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The final publication is available at <http://link.springer.com>.

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18 **Formation of non-native β -lactoglobulin during heat-induced denaturation**

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41 **ABSTRACT**

42 A mechanism describing the denaturation and aggregation behavior during heat-
43 treatment of pure β -lactoglobulin and β -lactoglobulin in whey protein isolate (WPI)
44 under selected conditions (20 to 90 gL⁻¹ in water at pH 7.0, 78 °C) is presented. A
45 combination of reversed-phase and gel permeation chromatography was used to study
46 the disappearance of native β -lactoglobulin and the formation of non-native
47 intermediates in the aggregation process. The mean reaction order for pure β -
48 lactoglobulin and β -lactoglobulin in WPI were the same, 1.4. While the rate of β -
49 lactoglobulin denaturation was greater in WPI there was less aggregation compared to
50 that of pure β -lactoglobulin. More of the β -lactoglobulin in WPI remained in a non-
51 native monomer intermediate state after 30 min of heating. After an initial lag period,
52 during which non-native monomers appeared, aggregates formed and rapidly reached
53 a plateau in terms of their size. These aggregates were visualized using atomic force
54 microscopy. There was no significant effect of protein concentration on either
55 aggregate size or the number of exposed sulfhydryls in the heated solutions.

56

57 **KEYWORDS**

58 Whey proteins, denaturation/aggregation kinetics, thiols, stable intermediates.

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63 **INTRODUCTION**

64 The heating and denaturation of whey proteins is an important process in conferring
65 functional properties on them. As the proteins are heated, they unfold and form
66 soluble aggregates. If heating is continued, then the aggregates start to form a gel

67 network. The aggregation occurs via covalent intermolecular disulfide bonds and non-
68 covalent interactions such as van der Waals, ionic and hydrophobic interactions.
69 Factors such as protein concentration, pH, salt and ionic strength can affect the
70 formation of the gel network.

71 It has been shown previously that the number of free thiol groups rather than the size
72 of the aggregates was key in determining the characteristics of whey protein gels¹. As
73 there are no exposed sulfhydryls in native β -lactoglobulin, the kinetics of β -
74 lactoglobulin unfolding and aggregation is important for determining the
75 characteristics of cold-set whey protein gels.

76 The kinetics of denaturation of β -lactoglobulin has been extensively studied using a
77 wide variety of conditions, e.g. in whey protein isolates, milks, milk salts, various
78 pH's etc. Roefs and de Kruij² put forward the theory that upon heating
79 β -lactoglobulin, the denaturation kinetics is analogous to a radical addition
80 polymerization reaction. Using concentrations of β -lactoglobulin between 2 gL⁻¹ and
81 95 gL⁻¹ at pH 6.75-6.95 they found that β -lactoglobulin denaturation closely fitted the
82 predicted curves with a reaction order of 1.5. Dannenberg and Kessler³ found
83 β -lactoglobulin has a reaction order of 1.5 in skim milk, while a recent study by
84 Claeys et al.⁴ found that β -lactoglobulin denaturation followed first order kinetics in
85 heated milk. Croguennec, O'Kennedy & Mehra⁵ reported higher reaction orders, 1.96
86 and 1.98 for β -lactoglobulin A and B, respectively. They also reported that the
87 presence or absence of NaCl or CaCl₂ altered the reaction order. Oldfield, Singh &
88 Taylor⁶ found that β -lactoglobulin denaturation in whey protein-depleted milks had a
89 higher reaction order than in whey protein-enriched milks. When β -lactoglobulin was
90 denatured in the presence of CaCl₂ at pH 7, the rate-limiting step was the aggregation
91 step, resulting in an overall second-order reaction.

92 The initial step in the denaturation/aggregation pathway of β -lactoglobulin is the
93 unfolding of β -lactoglobulin and the formation of a non-native monomer. The
94 presence, after heating, of a monomeric species which has different characteristics to
95 the native β -lactoglobulin was observed previously⁷. Croguennec et al. showed that
96 the rearrangement of the disulfide bonds in β -lactoglobulin occurred causing the
97 formation of non-native monomeric protein⁸.

98 The reaction kinetics of β -lactoglobulin is greatly dependent on the temperature at
99 which the protein is heated. There is a bend in the Arrhenius plot at $\sim 90^\circ\text{C}$; below this
100 temperature the rate of β -lactoglobulin unfolding limits aggregation reactions, at
101 higher temperatures the β -lactoglobulin rapidly unfolds and the aggregation step is
102 rate limiting⁹. Using DSC the same study showed the endotherm for β -lactoglobulin
103 unfolding was centered between 75 and 80°C .

104 Many of the functionalities (in particular thickening and gelation) of whey proteins
105 are dependent on the denaturation and aggregation of the protein, the role and
106 importance of disulfide bonds in the aggregation and gelation processes is still
107 debated. Hoffmann and Van Mil¹⁰ showed that aggregate formation in
108 β -lactoglobulin, heated at 65°C , occurred mainly by covalent disulfide linkages.
109 However, a recent study showed that blocking the free sulfhydryl groups present did
110 not alter the rate of protein denaturation at β -lactoglobulin concentrations of 60 gL^{-1} ,
111 but at 10 gL^{-1} protein the rate of denaturation significantly decreased when the
112 sulfhydryl groups were blocked¹¹. The same paper reported no significant effect on
113 the strength of gel formed by blocking the sulfhydryl groups before heating. The
114 addition of BSA, a protein containing 17 disulfide bonds and one free sulfhydryl
115 group, to β -lactoglobulin affected the order and rate of β -lactoglobulin denaturation.

116 BSA was also shown to have a detrimental effect on gel strength under certain
117 conditions¹².

118 As β -lactoglobulin has no exposed sulfhydryl in its native state the unfolding of the
119 protein and subsequent rearrangement of the disulfide bonds giving rise to a species
120 with an exposed sulfhydryl may be the most important step in β -lactoglobulin
121 functionality. This study examines the quantities of this non-native monomeric
122 species in β -lactoglobulin and WPI solutions as a function of heating time and protein
123 concentration.

124 **MATERIALS AND METHODS**

125

126 ***β -Lactoglobulin***

127 Pure β -lactoglobulin was prepared in house (Moorepark Food Research Centre,
128 Moorepark, Fermoy, Co. Cork, Ireland) by a modification of the method developed by
129 Pearce¹³. Instead of whey a 12% (w/v) solution of WPC 70 (Lakeland Dairies,
130 Ireland) was used as the starting material for the purification process. The β -
131 lactoglobulin fraction was subjected to diafiltration and concentration using a 5,000
132 Da ultrafiltration membrane (Millipore). The protein was freeze-dried rather than
133 spray dried to minimize any denaturation of the proteins. The powder was 88%
134 protein by Kjeldahl. Prior to use the powder was resolubilized in Milli-Q water,
135 adjusted to pH 4.6 and centrifuged at 32,000g to remove denatured protein. The pH of
136 the protein solutions was adjusted to pH 7.0 with NaOH and extensively dialyzed
137 (MWCO 8000 Da) against water to standardize the ionic strength. The conductivity of
138 the dialyzed protein solutions was 500-700 $\mu\text{S}/\text{cm}$ at a concentration of 50 gL^{-1} . After
139 dialysis the protein concentration was determined by reversed-phase HPLC, using a
140 SourceTM 5RPC (150 \times 4.6 mm) column (Amersham Biosciences), 0.1% TFA in water

141 (solvent A) and 90% Acetonitrile 0.1% TFA (solvent B) were used for the separation.
142 The following gradient was used to elute the proteins: 0-3 min 40% B, increased to
143 52% over 16 min, increased to 70% over 3 min, increased to 100% over 1 min and
144 held for 5 min. A flow rate of 1 mL min⁻¹ was used. The HPLC system consisted of a
145 Waters 2695 separation module and a Waters 2487 dual wavelength absorbance
146 detector. The data was acquired and processed using Waters Empower® software. β-
147 Lactoglobulin, α-lactalbumin and BSA standards (Sigma Aldrich, Ireland) were used
148 to calibrate the method. The purified protein preparations contained > 98% β-
149 lactoglobulin and < 2% α-lactalbumin when analyzed by this method.

150

151 **WPI**

152 Whey Protein Isolate was obtained from Davisco Foods International, (Le Sueur,
153 MN). A solution of the WPI was prepared, adjusted to pH 4.6 and centrifuged at
154 32,000 g to remove denatured material. The supernatant was adjusted to pH 7.0,
155 freeze-dried and stored in the freezer until used. The powder contained 92.6% protein
156 by Kjeldahl. Prior to use, the WPI was extensively dialyzed against water and the
157 protein content measured using the RP-HPLC method described in the previous
158 section. The protein content of the powder was 85% β-lactoglobulin and 15%
159 α-lactalbumin.

160 ***Kinetics of denaturation of β-lactoglobulin***

161 Protein solutions, ranging in concentration from 20 to 90 gL⁻¹, were filtered through a
162 0.22 μm syringe filter and heated in a water-bath at 78°C in sealed screw-top test
163 tubes. Aliquots of 100 μL were removed at time 0, 1, 2, 5, 10, 15, 20, and 30 min and
164 cooled on ice. The aliquots were diluted in an acetic acid buffer pH 4.6 and
165 centrifuged at 20,000g for 20 min. The native β-lactoglobulin remaining in the

166 supernatant was quantified by reversed-phase HPLC using the method outlined above.

167 The denaturation rate, k , of β -lactoglobulin is related to the reaction order, n by the

168 following equation,

$$169 \quad dC/dt = kC^n ,$$

170 where C is the concentration of native protein. This equation is integrated to give,

$$171 \quad (C_t/C_0)^{1-n} = 1+(n-1)kt \text{ (for } n>1),$$

172 where C_t is the native β -lactoglobulin concentration at time t and C_0 is the initial

173 β -lactoglobulin concentration. Further rearranging gives,

$$174 \quad C_t/C_0 = [1+(n-1)kt]^{1/1-n} .$$

175 The natural log of this equation was taken,

$$176 \quad \ln(C_t/C_0) = [1/(1-n)]\ln[1+(n-1)kt]. \quad \text{(Equation 1)}$$

177 Logging decay data such as this equalizes the data per unit time and reduces error

178 when solving the equations. The reaction orders and rates were determined by fitting

179 the experimental data to Equation 1. All experimental points were included in the

180 curve fit; this is reasonable considering the rapid heating-up time of the protein

181 solution, the solutions had reached 78°C within one min. Introducing a lag-time to the

182 data did not significantly alter the results obtained. The data were also fitted to the

183 first order decay equation,

$$184 \quad \ln(C_t/C_0) = -kt \quad \text{(Equation 2)}$$

185 to test for the possibility of first order kinetics.

186 *Dynamic light scattering (DLS)*

187 Protein solutions (β -lactoglobulin or WPI) were heated and aliquots removed at time

188 intervals as described above. All samples were diluted to a concentration of 10 gL⁻¹

189 protein using Milli-Q water prior to analysis. The hydrodynamic diameter of the

190 aggregates was determined using a Zetasizer Nano system (Malvern Instruments Inc.,
191 Worcester, UK). The measurements were carried out at 25°C using a scattering angle
192 of 12°. The cumulative method was used to find the mean size of a particle that
193 corresponded to the mean of the volume distribution. The viscosity of the solvent was
194 assumed to be the same as water, given the low concentration of protein.

195 *Ellman's Assay*

196 To determine the amount of exposed sulfhydryl groups in the heated β -lactoglobulin
197 solutions, a variation of the assay developed by Ellman^{10, 14} was used. The protein
198 solutions were diluted to a concentration of 0.5 gL⁻¹ protein in a 50mM Tris-HCl
199 buffer pH 7.0. 2.75 mL of the diluted solution was placed in a cuvette and 0.25 mL of
200 a 1 gL⁻¹ 5,5'-dithio-bis(2-nitrobenzoic acid) (DTND) solution in 50mM Tris-HCl
201 buffer was added. The solutions were incubated at room temperature for 30 min prior
202 to reading the absorbance at 412nm. The molar extinction coefficient of free TNB,
203 14,150 M⁻¹cm⁻¹, was used to calculate the concentration of the sulfhydryl groups¹⁵.

204 *Gel permeation chromatography*

205 Gel permeation chromatography was used to follow the formation of aggregates in the
206 proteins solutions during heating. Heated samples were injected, 20 μ L of 0.5 gL⁻¹
207 protein, on a TSK G2000 column (TosoHaas, Montgomeryville, PA, USA) using a
208 50mM Tris-HCl buffer pH 7.0, at a flow rate of 1mL min⁻¹, as the eluent. The HPLC
209 system described above was used for the separation.

210 *Calculation of non-native monomers*

211 The difference in the concentration of monomeric protein determined by gel
212 permeation chromatography and native protein determined by precipitation at pH 4.6
213 and reversed-phase chromatography was attributed to the presence of non-native

214 monomers. As outlined in the introduction these species had been identified
215 previously but not been quantified.

216 *Atomic Force Microscopy*

217 The native and heated β -lactoglobulin/WPI was imaged by atomic force microscopy,
218 using an Asylum Research MFP-3DAFM (Asylum Research UK Ltd., Oxford, UK) in
219 AC-mode. All samples were deposited undiluted onto a freshly cleaved mica surface
220 and subsequently dried in a desiccator. An Aluminum reflex coated cantilever with a
221 tetrahedral tip (AC 240), spring constant of 1.8 Nm^{-1} (Olympus Optical Co. Ltd,
222 Tokyo, Japan), working frequency of 50-90 kHz, and scan rate of 1 Hz was used. The
223 radius of curvature of the tetrahedral tip was $10 (\pm 3) \text{ nm}$. Images were processed
224 using AFM imaging software Igor X.Y and Argyle Light for 3D images.

225 *Statistical analysis*

226 The denaturation kinetics experiments were carried out in triplicate. Each set of
227 experimental data was fitted according to Equation 1, to determine the reaction order
228 and rate for β -lactoglobulin denaturation. Using the three sets of results, an average
229 value and standard deviation was calculated for each protein concentration. Analysis
230 of variance (ANOVA) was carried out using Sigmastat (version 3.0; Jandel Scientific,
231 Corte Madera, CA, USA). Student-Newman-Keuls method, pairwise multiple
232 comparison procedures were used to determine differences between treatment means.
233 For the Ellman assay and the DLS analysis, the experiments were carried out in
234 duplicate. However, each measurement was made in triplicate. GPC measurements
235 were carried out in duplicates. The results were subject to the same statistical analysis
236 outlined above.

237

238 **RESULTS**

239 Results of the heat-denaturation (after 30 min) and subsequent gelation are
240 summarized in Table 1.

241 **β -lactoglobulin in H₂O**

242 The amount of denatured β -lactoglobulin (at pH 7.0, 30 min at 78°C) increased with
243 protein concentration. At 20 gL⁻¹ β -lactoglobulin only 61% of the protein was
244 denatured; at 90 gL⁻¹ all of the protein was denatured. The data showed a poor fit for
245 the first order kinetics equation except in the case of 90 gL⁻¹ β -lactoglobulin, which
246 fitted well to first order kinetics also. Overall the mean reaction order for the
247 remaining concentrations was 1.4 ± 0.2 .

248 The rate of β -lactoglobulin denaturation under the same conditions increased
249 significantly with protein concentration, from $0.77 \pm 0.23 \times 10^{-3}$ to
250 $4.71 \pm 0.09 \times 10^{-3} \text{ (gL}^{-1}\text{)}^{1-n}\text{s}^{-1}$ over the concentration range studied (Table 1). There was
251 a linear relationship between the rate of β -lactoglobulin denaturation and the initial
252 β -lactoglobulin concentration.

253 Upon heating the whey proteins began to form soluble aggregates, which were
254 monitored by dynamic light scattering (DLS) and by gel permeation chromatography
255 (GPC). Protein concentration had no significant effect on the size of the aggregates
256 formed in the solutions. At time zero the native β -lactoglobulin molecules were
257 measured at 1.45 ± 0.14 nm in diameter. This was significantly smaller than the
258 previously reported values of 4.08 nm in solution (at 0.1M ionic strength)¹⁶ or x-ray
259 crystallography¹⁷. The lower value may be because of the low ionic strength of the
260 system used, when β -lactoglobulin was measured in milk salts a hydrodynamic
261 diameter closer to those reported in the literature was found, 4.3 to 4.8 nm. It should
262 be noted that the measurements by DLS were at the lower limit of detection for the
263 instrument used in this study. Therefore, values in the single digit nanometer range

264 should be treated with caution. Figure 1. shows AFM images of the native β -
265 lactoglobulin prior to heating; the height profile shows a protein size of approximately
266 0.8 to 1.5 nm. Though due to the tight packing of the protein only a portion of the
267 protein molecule may be detectable by AFM; so the 1.5 nm may be closer to a radius
268 value than a diameter measurement.

269 The mean size of the aggregates after 30 min heating was 21.5 ± 3.3 nm, which is
270 substantially smaller compared to the reported particle sizes of heated β -lactoglobulin
271 in the literature. However, it should be noted that the starting material used in this
272 study was practically free of any denatured and aggregated material. Preliminary
273 experiments (data not shown) revealed significantly larger aggregates if min amounts
274 of denatured or aggregated material was present in the starting material. There was a
275 lag period longer than that of the heating delay (see Material and Methods) before
276 aggregation occurred. The first aggregates were observed to form between three and
277 ten min. The lag time was shorter in solutions containing higher protein
278 concentrations (Figure 2). The size of the aggregates reached a plateau at these times
279 and there was no significant change in the size of the aggregates during further
280 heating. This agrees with a recent study where the formation of aggregates was not
281 observed until seven min of heating had elapsed, the size of the aggregates obtained
282 also compared well with the present study¹⁸.

283 Gel permeation chromatography (Figure 3) showed a decrease in monomer and an
284 increase in aggregated β -lactoglobulin during heat-treatment. Integration of the
285 monomeric peak gave the concentration of β -lactoglobulin monomers. The amount of
286 aggregation was calculated by subtraction from the initial protein concentration. The
287 GPC results agreed with those of DLS; only little aggregation was detected during the
288 first five min of heating, after which an increase in aggregation was observed. The

289 amount of aggregates present after 30 min of heating increased logarithmically with
290 protein concentration, accordingly, the amount of monomer decreased exponentially.
291 Comparing reversed-phase and GPC-HPLC allowed for the quantification of non-
292 native monomers, some of which have been described previously^{8, 19}. Essentially
293 these species were formed by the first step of the aggregation mechanism, whereby
294 some irreversible unfolding and/or intramolecular disulfide interchange took place,
295 which gave rise to a non-native monomer. Previous studies had established the
296 presence of these species but had not quantified the amounts present. The non-native
297 monomer concentration initially increased as a function of heating time and then
298 decreased once aggregation commenced (Figure 4.). The amount of non-native
299 monomer present after 30 min decreased with increasing protein concentration (Table
300 1.).

301 As discussed in the introduction, the formation of intermolecular disulfide bonds is
302 thought to be critical in the aggregation process. In fact the kinetic model put forward
303 by Roefs and de Kruif² was based on the polymerization occurring through the
304 formation of disulfide bonds. For this reason the exposure of sulfhydryl groups as a
305 function of heating time was determined by the Ellman assay. The concentration of
306 the exposed sulfhydryl increased logarithmically with heating time. The concentration
307 of exposed sulfhydryl present in the samples after 30 min of heating was independent
308 of protein concentration under the conditions used for this study (Table 1).

309

310 **β -lactoglobulin denaturation in WPI at pH 7.0**

311 The α -lactalbumin protein was rapidly denatured upon heating. There was no native
312 α -lactalbumin detected (RP-HPLC) after 15 min of heating for any sample.

313 β -lactoglobulin denaturation in WPI was faster than in pure β -lactoglobulin systems.
314 The rate of denaturation increased significantly ($P \geq 0.05$) from $1.58 \pm 0.12 \times 10^{-3}$ to
315 $10.61 \pm 0.26 \times 10^{-3} (\text{gL}^{-1})^{1-n} \text{s}^{-1}$ as the protein concentration was increased from 20 to
316 90 gL^{-1} . The percentage of denatured β -lactoglobulin was greater in WPI than in pure
317 β -lactoglobulin. More than 80% of the β -lactoglobulin was denatured after heating for
318 30min regardless of the initial protein concentration.

319 The order for β -lactoglobulin denaturation in WPI under the conditions used in this
320 study was 1.4 ± 0.1 , the same as for pure β -lactoglobulin. There was no relationship
321 between order and protein concentration over the range studied (Table 1).

322 The mean aggregate size after 30 min heating was $23.7 \pm 4.3 \text{ nm}$, the same size as the
323 aggregates formed in pure β -lactoglobulin solutions. There was a shorter lag period,
324 compared to that in pure β -lactoglobulin, before aggregate formation started (Figure
325 2). The onset of aggregate formation occurred between two and three min. The gel
326 permeation results were more difficult to interpret in the case of WPI than for pure β -
327 lactoglobulin; the reason for this is that monomeric β -lactoglobulin (18 kDa) and
328 α -lactalbumin (14 kDa) co-elute on the GPC column. A double peak could be
329 observed in the unheated WPI GPC profile (Figure 3 B). As the sample is heated the
330 double peak changed into a broad monomer peak, where the right hand shoulder of
331 the peak (due to the presence of α -lactalbumin) decreased at a faster rate than the β -
332 lactoglobulin peak on the left of the monomer peak. The quantity of aggregate present
333 after 30 min of heating increased with increasing protein concentration (Table 1). The
334 amount aggregated was generally lower than that in pure β -lactoglobulin. The
335 concentration of non-native monomer was calculated as described above. However,
336 the presence of monomeric α -lactalbumin can effect the results. As mentioned above,
337 α -lactalbumin is denatured faster than β -lactoglobulin. When α -lactalbumin was heat

338 denatured in the presence of β -lactoglobulin it formed disulphide linked
339 homopolymers and heteropolymers with β -lactoglobulin^{20,21}. After 30 min of heating
340 α -lactalbumin may have only contributed a small amount to the monomer peak in the
341 heat denatured WPI samples because, originally only 15% of the WPI was α -
342 lactalbumin, it denatured rapidly and it was likely to have aggregated. The amount of
343 non-native monomer generally decreased as a function of protein concentration. At
344 protein concentrations from 20 to 80 gL⁻¹ the amount of non-native monomer present
345 after 30 min was significantly higher in WPI than in pure β -lactoglobulin. There was
346 also more non-native monomer present in the WPI solutions as a function of time than
347 in the pure β -lactoglobulin solutions (Figure 4).

348 The AFM image in Figure 5 shows an example of a protein aggregate formed in a 50
349 gL⁻¹ WPI solution heated for 30 min. The height of the aggregate was approximately
350 35 nm, which is somewhat larger than the particle size of 22 ± 2 nm determined by
351 dynamic light scattering. However, it is interesting to note that the aggregate is
352 surrounded by seemingly monomeric proteins; this could be either some of the
353 remaining native protein (6 ± 1 %) or non native monomers (17 ± 1 %). DLS could
354 not distinguish between monomers and aggregates of that size, however, the overall
355 mean diameter will appear smaller, which could explain the above discrepancy.

356 When the concentration of exposed sulfhydryl was calculated, only the concentration
357 of β -lactoglobulin in the samples was considered in the calculations as α -lactalbumin
358 has no free sulfhydryl. Sulfhydryl exposure was independent of protein concentration
359 as was the case in pure β -lactoglobulin (Table 1.). Like pure β -lactoglobulin, the
360 increase in exposed sulfhydryl in WPI was logarithmic.

361

362

363 **DISCUSSION**

364 The conditions used in this study were chosen so as to maximize the quantity of
365 β -lactoglobulin unfolding while limiting the rate at which aggregation was occurring.

366 To this end the temperature of 78°C was used as it falls within the temperature range
367 where unfolding is limiting the rate of the reaction; at this temperature the degree of
368 unfolding of the protein has an intermediate value^{9, 22}. Using low ionic strength and
369 neutral pH also limits aggregation²³. Finally removing any denatured material from
370 the solutions, by using a precipitation step at pH 4.6, also slows the rate of
371 aggregation.

372 The previously proposed mechanism predicted a reaction order of 1.5². However,
373 many authors reported different results when reaction orders were determined
374 experimentally; in general values between first order and second order have been
375 reported depending on the conditions used^{5, 6, 11, 23, 24}. The mean reaction orders of
376 pure β -lactoglobulin and β -lactoglobulin in WPI were 1.4 under the conditions used
377 here. The mean reaction order in milk-ultrafiltrate was significantly higher, 2.2 ± 0.6
378 (unpublished data). It is clear from the results presented here that the presence of α -
379 lactalbumin (as is the case in WPI) had no effect on the reaction order under the
380 conditions used here. A previous study found that BSA did have a significant effect
381 on reaction order¹². These results could be significant in relation to the role played by
382 disulphide bonds in the denaturation/aggregation process. BSA contains one free
383 sulfhydryl group while α -lactalbumin has none. For this study only one heating
384 temperature was used for the reasons outlined above. As mentioned in the
385 introduction the kinetics of β -lactoglobulin denaturation is greatly dependent on the
386 temperature of heating so heating at a higher or lower temperature could potentially
387 give rise to different denaturation kinetics.

388 There were also significant differences between the rates of denaturation of pure
389 β -lactoglobulin and of β -lactoglobulin in WPI; at the same protein concentrations the
390 rate of denaturation was higher in the WPI. The reaction rates were on the same order
391 of magnitude to those reported previously in pure β -lactoglobulin solutions^{5, 11}, the
392 lower concentrations had similar reaction rates to those reported in skim milk at pH
393 7.0 ($2.65 \times 10^{-3} \text{ s}^{-1}$)²⁵. The WPI solutions had been extensively dialyzed and any
394 denatured material removed prior to use, which means that the differences in reaction
395 rate are likely to be due to the difference in the protein content, α -lactalbumin.

396 The RP-HPLC results only measured the disappearance of native β -lactoglobulin. In
397 many of the previous studies only the disappearance of native β -lactoglobulin was
398 studied. Comparing the results from RP-HPLC and GPC gave a new insight into the
399 formation of the intermediates during the activation step of polymerization; the results
400 show that non-native, monomeric intermediates are present in the heated solutions at
401 significant concentrations under certain conditions. While previous studies had
402 identified non-native, monomeric intermediates, they were generally not quantified.

403 There was still a large portion of the β -lactoglobulin remaining native or as non-
404 native monomers after 30 min of heating, in the case of protein heated at lower
405 concentrations. This indicates that while β -lactoglobulin unfolding and the formation
406 of non-native monomers is occurring aggregation reactions are occurring at a slower
407 rate so the non-native monomers are not being used in propagation reactions to form
408 aggregates. In the WPI solutions the concentration of non-native monomer was
409 greater, meaning that the difference between the rate of β -lactoglobulin unfolding and
410 β -lactoglobulin aggregation was larger.

411 The role of α -lactalbumin in the denaturation/aggregation process is interesting; in the
412 case outlined here α -lactalbumin increased the rate of β -lactoglobulin denaturation

413 without affecting the reaction order. Even though α -lactalbumin lacks a free
414 sulfhydryl it has been shown to be involved in hetero- and homo-aggregates in the
415 presence of β -lactoglobulin via disulphide interchange reactions.

416 DLS results showed that during the first few min of heating there was no propagation
417 reactions. In agreement with this, the concentration of non-native monomer increased
418 during this period. Once the propagation reactions were underway the aggregates
419 rapidly reached a constant size. The size of the aggregates formed here were smaller
420 than previously reported results. This could be because of the very pure protein used
421 and the low ionic strength of the system. A more recent study found similar results to
422 those reported here¹⁸. The presence of α -lactalbumin did not alter the size of the
423 aggregates even though the rate of the reaction had increased. While the size of the
424 aggregates rapidly reached a maximum, the number of aggregates increased with both
425 heating time and protein concentration (determined by GPC).

426 The AFM analysis further supported the results obtained from gel permeation and
427 light scattering. The image of the unheated β -lactoglobulin show a sea of monomers
428 which are of the same height as those previously determined by x-ray crystallography
429 and by dynamic light scattering here. A previous study has determined that drying the
430 samples prior to AFM measurements did not effect the proteins when compared to
431 measurements made in liquid²⁶. The AFM image of the heated WPI solution shows an
432 aggregate surrounded by material which is monomeric in height. This allows a
433 visualization of what is observed in the gel permeation data. There are still significant
434 quantities of monomer material remaining in solution with the aggregates.

435 The non-native monomers previously identified were brought about by a
436 rearrangement of the disulphide bonds in native β -lactoglobulin leading to the
437 sulfhydryl group on Cys119 being exposed and a disulphide bond forming between

438 Cys119 and Cys121⁸. As well as this another recent study has found monomeric β -
439 lactoglobulin species where the other disulfide bond, Cys66-Cys160, has been cleaved
440 to leave an exposed sulfhydryl group on one of the cysteines²⁷. It has been suggested
441 that these non-native monomers are less reactive than unfolded β -lactoglobulin with
442 the native disulphide bonds intact; this hypothesis is supported in the results presented
443 here by the presence of significant quantities of non-native monomer after heating.
444 These non-native monomers behave differently to native β -lactoglobulin in that they
445 are insoluble at pH 4.6 and elute slightly earlier in GPC chromatography than native
446 β -lactoglobulin⁸. The role of these non-native monomers in the functionalities, such as
447 gelation, of heated β -lactoglobulin solutions is poorly understood. Given the quantity
448 of these non-native monomers present it seems that they are very stable and not
449 reactive under these conditions. They may still play a role in the functionality of the
450 whey proteins when the environmental conditions are altered, further heating or a
451 drop in pH will cause rearrangements in these species there-by increasing their
452 reactivity.

453 In conclusion the present study confirms that the previously identified non-native
454 monomers can be formed in significant quantities during the heat denaturation of
455 β -lactoglobulin.

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466 **ABBREVIATIONS USED**

BSA	Bovine serum albumin
DTNB	5,5'-dithio-bis(2-nitrobenzoic acid)
G'	Elastic modulus
GDL	Glucono- δ -lactone
GPC	Gel permeation chromatography
PAGE	Polyacrylamide gel electrophoresis
RP-HPLC	Reversed-phase high-performance liquid chromatography
SH	Sulfhydryl group
WPI	Whey protein isolate

467

468 **ACKNOWLEDGEMENTS**

469 This work was supported by the Food Institutional Research Measure (FIRM) of the
470 National Development Plan 2000-2006 (Ireland). J. Kehoe was funded by the Teagasc
471 Walsh Fellowship Scheme. The authors wish to acknowledge Dr. Douglas Dalglish
472 of the University of Guelph, Canada, for his helpful discussions and Dr. Donal
473 O'Callaghan, Teagasc Food Research Centre Moorepark, for his guidance with regard
474 to the kinetic and statistical work.

475

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524 **FIGURE CAPTIONS**

525

526 Table 1. Summary of results after 30 min of heating and subsequent gelation.

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528 Figure 1. AFM images showing height (A), amplitude (B) and phase (C) data for
529 native β -lactoglobulin. The graph at the bottom shows the height across the
530 cross-section marked in panel A.

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532 Figure 2. Representative sample of particle sizing results as determined by dynamic
533 light scattering. (A) β -lactoglobulin (B) WPI. Protein concentrations
534 20 gL^{-1} \blacklozenge , 50 gL^{-1} \bullet , 90 gL^{-1} \blacktriangle .

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536 Figure 3. Typical gel permeation profiles as a function of heating time. Samples
537 heated for 0, 1, 2, 3, 5, 10, 15, 20 and 30 min at 78°C (A) 80 gL^{-1}
538 β -lactoglobulin (B) WPI 80 gL^{-1} protein.

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540 Figure 4. Distribution of protein in (A) 20 gL^{-1} and 90 gL^{-1} β -lg and (B) 20 gL^{-1} and
541 90 gL^{-1} WPI solutions. The horizontal lines represent the proportion of
542 native β -lactoglobulin as measured by RP-HPLC. The vertical lines
543 represent non-native monomeric β -lactoglobulin (the difference in
544 monomeric by GPC and native by RP-HPLC). The clear region was the
545 quantity which was aggregated (measured by GPC).

546

547 Figure 5. Atomic Force Microscopy images (recorded in air) show height (A),
548 amplitude (B) and phase (C) data for a WPI solution 50 gL^{-1} heated for 30

549 min at 78°C. A three dimensional representation (with an overlaid phase
550 image) of the large aggregate is shown in the image to the right of panel A.
551 The graph at the bottom shows the height profile across the cross-section
552 marked in panel A.

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Solution and protein conc.	Reaction order	Reaction rate (gL ⁻¹) ¹ ·ns ⁻¹ × 10 ⁻³	% Denatured ^a	% Aggregated ^b	% non-native monomer ^c	Particle diameter (nm)	Mol exposed SH per mol protein
β-Ig 20 gL ⁻¹	1.6 ± 0.4	0.77 ± 0.23 ^z	61 ± 4	49 ± 1	12 ± 5	25 ± 1	0.22 ± 0.01
β-Ig 30 gL ⁻¹	1.3 ± 0.1	1.11 ± 0.08 ^z	78 ± 1	65 ± 1	13 ± 2	23 ± 1	0.19 ± 0.01
β-Ig 40 gL ⁻¹	1.4 ± 0.0	1.92 ± 0.07 ^{zy}	88 ± 1	75 ± 1	13 ± 2	21 ± 1	0.27 ± 0.01
β-Ig 50 gL ⁻¹	1.4 ± 0.1	2.59 ± 0.30 ^y	92 ± 0	83 ± 0	9 ± 0	20 ± 1	0.33 ± 0
β-Ig 60 gL ⁻¹	1.5 ± 0.2	3.73 ± 0.78 ^x	94 ± 3	88 ± 0	6 ± 3	26 ± 0	0.31 ± 0
β-Ig 70 gL ⁻¹	1.3 ± 0.1	4.38 ± 0.65 ^x	98 ± 0	94 ± 1	4 ± 1	19 ± 3	0.30 ± 0.02
β-Ig 80 gL ⁻¹	1.2 ± 0.1	4.38 ± 0.60 ^x	99 ± 1	96 ± 0	3 ± 1	19 ± 2	0.30 ± 0.01
β-Ig 90 gL ⁻¹	1.0 ± 0	4.71 ± 0.09 ^x	100 ± 1	97 ± 0	3 ± 1	17 ± 2	0.26 ± 0
^e WPI 20 gL ⁻¹ (17 gL ⁻¹)	1.6 ± 0.1	1.58 ± 0.12 ^{wv}	82 ± 1	19 ± 3	^f 63 ± 4	28 ± 11	0.26 ± 0.02
^e WPI 30 gL ⁻¹ (26 gL ⁻¹)	1.4 ± 0.1	2.30 ± 0.13 ^{wvt}	91 ± 1	48 ± 6	^f 43 ± 7	26 ± 1	0.35 ± 0
^e WPI 40 gL ⁻¹ (35 gL ⁻¹)	1.4 ± 0.1	2.41 ± 0.30 ^{wus}	90 ± 0	67 ± 7	^f 23 ± 7	24 ± 2	0.33 ± 0.05
^e WPI 50 gL ⁻¹ (43 gL ⁻¹)	1.4 ± 0.0	2.98 ± 0.36 st	94 ± 1	73 ± 0	^f 21 ± 1	22 ± 2	0.38 ± 0.01
^e WPI 60 gL ⁻¹ (52 gL ⁻¹)	1.3 ± 0.1	4.00 ± 0.43 ^r	97 ± 1	69 ± 0	^f 28 ± 1	22 ± 2	0.34 ± 0
^e WPI 70 gL ⁻¹ (60 gL ⁻¹)	1.2 ± 0.1	4.63 ± 0.33 ^r	99 ± 1	82 ± 1	^f 17 ± 2	23 ± 1	0.31 ± 0.01
^e WPI 80 gL ⁻¹ (69 gL ⁻¹)	1.4 ± 0.1	9.29 ± 1.17	99 ± 0	85 ± 2	^f 14 ± 2	23 ± 1	0.28 ± 0.03
^e WPI 90 gL ⁻¹ (78 gL ⁻¹)	1.3 ± 0	10.61 ± 0.26	99 ± 1	96 ± 0	^f 3 ± 1	22 ± 1	0.35 ± 0.01

^a Measured by gel reverse-phase HPLC

^b Measured by Gel permeation chromatography

^c % denatured - % aggregated

^e Values in brackets was the concentration of β-lactoglobulin in the sample.

^f Monomeric α-lactalbumin remaining in the WPI will alter the results for the amount of monomeric β-lactoglobulin remaining.

The letters after the rate values indicate which values are the same statistically.

564

565 **Table 1.**

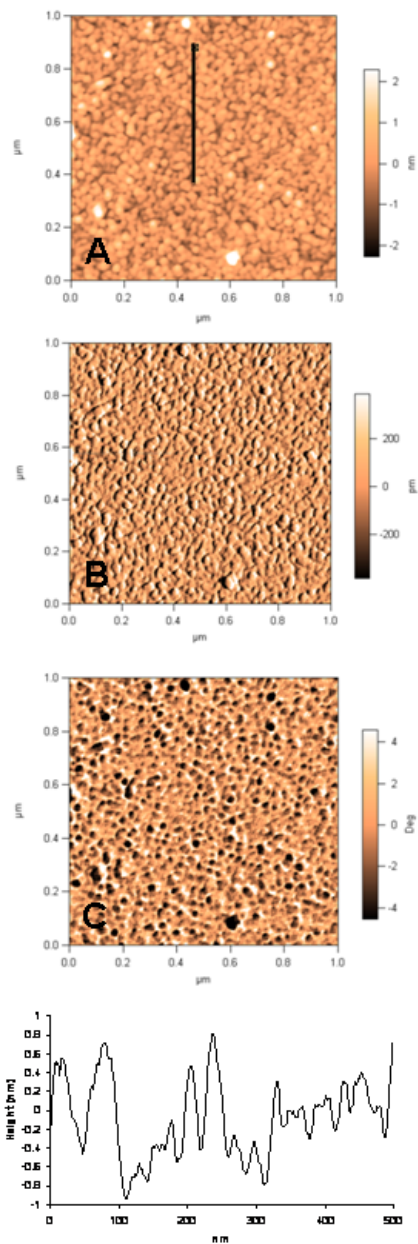
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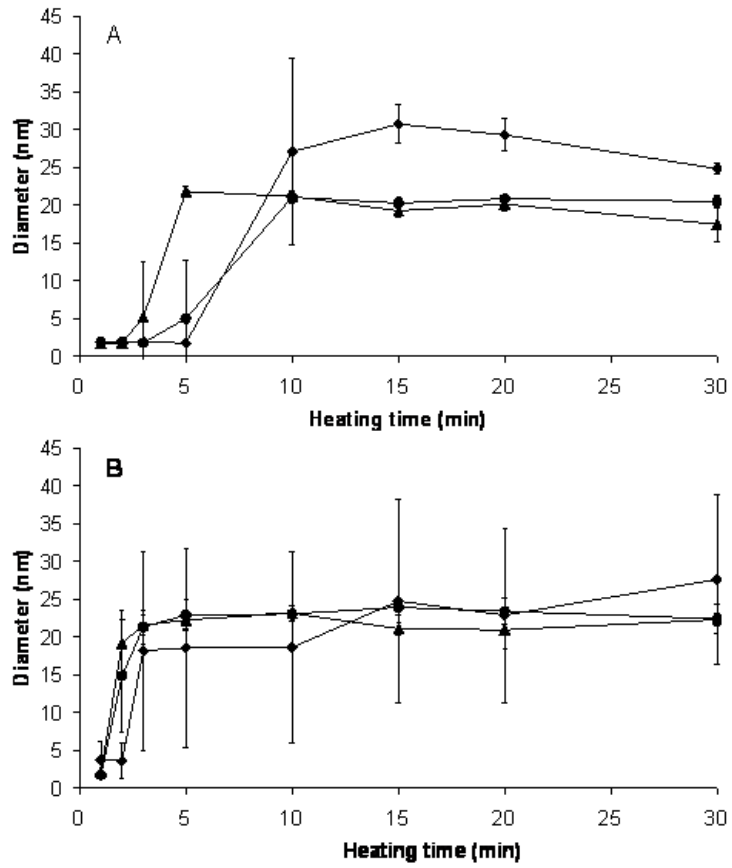
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572 **Figure 1.**

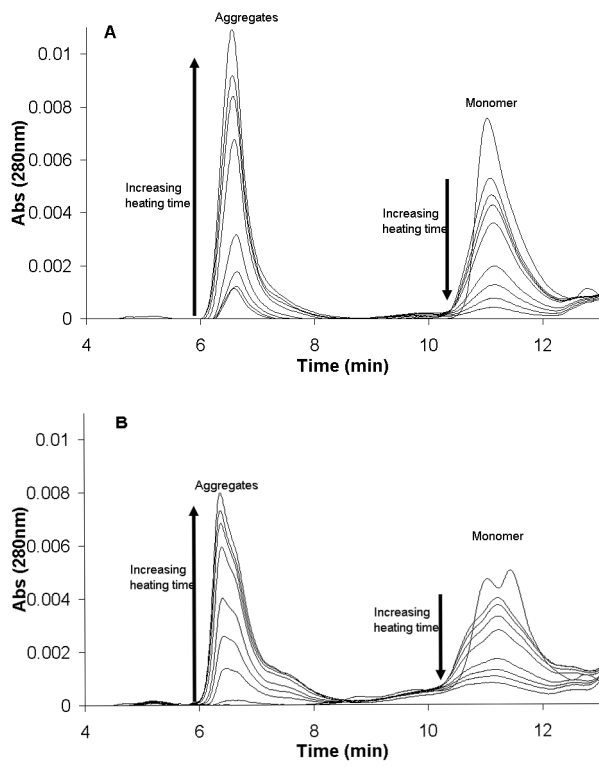


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574 **Figure 2.**

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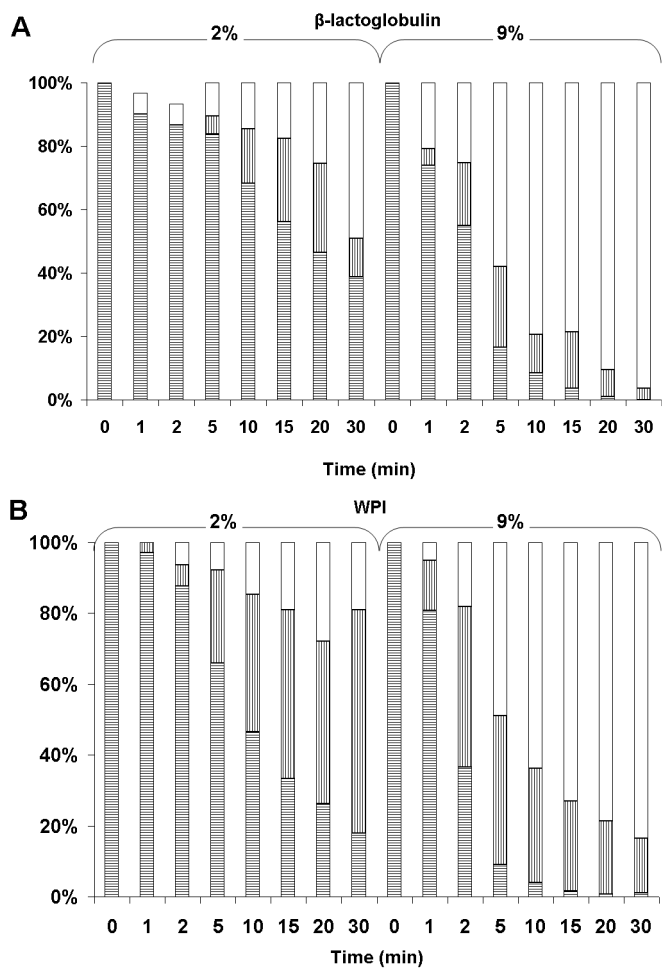


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578 **Figure 3.**

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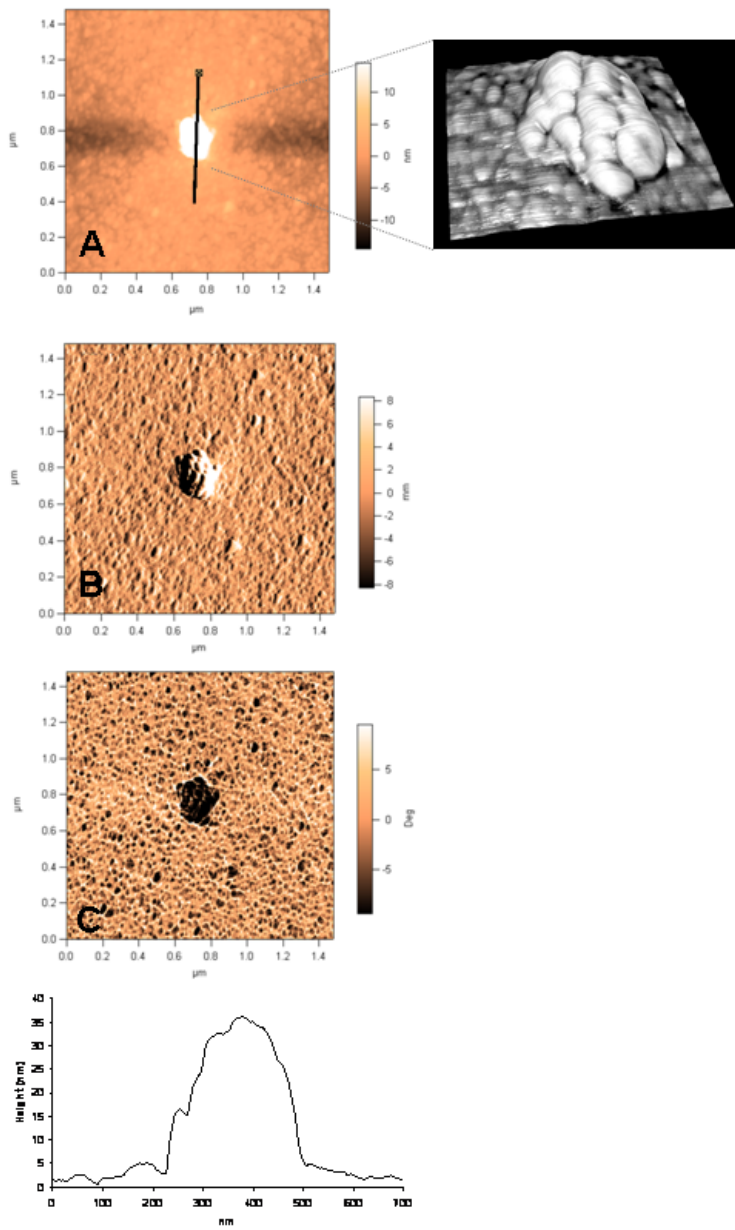
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582 **Figure 4.**

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585 **Figure 5.**

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