of a particle that corresponded to the mean of the volume distribution. The
153 viscosity of the solvent was assumed to be the same as water, given the low
154 concentration of protein. The size of the aggregates present in NaOle solutions in the
155 same concentration range was also measured.

156

157 *Change in particle size during heating and protein refolding*

158 A solution containing 3 gL^{-1} α -la and 1.06 mM NaOle (5 molar excess) was prepared as
159 outlined above. The particle size of solution was measured at 5°C temperature
160 increments from 20 to 60°C . The cuvette containing 1 mL of the mixture was
161 equilibrated for 2 minutes at each temperature prior to measuring the particle size as
162 outlined above. A control solution containing 3 gL^{-1} was subjected to the same
163 measurement regime. The solutions were cooled from 60°C back to 20°C and measured
164 again. Solutions that had been heated in a waterbath for 60°C for 1h were also
165 measured at 20°C for comparison.

166 Samples were also prepared as outlined above containing 0 to 20 molar excess NaOle,
167 the particle size of the solutions was measured and they were heated at 60°C for 1h.
168 After cooling the particle size was measured again at 20°C .

169

170 ***Fluorescence: titration of α -lactalbumin with oleate***

171 Fluorescence measurements were carried out using a Cary eclipse fluorometer (Varian,
172 Inc., USA) with temperature controlled cuvette holder. The measurements were made
173 at an α -la concentration of 25 μ M in PBS with various excess of NaOle added. The
174 solutions were equilibrated to the desired temperature while stirring constantly.
175 Emission scans between 300 and 400 nm were taken using an excitation wavelength of
176 280 nm. The slits were both set to 5 nm. Samples were measured at 10, 25, 35, 45, 55
177 and 60 °C. The spectra were converted to the wavenumber scale and the curves fitted to
178 a Gaussian distribution to calculate the emission maximum. The emission maximum
179 was plotted against excess NaOle for each temperature.

180

181 ***Fluorescence: the formation of a complex during protein refolding***

182 Solutions containing α -la with various molar excesses of NaOle were prepared as
183 outlined in the dynamic light scattering section. The solutions were heated at 60°C for 1
184 hour and cooled on ice. For fluorescence measurements an aliquot of the solution taken
185 before and after heating was diluted to 25 μ M with PBS and the fluorescence spectrum
186 measured at 20°C as outlined above. The emission maximum was determined as
187 described above.

188

189 ***Differential Scanning Calorimetry (DSC)***

190 The DSC measurements were made using a Steraram DSC III microcalorimeter. PBS
191 was used in the reference cell. A 100 gL⁻¹ (7.05 mM) α -la solution in PBS with a 0, 1, 2
192 or 5 molar excess of NaOle added was placed in the reference cell. The cells contained

193 ~900mg of solution balanced to ± 0.5 mg. The solutions were heated from 20 °C to
194 80°C at 0.5 °C min⁻¹.

195

196 ***FTIR***

197 FTIR measurements were carried out using a Bruker Tensor 27 instrument in ATR
198 mode using a BioATR cell II TM. The spectra used were an average of 300 scans at a
199 resolution of 4 cm⁻¹. A sample was prepared containing 10 gL⁻¹ α -la and 3.5 mM NaOle
200 in PBS. A sample containing only 10 gL⁻¹ α -la was also prepared. Using a PBS solution
201 as the background a temperature sweep from 20 to 60 °C was made taking readings at
202 5°C intervals. Using Opus version 5.5 software, the spectra were corrected for the
203 atmospheric conditions (H₂O and CO₂) and solvent conditions (H₂O). The spectra were
204 vector normalized between 1720 and 1480 cm⁻¹. The spectrum of the sample at 20°C
205 were subtracted from those at higher temperatures. The resulting curves highlighted the
206 areas in which changes were occurring during heating.

207

208 ***Effect of pH on α -lactalbumin sodium oleate interactions***

209 Solutions (50 mL) were prepared in distilled water containing 10 gL⁻¹ α -la, 10gL⁻¹ α -la
210 with 7 mM NaOle (10 molar excess) and 7 mM NaOle. The solutions pH of the
211 solutions was decreased by the addition of 100 mM HCl in 100 μ L increments. The pH
212 of the solution was measured as the titration progressed and 1 mL aliquots were
213 removed at intervals. The optical density of the solutions was measured at 600 nm. The
214 particle size of the aliquots which were soluble was measured by dynamic light
215 scattering as outlined above.

216

217 **Results and Discussion**

218 Dynamic light scattering was used to follow the changes in particle size as α -la was
219 titrated with NaOle. α -La without NaOle had a diameter of 3.6 nm, which compares
220 well with previously published values (Kataoka, Tokunaga, Kuwajima, & Goto, 1997).
221 The size of the particles in the solution increased linearly with the addition of NaOle at
222 room temperature. The increase in the particle diameter was quite small \sim 0.9 nm per
223 mmol of NaOle added (Figure 1A). No larger particles, which could be attributed to
224 free NaOle forming structures, were detected. The concentrations of NaOle used were
225 all well above the CMC of NaOle which was found to be \sim 10 μ M in PBS solution
226 (results not shown). When NaOle at the concentrations used here is titrated into a PBS
227 solution large aggregates are formed (Figure 1B). PBS was used to maintain a standard
228 pH of 7.4 across all the experiments as oleate will increase the pH of the proteins
229 solutions in a non buffered system. Additionally it standardises the ionic environment
230 that the complex is formed in. The charge of both the protein and fatty acid portions is
231 affected by pH and ionic environment and may contribute to how the complex is
232 formed.

233 Even though the oleate solutions were turbid no precipitation occurred. The NaOle
234 aggregates distribute themselves over a range of sizes depending on the concentration
235 present. The NaOle aggregates are all much larger than the α -la and the particles
236 present in the α -la NaOle mixtures, making it unlikely that there are two different
237 particles of a similar size present in the α -la NaOle mixtures. The immediate
238 association of the NaOle with the α -la present means that it may not be necessary to
239 unfold the protein to form a complex. Also the size of the aggregates continued to
240 increase up to the 20 fold molar excess that was added.

241 Initially when BAMLET/HAMLET was made it was reported that there was a 1:1 ratio
242 of oleic acid to protein (Svensson, et al., 2003), this value has been subsequently

243 discounted and a variety of values have been reported. Typical values for complexes
244 produced using a chromatographic method range from 4 (Brinkmann, et al., 2011;
245 Pettersson-Kastberg, et al., 2009) to 14 (Brinkmann, et al., 2011) oleic acid molecules
246 per α -la. In the present study it can be seen that the size of the particles present continue
247 to increase up to a 20 molar excess of NaOle. The BAMLET samples in previous
248 studies had been extensively dialysed before the oleic acid content was measured; this
249 suggests that while the NaOle initially associates with the α -la it may be loosely bound
250 and disassociate during dialysis. The association of NaOle with α -la prior to heating is
251 significant as it supports the hypothesis that α -la is acting as a solubilisation agent for
252 oleic acid (Permyakov, et al., 2011; Tolin, et al., 2010). Previous authors had assumed
253 that to form complexes the concentration of oleic acid had to be at concentrations
254 below its cmc (Permyakov, et al., 2011). The dynamic light scattering results appear to
255 discount these concerns as the NaOle is associating with the protein when present at
256 concentrations far in excess of its cmc. While the NaOle may associate with α -la at
257 room temperature, unfolding the protein by heating may allow the NaOle to bind to
258 areas that are not exposed at room temperature.

259 A solution of 3 gL⁻¹ (0.21 mM) α -la and 1.06 mM NaOle (five fold excess) was used as
260 an example of a typical mixture used to create protein/NaOle complexes (Brodkorb, et
261 al., 2010; Liskova, et al., 2011). As the solution was heated from 20 to 60 °C there was
262 no measurable change in the diameter of the particles present (Figure 2A.). Subsequent
263 cooling of the mixture to 20°C did not change the particle size either. The same is true
264 of the control sample containing 3 gL⁻¹ α -la. These measurements were made while
265 heating the protein solutions *in situ* in the DLS instrument. When samples that had been
266 heated under the conditions previously used for the preparation of complexes
267 (Brodkorb, et al., 2010; Liskova, et al., 2011), 60°C 1h, and cooled were measured the

268 diameter of the particles were the same as those heated *in situ*. There was a small
269 increase, ~0.3 nm, in the diameter of the control α -la sample when they were heated at
270 60°C for 1h.

271 Using the same heating regime, 60°C 1h, the particle size of 3 gL⁻¹ α -la with 0 to 20
272 molar excess (4.2mM) of NaOle added was measured before and after heating. Heating
273 the solutions had no significant effect at any NaOle concentration (Figure 2B.).
274 Statistically the concentration of NaOle had an effect on particle diameter while heating
275 the solution had none. It is possible that the heating and cooling cycle causes some of
276 the NaOle to be trapped within the core of the protein without changing the diameter
277 significantly but leading to some NaOle being bound in the core of the protein
278 molecule.

279 As discussed above changes in particle size were observed at concentrations of NaOle
280 above the quantities previously found bound to α -la in BAMLET. Intrinsic fluorescence
281 was used to probe whether the tertiary structure of α -la was affected by the binding of
282 NaOle and the temperature dependence of the binding. Due to differences in the
283 sensitivity of the techniques much lower concentrations were used for the fluorescence
284 measurements, however in all cases the NaOle concentration was above the cmc of
285 NaOle in PBS (pH 7.4). At 10°C the addition of a 20 molar excess of NaOle brought
286 about a 6.9 ± 1.9 nm red shift in the emission wavelength (Figure 3). At 25 and 35 °C
287 the addition of NaOle had a larger shift in the emission wavelength, 10.8 ± 0.9 and
288 9.9 ± 0.9 nm respectively. At higher temperatures where the protein is more unfolded,
289 the addition had a smaller effect on the emission wavelength, only a 3.1 ± 1.4 nm shift
290 at 45°C. At 55 and 60 °C the addition of NaOle did not significantly affect the emission
291 max (data not shown). The increase in the emission was not linear over the range
292 studied. The maximum fluorescence wavelength as a function of NaOle molar excess

293 produced curves with two linear regions. Initially there was a rapid increase in the
294 emission maximum as NaOle was added, after which further addition of NaOle did not
295 significantly affect the emission maximum. Straight lines were fitted to these regions
296 and the intercept calculated. The intercept of the two lines was found to be at a molar
297 excess of 11.2, 8.3, 8.9 and 8.1 at 10, 25, 35 and 45 °C respectively. These values are
298 significant as they are close to the binding stoichiometries previously reported for the
299 production of HAMLET/BAMLET using similar approaches to those employed here
300 (Knyazeva, et al., 2008; Permyakov, et al., 2011). However, the dynamic light
301 scattering data in Figure 1 suggests that NaOle continues to bind or at least be
302 associated with α -Ia above these quantities. It is possible that the NaOle is binding in at
303 least two different sites or by two different means. Initially the NaOle is binding in a
304 location close to the tryptophan residues, as the quantity of NaOle increases the NaOle
305 is binding in locations that no longer affect the tryptophan fluorescence possibly
306 loosely associated at the surface of α -Ia. In the preparation of HAMLET/BAMLET a
307 dialysis step is applied, in the chromatographic methods this is to remove the salts
308 present; however, loosely bound NaOle may also be removed during this step leaving
309 only the more tightly bound NaOle. This could explain the discrepancies between the
310 dynamic light scattering and fluorescence results reported here and the quantity of oleic
311 acid found in the preparation of HAMLET/BAMLET in other studies.

312 At 60°C α -Ia partially unfolds; therefore it is surprising that a larger change in the
313 fluorescence spectrum is not observed during the titration of α -Ia with NaOle at 60°C.
314 During the preparation of BAMLET using NaOle solutions were heated to 60°C for 1
315 hour and rapidly cooled upon ice to refold the protein (Brodkorb, et al., 2010). The re-
316 folding may trap the NaOle within the core of the α -Ia forming the complex, making the
317 cooling step the most important in the formation of BAMLET. This means that even if

318 there are no changes observed in the fluorescence spectrum at 60°C some may still
319 occur during cooling. To see if this was the case mixtures of α -la and NaOle were
320 heated at 60°C for 1 hour and then cooled on ice. The fluorescence spectrum before and
321 after heating was measured at room temperature. The addition of NaOle prior to heating
322 brought about a red shift in the emission spectrum. As was observed with the
323 fluorescence spectra at other temperatures, λ_{max} did not change significantly after the
324 addition of 10 or more molar excess of NaOle (Figure 4A). The same can be said for
325 the intensity at λ_{max} (Figure 4B). Heating the solutions and cooling them only brought
326 about a very small increase in the λ_{max} , <3 nm. The increases in intensity are also very
327 small, < 15%. In fact the largest change in intensity occurs in solution which contained
328 no NaOle. Overall the quantity of NaOle added had a more significant effect on the
329 fluorescence than heating the samples. There are four tryptophan residues in α -la
330 located at positions 26, 60, 104 and 118. In the native conformation these are buried in
331 the core of the protein. Quenching studies have shown that two of the residues are more
332 readily accessible (Lala and Kaul, 1992), it is likely that it is the fluorescence of these
333 residues that is most affected by the presence of oleate. At temperatures above 35°C
334 apo α -la is partially unfolded which may allow oleate access to the remaining
335 tryptophan residues. However, the intercept of the two linear regions of the max
336 wavelength plot (Figure 3) does not increase significantly at 35 and 45°C. Thus it
337 seems unlikely that additional oleate molecules bind in the region close to these
338 residues. Furthermore Figure 4. shows that unfolding the protein in the presence of
339 oleate by heating it to 60°C and cooling does not have a large affect on the
340 fluorescence, suggesting that any oleate trapped in the core of α -la by this process does
341 not bind in locations close to the tryptophan residues (if at all).

342 The heat stability of α -la was studied using DSC. The 100 gL⁻¹ α -la solution showed
343 two endotherms centred at 38°C and 66°C (Figure 5A). These correspond to published
344 values for apo and holo α -la unfolding (Boye, Alli, & Ismail, 1997). The addition of
345 NaOle brought about a decrease in the size of the endothermic peak; initially the less
346 thermally stable, more unfolded, apo α -la is affected (Figure 5B). There was a linear
347 decrease in the enthalpy of apo α -la, albeit over a relatively low concentration range.
348 Extrapolation of the graph would suggest that 2.8 NaOle molecules would be required
349 to stabilise the apo α -la fully. There was also a decrease in the peak top temperature for
350 both apo and holo α -la as the concentration of NaOle increased, suggesting that NaOle
351 decreases the thermal stability of both apo and holo α -la (Figure 5C). A previous study
352 had found one binding site for oleic acid on apo α -la but no effect in holo α -la
353 (Barbana, et al., 2006); the results for DSC support this to an extent with a decrease in
354 the size of the apo α -la endotherm. The decrease in the denaturation temperature of holo
355 α -la shows that there may be an interaction occurring between it and NaOle also. Both
356 the particle size data and the fluorescence show that unfolding is not necessary for an
357 interaction to occur between the protein and oleate. However, the decrease in T_m
358 suggests that oleate is binding to α -la in its unfolded state, again raising the possibility
359 of oleate molecules binding in the core of α -lactalbumin without significantly affecting
360 tryptophan fluorescence or particle size.

361 The DSC results show that NaOle has an effect on the unfolding of α -la; FTIR
362 spectroscopy was used to see if this effect could be observed in the secondary structure
363 of the protein. As the protein solution was heated changes in the in the amide I region,
364 similar to those observed by other studies during the heat denaturation of α -la, occurred
365 (Figure 6A). The presence of a five molar excess of NaOle did not significantly effect
366 this unfolding as a function of temperature (Figure 6B). While some structural changes

367 could be observed while the protein NaOle mixtures were being heated, all the changes
368 were reversible upon cooling. Mixtures of α -la and NaOle which had been heated to
369 60°C for 1 hour and cooled on ice showed no structural differences between the
370 samples pre-heating and post heating and cooling (Results not shown).

371 The nature of the interactions between NaOle/oleic acid with α -la are unclear. Given
372 the possible negative charge on the NaOle it is possible that the interactions could arise
373 from electrostatic attraction. Any charge related interactions would be highly
374 influenced by pH. The results in Figure 7 show that as a mixture of α -la and NaOle is
375 titrated with HCl, changes are observed in the turbidity (O.D. 600 nm). At high pHs the
376 NaOle solution is clear; reducing the pH below 8.5 causes an increase in turbidity, the
377 NaOle solution remains turbid as the pH is further decreased. The α -la solution is clear
378 at pHs above 5.5. At values close to the pI of α -la the solution becomes turbid but once
379 the pH is decreased below 4.5 the solution becomes clear again. This turbidity is due to
380 the reversible aggregation of the apo α -la present. Mixtures of α -la and NaOle are clear
381 above pH 5.9 but become turbid below this pH and remain turbid as the pH further
382 decrease to pH 2.0. There is a small increase in turbidity between pH 7.0 and 6.0, which
383 may be due a rearrangement of the complex as the negatively charged oleate becomes
384 protonated to form oleic acid. An increase in the particle size can also be observed in
385 this pH range (Figure 7C) The particle size (dynamic light scattering) of the α -la and
386 the mixture of α -la and NaOle were measured at intervals during the titration. The
387 regions where the turbidity was highest were not soluble so no particle size
388 measurements were made at these pHs. The α -la solution shows an increase in particle
389 diameter at the pHs closest to the pI but the particle reduces back to the original size as
390 the pH is further decreases. In the case of the α -la NaOle mixture a similar increase in

391 particle size is observed but as the pH is decreased below the pI there is only a small
392 decrease in particle size.

393 These results indicate that there is an interaction between α -la and NaOle at between
394 pH 5.8 and 8.5. It is worth noting that even though the net charge of α -la is negative in
395 this pH range, there are many amino acids with positively charged residues (Arg, Lys
396 and His) located on the protein surface available to participate in electrostatic
397 interactions with negatively charged NaOle. Furthermore these charged amino acid
398 residues may not be located near the tryptophan or tyrosine residues. Therefore, binding
399 of oleate would have little or no effect on intrinsic fluorescence, which could go some
400 way towards explaining the differences observed between the fluorescence study and
401 the dynamic light scattering study. The pI of α -lactalbumin is approximately 4.5 (Zittle,
402 1956). In this pH region the solution is turbid and it is not possible to determine if any
403 interaction is occurring between the protein and NaOle/oleic acid. Below the pI, the α -
404 la/NaOle mixture remains turbid and the particle size is large. Below \sim pH 3.5 the
405 turbidity and particle size of the mixture is less than that of α -la alone, indicating that
406 there may still be some interactions occurring between the protein and oleic acid. In this
407 region the protein would have an overall positive charge but the NaOle is fully
408 converted to the non charged, poorly soluble oleic acid form. If these solutions are let to
409 stand the oleic acid phase separates out of the solution.

410 **Conclusions**

411 The results outlined in this study show how α -la and oleic acid or its salt oleate can
412 interact under various conditions. The results provide further evidence α -la/oleate
413 complexes can have various structures and stoichiometries, thereby changing the
414 possible bio-function of the complex, such as those demonstrated for
415 BAMLET/HAMLET. α -La also seemed to facilitate the solubilisation or dissociation of

416 large aggregates of fatty acid salts, which are present at concentrations above the
417 critical micelle concentration. The interaction between the protein and oleate appears to
418 be highly pH dependent, pointing towards the importance of electrostatic interactions,
419 most likely combined with hydrophobic interactions. As fatty acids are known
420 cytotoxic compounds, globular proteins such as β -lactoglobulin (Liskova, et al., 2011)
421 and α -la could be seen as a means of dissolving higher amounts of fatty acid and
422 thereby acting as delivery vehicles to the cells, a hypothesis that needs to be
423 substantiated by more details cytotoxicity studies using complexes such as those
424 presented in the current study.

425

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520

521 **Figure legends**

522 **Figure 1.** (A) Hydrodynamic diameter of the particles present in a 3 gL^{-1} (0.2 mM) α -la
523 solution titrated with NaOle. Insert shows the volume distribution of particle diameters
524 within the samples. (B) The volume distribution of particle diameters within NaOle at
525 the concentrations used in figure 1A in the absence of α -la. All measurements were
526 made in PBS.

527

528 **Figure 2.** Effect of temperature and NaOle concentration on particle size. (A) Diameter
529 during heating *in situ* 3 gL^{-1} α -la (squares), 3 gL^{-1} (0.212 mM) α -la 1.06mM NaOle (5
530 molar excess) (circles). Shapes not filled represent samples which had been heated to
531 60°C *in situ* and cooled to 20°C (for representation purposes, these two data points
532 were off-set by 2 degrees). Gray shapes represent samples heated at 60°C for 1h in a
533 waterbath. (B) Diameter at 20°C of 3 gL^{-1} α -la with various excesses of NaOle added,
534 before (dotted bars) and after (stripped bars) heating at 60°C for 1h and cooling on ice.
535 All experiments carried out in PBS solution and the error bars represent the standard
536 deviation of three replicates.

537

538 **Figure 3.** Fluorescence of $25 \mu\text{M}$ α -la titrated with NaOle at a range of temperatures,
539 excitation wavelength 280nm. The graph shows the wavelength of the point of
540 maximum intensity when the fluorescence spectrum is fitted to a Gaussian curve. 10°C
541 (diamonds), 25°C (circles), 35°C (squares) and 45°C (triangles). The lines represent
542 possible linear fits to the two regions of the curve.

543

544 **Figure 4.** The maximum wavelength (A) and intensity (B) from a Gaussian fit of the
545 fluorescence spectrum (20°C , excitation wavelength 280 nm) for α -la with various

546 excesses of NaOle added. Samples were measured prior to heating (dotted bars) and
547 after heating at 60°C for 1 hour and subsequent cooling (striped bars).

548

549 **Figure 5.** DSC profiles of 100gL⁻¹ α-la in PBS with various quantities of NaOle added.
550 (A) Heat flow profiles, the curves have been off-set on the vertical axis to aid in the
551 visualisation of the data. (B and C) Change in enthalpy and peak top temperature as a
552 function of NaOle concentration apo α-la (squares) and holo α-la (circles).

553

554 **Figure 6.** Changes in the amide I region of the FTIR spectra of (A) 10 gL⁻¹ α-la and (B)
555 10 gL⁻¹ α-la with 3.5 mM NaOle (5 fold molar excess) as a function of temperature.
556 The spectra shown have the spectrum of the sample at 20°C subtracted, to highlight the
557 regions where the changes are occurring.

558

559 **Figure7.** The titration of solutions of α-la, NaOle and mixtures of the two with HCl.
560 (A) The turbidity (O.D. 600 nm) of the solutions as a function of pH. 10 gL⁻¹ α-la
561 (triangles), 10 gL⁻¹ a-la 7mM NaOle (circles), 7mM NaOle (squares). Particle size
562 (dynamic light scattering) of 10 gL⁻¹ α-la (B) and 10gL⁻¹ α-la 7mM NaOle (C) at a
563 range of pHs.

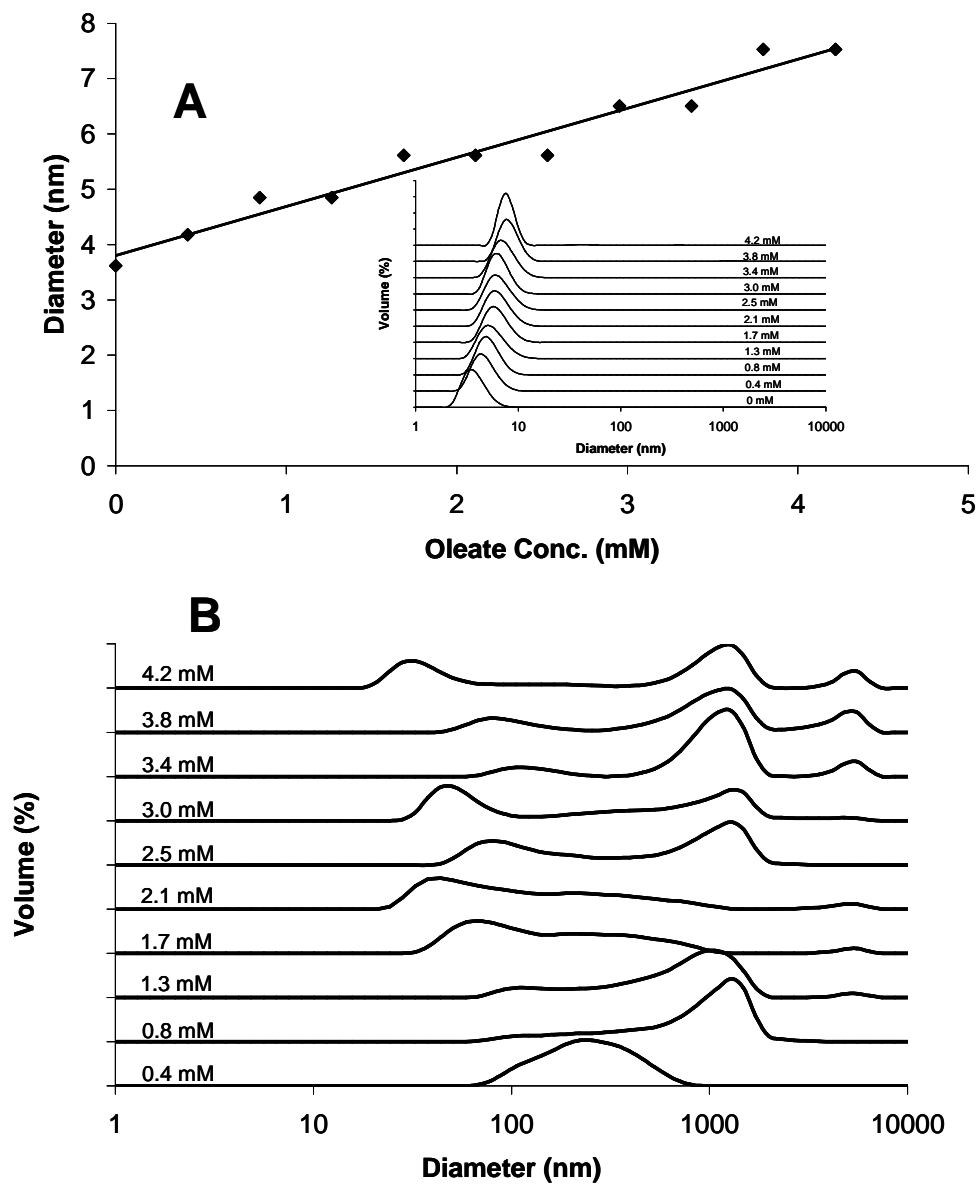
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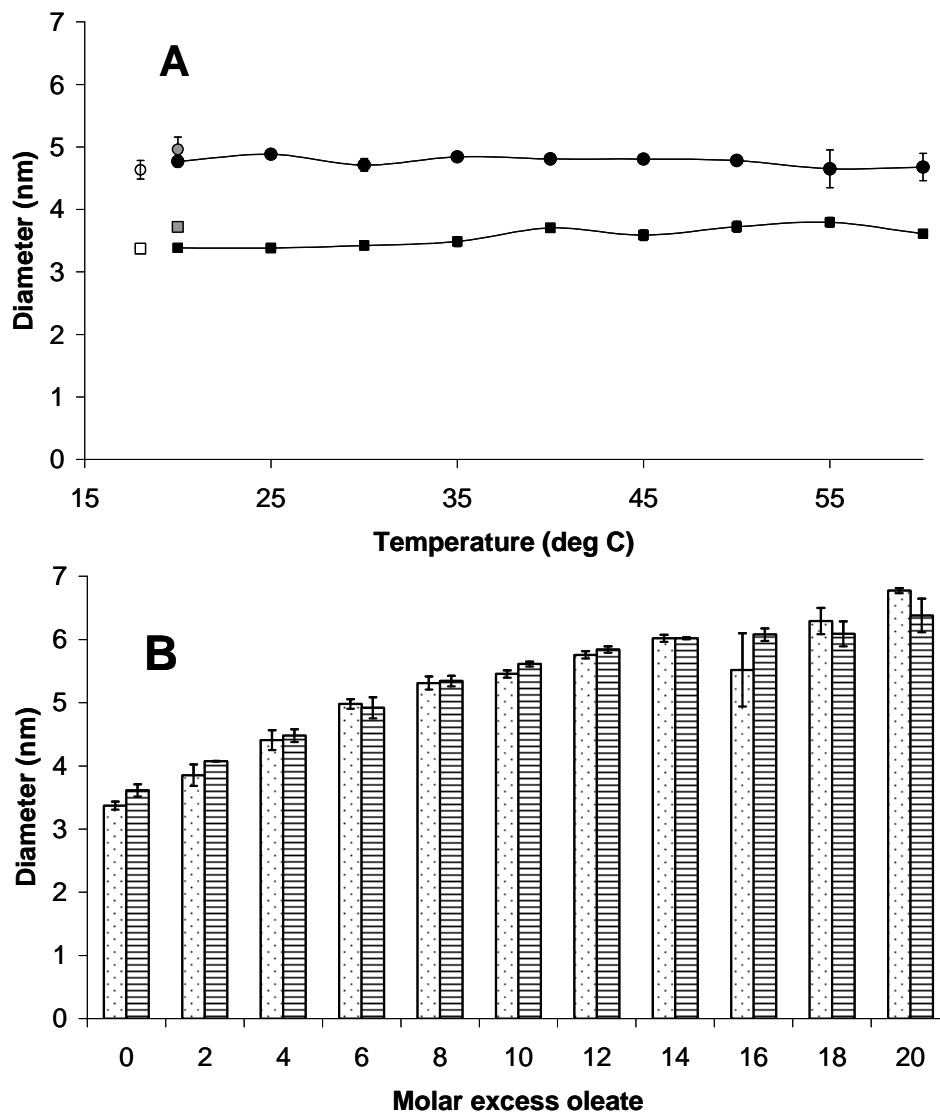
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571 **Figure 1.**

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574 **Figure 2.**

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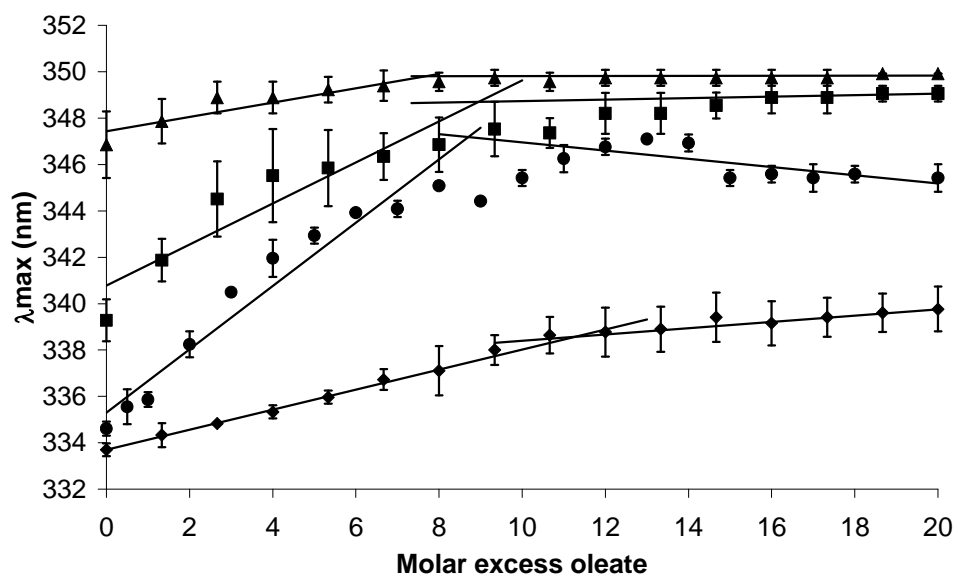
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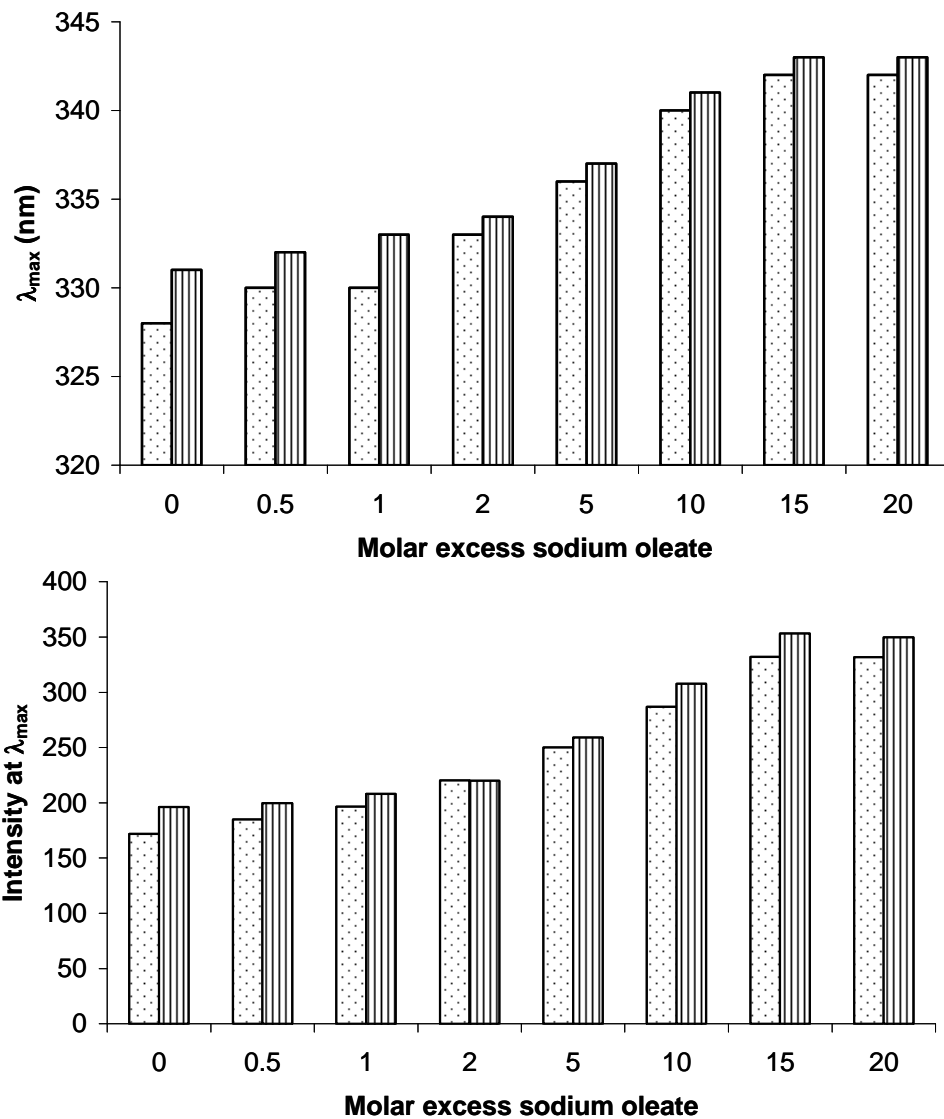


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584 **Figure 3.**

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588 **Figure 4.**

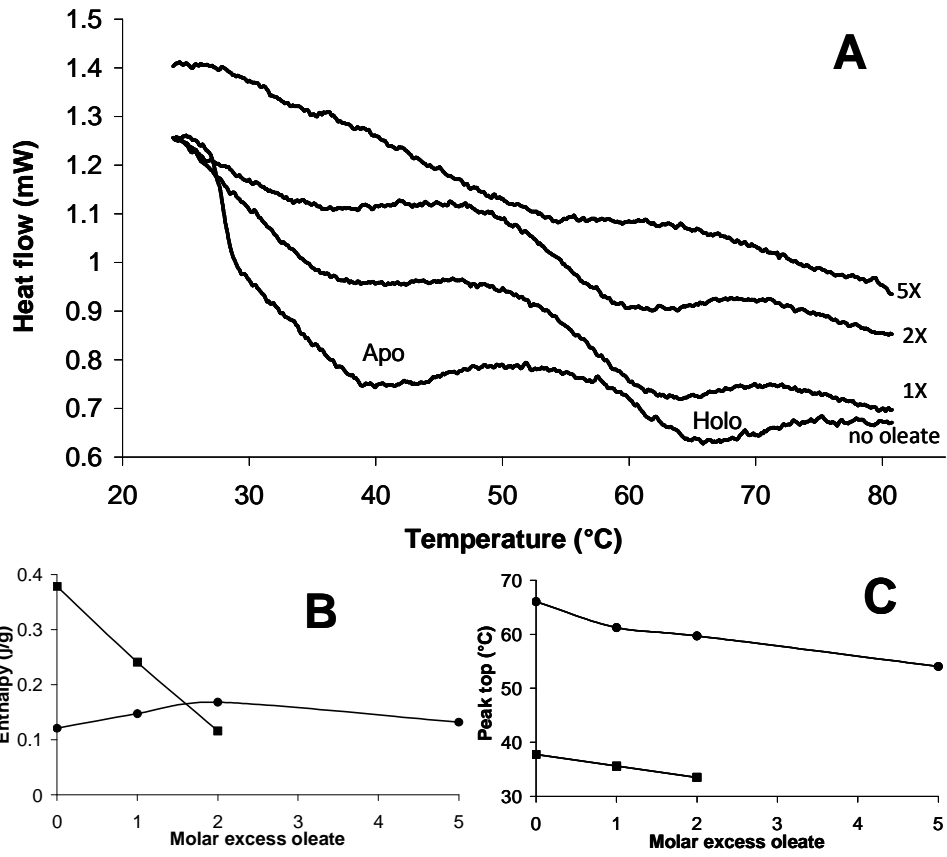
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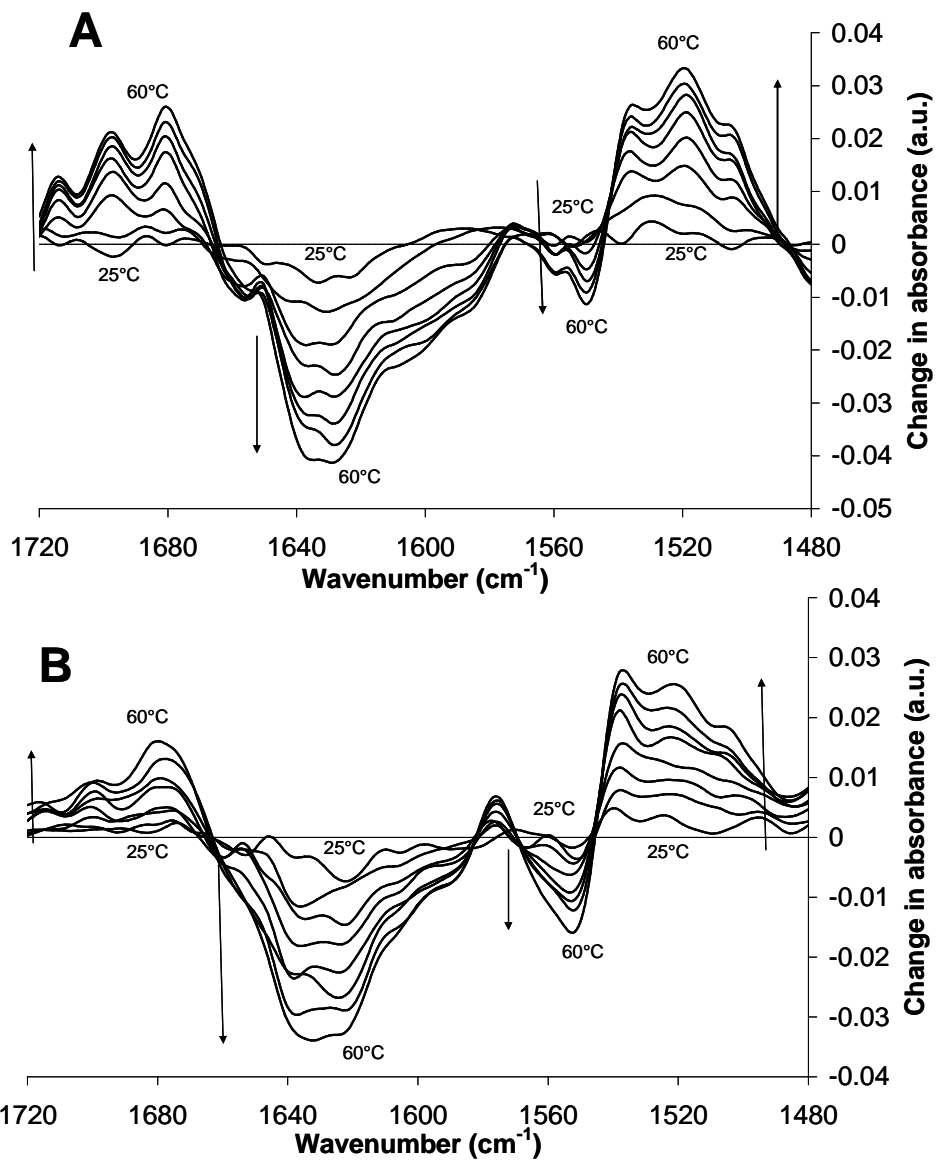
595 **Figure 5.**

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601 **Figure 6.**

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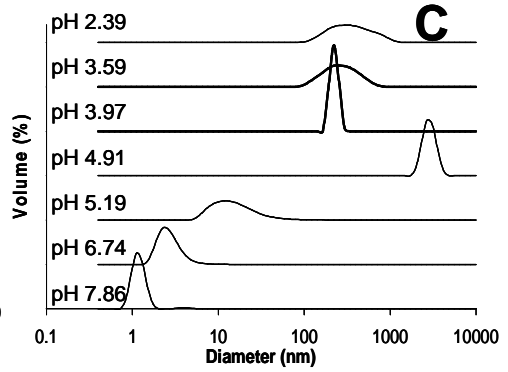
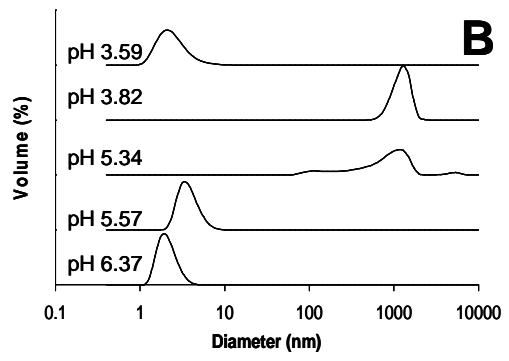
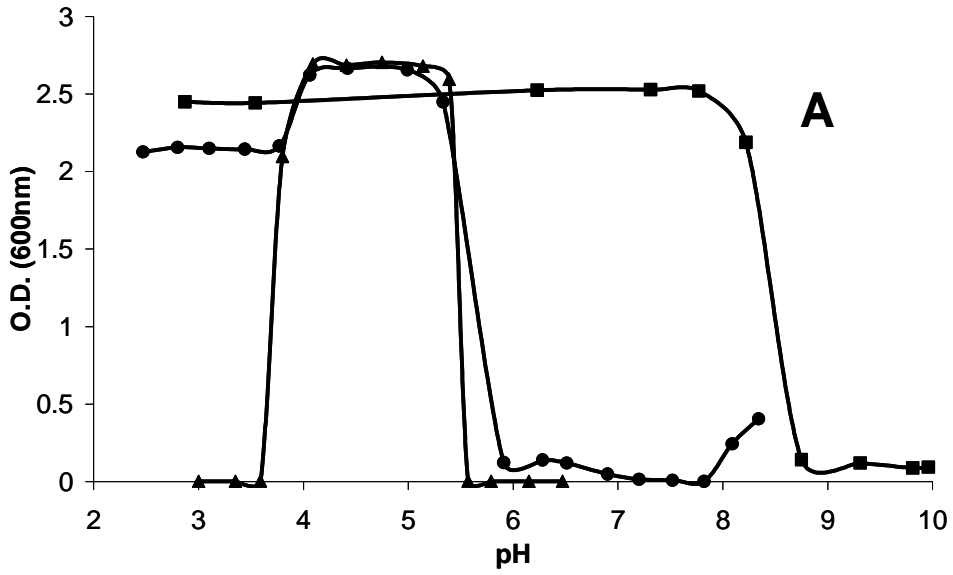
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610 **Figure 7.**

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